

# AGNI YOGA: THE PATH OF SELF-PERFECTION

Annual Conference Schedule:  
March 21–23, 2025



WHITE MOUNTAIN  
EDUCATION ASSOCIATION, INC.



And We Labor, 1922, by Nicholas Roerich

## Friday, March 21

9:45–10:00 a.m. *Welcome and Zoom Instructions*

10:00–10:30 a.m. *“Striving toward Perfection”*  
with Joleen DuBois

### *Five-minute break*

10:35–11:05 a.m. *“Perfection, the Path of Beauty”*  
with Annakama Chrysston

11:05–11:35 a.m. *“Consciousness and Self-Perfection”* with  
Kathy O’Conner

*11:45–1:15 p.m. Lunch break*

1:15–2:15 p.m. *“A Creative Meditation on a Nicholas  
Roerich Painting”* with  
Wendy Thompson

### *Fifteen-minute break*

2:30–3:25 p.m. *The Artist and the Mountain* video, an  
interview with Manju Kak

3:25–3:50 p.m. *Conversation including questions and  
answers* with Manju Kak

### *Fifteen-minute break*

4:05–4:35 p.m. *“Becoming Perfect”* with Kathryn Agrell

## Saturday, March 22

9:45–10:00 a.m. *Opening alignment and announcements*

10:00–11:00 a.m. *“H. P. Blavatsky ‘Beauty – The Garment  
of Truth,’ ”* a film by Oleg Martynov,  
narrated by Alena Adamkova

### *Fifteen-minute break*

11:15–11:55 a.m. *“The Tara and the Guru”* with  
Kenneth Archer and Millicent Hodson

*12:00–12:45 p.m. Lunch break*

1:00–1:30 p.m. Panel: *“Philosophers who lived their lives  
according to the Principles of Perfection”*

1:30–2:15 p.m. *“A Creative Meditation on a Nicholas  
Roerich Painting”* with  
Wendy Thompson

### *Ten-minute break*

2:25–2:55 p.m. *“The Letters of Katherine Campbell to  
Helena Roerich”* with Gay Hendin

### *Fifteen-minute break*

3:00–3:50 p.m. *“Perfection to Imperfection to  
Perfection,”* including question and  
answer time with Jeff Clark

## Sunday, March 23

10:30–11:00 a.m. *“Obstacles on the Way of  
Self-Perfection”* with Doreen Trees

### *Fifteen-minute break*

11:05–11:35 a.m. *“The Rhythmic Qualities of Agni Yoga”*  
with Joleen DuBois

### *Fifteen-minute break*

11:40–Noon Closing

# SAVE THE DATE!

2025 Annual International WMEA Agni Yoga – Living Ethics Conference  
To register, go to [www.wmea-world.org/conference2025](http://www.wmea-world.org/conference2025)