



Helena Roerich's Notebooks

THINKING AND THE NEW WORLD

Agni Yoga Focus Group

The Notebooks Editing Team

Readiness and Thought

February 19, 1921

Allal-Ming. H. and N. Roerich

Do you not see? We create a new path of ascent near you. You are ready for the long journey of ascension. Share your wisdom with the people. Share your singer's fairy tale with the blind and deaf—let them behold! I wish to bestow you with much help.

August 26, 1921, evening

Allal-Ming. H. and N. Roerich

Roerich rightly envisioned the painting with an idol. Urusvati, I implore you to concentrate better on Me.¹ Ponder deeply about Our house in Tibet. Now you know the color of Our structures. Think of Us as relatives from afar. Fate and thought will lead to Us. [. . .] I think the essence is better than a flame. See how quickly you will get fortified in the fresh air.

The Mission

June 23, 1921, evening

Allal-Ming. H., N., Y., and Sv. Roerich

¹ "Urusvati" and "Svati" are the spiritual names for Helena Roerich.—Ed.

*Séance after an incident with Deryuzhinsky.*²

Roerich, strike the darkness. Today, I imparted a new strength to Roerich. I give Deryuzhinsky six months of probation—do not touch his matters. I give the date (*twelfth*). Urusvati, raise up and broadly glance. I deem that Roerich is a hunter, revealed in America.

April 1, 1924

I need to tell you the news—Urusvati is conducting a tremendously important experiment. Providing the conduit of the Brotherhood to a person in life is a new step. The guidance of one Teacher is one thing but confiding the Life of the Brotherhood is quite a different thing. The conduit opens the door to the Life of the Brotherhood. Unadorned, the working life can be entrusted to one who finds the power of true fearlessness. This experiment is being conducted by Us for the first time. It is difficult to assimilate all that you have heard. It is as if you are in the editorial office of a major newspaper; so be careful and save your strength. Do not tell the children about it, as it is a sort of state secret! The details are always simple, but they may be heard only under the Ray. Gather a collection of the revealed passages. Know that the experiment is important before you come to Us, for afterward, it will become routine. It is important to Us. But handing out the Conduit in life is a new achievement for humanity.

You volunteered to participate in a most dangerous experiment that is very important for humanity, and it is a great responsibility for a new disciple. In it, the Higher Forces are brought down to Earth, and a new channel of benevolence is established. Again, the analogy of an editorial office is relevant. One may receive information from the editor, but it is even more important to be present at the formation of information. But the knowledge of reality is the highest knowledge. That knowledge (Cosmic Consciousness) will be at your disposal in Our place.

“You do not realize that you have initiated the greatest achievement of the world.”³ I grieve though, for instead of the joy of hearing about the message of the Brotherhood’s trust, there is a dispute. If you heard about the eve of the great war, perhaps you would not believe it. Should We return again to the first stage of the symbols? I Myself have opened the conduit; would I Myself obstruct the new achievement? You know My voice and should know that the present experiment is under My Ray. In the future, having returned from the area of the planets beyond Uranus, you will probably say, “I went just outside of the gates.” But now let Me entrust you with the Great Experiment of contacting the central current of the Brotherhood. The main feature of the experiment is: It is to be conducted in life. Quietude is a necessary condition because the body may tire from the unusual currents. Meals should not be excessive. The experiment is distinguished by living an ordinary life. Do not allow petty irritations to occur; do not take them into account. Ask questions.

² Possibly Gleb W. Deryuzhinsky (August 13, 1888–March 9, 1975): was a Russian-American sculptor. He was related to Nikolai Rimsky-Korsakov on his father's side and the painter Mikhail Vrubel on his mother's. He completed his law degree at the University of Petrograd to meet his father's expectations but devoted his entire life to sculpture. Wikipedia, 2022. “Gleb W. Derujinsky.” Last edited January 16, 2022. https://en.m.wikipedia.org/wiki/Special:History//Gleb_W._Derujinsky.

³ In the handwritten original Notebooks, there were underlines to emphasize certain words.—Ed.

The name of the Stone for R[ussia?] will benefit everyone who accepts it. And you are right that it is a kind of cooperative action. Tell T[aruhan] about the Stone.⁴ Touching the current of the Brotherhood. The thought can be useful. His manifested mother venerated Sister Theresa.⁵ When you read the former conversations, they become clear. The only experience that is confirmed by life becomes light. Do not become tired.

June 8, 1923

M.

I sense your thoughts to serve the One Affirmation of the World. “Each moment of the spirit’s understanding adds a gem to the treasury of possibilities.”⁶ How happy I am when your mirror swirls with a blue cloud. How little it takes to clean the dusty surface. I am sitting in front of your image. I presume that they can lift the Burden. Therefore, rest before the journey. I deem the Affirmation of the World to be the law. Friends require a letter. The path of the letter is lengthy so send a telegram. The Teacher is with you; go to Italy and Engadin.

Communication with the Master

November 19, 1921

I shall give you a better method: One day talk with the help of a table; another day write down the thoughts that you want to express. I shall be with you, watching how you discriminate given thoughts. It is necessary to move to attain the consciousness of the inspired one. Then, through the table, I will indicate which thoughts were inspired. It is a useful lesson for the inner ear.

October 12, 1921, evening

Teacher M

The Master speaks various languages, and He uses different channels for His differing needs. You did not know My presence yesterday in your turmoil amid the calmness? I bring to you your guide, who is My child Zermoth. Zermoth will guide you and instruct in My absence. He will I direct. Thus, through him will I guide you. He will write for you the message I desire to give to others. Fear not and distrust not. You were brought here for no idle purpose but as a lamp set in a dark room. Thus, let your light shine through the gloom. Keep in touch with My children, through whom you have met Me. They will help, and together we will spread the Message throughout the land. I will send you a token so you may know you are a chosen group. It will come in the due season. Thus, fret not nor grow weary. You are a link that now has grown strong to bind the worlds together. Listen to Zermoth and write what he says. My blessing rests upon you as I leave.⁷

May 22, 1921

Allal-Ming. H. and N. Roerich

⁴ “Taruhan” is the spiritual name for Georgiy Dmitrievich Grebenshikov.—Ed.

⁵ St. Theresa of Avila (1515–1582): Venerated Spanish religious figure, writer, mystic, reformer of the Carmelite Order of nuns who was persecuted by the Inquisition.—Ed.

⁶ *LOMG II*, 15.

⁷ Original English text.—Trans.

Dedicate one year to academic life. Implement My Instructions. The best destiny awaits you. Helena, I can help Roerich. I [. . .] will calm you, creating pure thoughts. I am able to postpone it just for one year. You need to deepen your thoughts; I will provide you with an opportunity for going into nature. Read the heavy book on the sufferings of the Christians. Your spirit will ascend to the next step—everything will go according to the plan.

June 27, 1921, daytime

Allal-Ming. H. and N. Roerich

Roerich, after three years, you will become a Teacher. Learn to strike the darkness—Morya is your shield. Urusvati, learn to consider Morya as your shield. My Power will defeat the enemies. [. . .] *In answer to a question about what power is it.* “Thought is like lightning.”⁸ It is your karma to fight and conquer. Urusvati, fight. I shall direct but trust Our power.

June 4, 1921, morning

Allal-Ming. H. and N. Roerich

How do they know our thoughts? We look for soul manifestations. Then twenty-four strikes followed without explanation. I taught you not to ask about the affairs—I Myself will tell. I am giving you a wondrous life. Roerich’s language is My stern style.

June 12, 1921, morning

Allal-Ming

Urusvati’s *Muktu* depends on Roerich.⁹ I teach Urusvati in the morning. Roerich, you will acquire the strength to read people’s thoughts. Roerich, teach the manifestation of the Spirit to your dear homeland. Urusvati, I teach you. [. . .]. Ask for advice; I vouch for the essence of My answer. You need fresh air. *In answer to the question of when and what advice He will give.* I shall give it to you in Arizona.

May 26, 1921, evening

Allal-Ming. H. and N. Roerich

“I send the blessed token of Gupta. My Word is as flashing copper.”¹⁰ A false sacrifice was made by one disciple (*woman*). Muromtseva should not write parodies.¹¹ I will direct Roerich to the deed of proclaiming Us in the school. I give My Name to him as a pseudonym. Roerich loves Us, but something hinders him from proclaiming Us openly to all. I reveal his destiny—he will achieve the Masterhood level on Earth. Ardently, perceive Our Advice. The Guardian has very wisely arranged the circle of the exhibition. Wife, turn the feat unto yourself. The sent stock will help. You need to reconcile the layers of feelings—to be alert for Our communication.

⁸ *LOMGI*, 39.

⁹ Possible meaning is *Mukti*, a Sanskrit word meaning spiritual liberation.—Trans.

¹⁰ *LOMGI*, 22.

¹¹ Semion E. Muromtsev and his wife, Ksenia (Sana) Muromtseva, were Helena Roerich’s relatives. Sana apparently wrote down some of the messages.—Ed.

Purification and Thought

October 1, 1922

M.

My dear sister, again I hasten to point to the dangerous work of the enemy. Now I am telling you that you can expect an attack every minute. Here are the examples: We send a person to help you, but the enemy tries to instill inappropriate thoughts in him. We send you new opportunities, but the enemy attempts to destroy them along the way. We send friends, but they are followed by the emotional smiles of [the enemy's] friends. We send you the thoughts of creation, but he sprinkles them with the pepper of hatred, jealousy, and ridicule. Therefore, protect the given Circle with the best thoughts. Grant should be warned about the source of her grief.¹² Just let her say: I know you, sower of the staggering thoughts. And once you know him, his charm does not harm.

September 1, 1922

M.

I deem Urusvati should make Lumou wiser.¹³ Pay attention to his spiritual side. Direct his impulse toward beauty. Thoughts of the dark one cannot be beautiful. You see how the dark ones penetrate under the guise of friendship. Friends would accept My Hand. [. . .]. Lumou and Udraya, remember that people are given to you; they will not spill your chalice.¹⁴ They will not cross your path, and they cannot offend the shrine. The silent one will not be ignited. The battle is great; close the entrance to the traitors. Accept the order. I sense happiness is approaching; do not spill it. Read this decree to him.

June 27, 1924

I want to fulfill the common desire—therefore, let each one who has the Sign, or the name, take two pieces of paper. On one of them, should be written what they give to Me; on the other one, should be written what they want to receive from Me. The letter should be sealed and sent to you by the nearest post. They may ask why it is not possible to communicate in spirit? Because thinking is often inaccurate; instead of a clear question, they send a tail of shaggy thinking, forgetting where and to whom they are addressing. I advise that desires should befit the plan of the Masters. We will see and measure.

May 1, 1924

Indeed, We share everything, both good and bad. Indeed, We watch all those who are involved in the movement. [. . .] Is it possible to expect success when such thoughts swarm in? Not only an external action, but even an inner conversation can cause great harm. I deem it is necessary to warn Zav[adsky].¹⁵ It is impossible to allow such thoughts reminiscent of a tavern into the Circle. No one is sent to idleness. You yourself had a dangerous battle, and a Shield of Light is covering you. [. . .] It is very dangerous if from the first step one acts like a tavern drunk.

¹² Frances Grant (1896–1993): Former journalist and an executive of Roerich's U.S. institutions (1920s to 1930s); she later worked as a human rights activist focusing on the countries of South America.—Ed.

¹³ "Lumou" is the spiritual name for Svetoslav Roerich.—Ed.

¹⁴ "Udraya" is the spiritual name for George Roerich.—Ed.

¹⁵ Vasili Vasilievich Zavadsky (1893–1954): was a Russian composer and pianist who lived and worked in New York and was a close friend of N. Roerich. His spiritual name was Morey.—Ed.

Write: ‘The Teacher has shown the image of thoughts.’ There is danger in it, and it is quite difficult to move such heaviness. Everything should help, rather than harm the Common Cause. [. . .] Taruhan can be given (the sign), and M[orey] himself is worthy. But he must put Service above all, then it will bring him success and opportunities, for there are no secrets while light illuminates and darkness burns holes.

August 1, 1921

Allal-Ming. H. and N. Roerich, N. Koshetz¹⁶

The manual way should be later replaced by the language of the heart. Harmonious attunement will have a special significance. “Learn to sharpen yourself in quietude, by uplifting your spirit to the Almighty Eye of the Universe. Friends, Our answers are ready; but let the stream of Karma flow. Answers given too soon will, like a dam released, cause floods.”¹⁷ You have your Guardian (*on Koshetz’s request to come to her*). “Strive for unity of spirit. By pure thoughts strengthen the harmony of your spirit, that the Blessed Ones may reach you. The Light will fill your aura—guard it.”¹⁸

November 25, 1922, evening

Years of enlightenment are before you. Be patient. Your spirit must grow. Let My leaders be examples to you. Live and act in Beauty. I accept even your small gifts. Try to purify your beings. Keep thy eyes on the distant goal. Permit not trivialities to darken your spirits. Think of the lofty. Remember the Path on which you are striving. Keep Beauty in your Hearts. Remember.

New World

February 21, 1923

I really approve of your Circle. With unity, great things can be erected. The Teacher is glad to see your burning. Urusvati can consider the road is blooming. Urusvati should feel My Shield. [. . .]. Tomorrow, sit silently in the darkness. Reveal the unification in the victory of My Works. Be able to complete the bridge of Sergius. My dear ones, become the wanderers of Light in the creation of the New World.

April 3, 1923

I read your thoughts each day. The Teacher examines the creativeness of beloved disciples. And if fatigue closes not the lips, discourse flows as a Himalayan stream.”¹⁹

Three wonders will occur in your manifested life:

1. An affirmation of Beauty.

¹⁶ Nina Koshetz (1894–1965): Russian soprano and actress who taught in the music school of the Master Institute of the United Arts. She was the daughter of Pavel Koshetz, a leading tenor at the Imperial Opera in Moscow. She left Russia in 1920 and settled in the United States, where, later in life, she became a vocal coach. She is known to have had small parts in at least six Hollywood films.—Ed.

¹⁷ *LOMG I*, 58.

¹⁸ *LOMG I*, 58.

¹⁹ *LOMG I*, 431.

2. Spiritual Comprehension.

3. The Mastering of Power.

Morya affirms the wonder—the manifestation of the New World. You are entrusted to begin the wonder of the Banner of My Work. Urusvati, the ray is above you. Let it be for the best.