

## The Power of Psychic Energy

### Letters of Helena Roerich II

15 March 1938. With your entire spirit strive to the light of the future. Psychic energy, which carries us into the supermundane spheres, is accumulated here on Earth, and its best awakener and teacher is the joyous striving into the future, full of illumined labors—as on Earth, so also in the Subtle World. If people could understand that for a pure and aspiring man the very crossing into the Subtle World is the highest joy, the highest exaltation, and a full joining in the beloved labor, then many would strive to attain this joyous and broadened state through a worthy life on Earth.

19 February 1937. You are applying your psychic energy excellently. Work dedicated to carrying out the counsels of the Teaching of Life in your daily routine, in discourses, and in your writings, which are awakening the mind and bringing the joy of the new consciousness and of strengthening of the spirit, is this not the best application of psychic energy? Do you not possess this energy already? Yet the complete mastery of it comes when we unceasingly strive toward Light, toward Hierarchy. Indeed, psychic energy is primarily the striving of the heart. Remember, it was said that, “Striving is the key to all achievements. Striving is the boat of the Arhat.” And so, do sail in that boat.

The mechanical methods so broadly recommended for the development of psychic energy cannot give the higher quality of this energy; they only develop the black fire, which leads to disastrous results. But a realization of this energy within oneself and all observations of its manifestations certainly assist its natural awakening. You probably have noticed that when you were profoundly interested, when all your attention was concentrated on some particular thought or problem, not only were

new thoughts born in your mind—and sometimes even came as if from the outside—but in life itself, in daily routine, the necessary helpful elements and conditions came to you. Psychic energy, first of all, possesses the property of a magnet. . . .

“No doubt you have been asked many times how to develop psychic energy and how to realize its usefulness. But it has been said enough that the heart that aspires to higher quality of all life will be the conductor of psychic energy. No forcible, conventionally accelerated movement toward a display of the heart’s action will be useful. The heart is a most independent organ; it may be set free toward good, and it will hasten to be filled with energy. Likewise, only in a friendly

*“Indeed, psychic energy is primarily the striving of the heart.”*

communion is it possible to secure the fruits of unified energy. However, for this it is indispensable to understand what harmonious agreement is [Brotherhood].”

14 May 1937. Therefore, owing to the beginning of the New Epoch, which brings an unusual influx of psychic energy, it is necessary to awaken and to educate within ourselves the right attitude toward this two-edged power. In the books of Living Ethics (the Agni Yoga series) a manifold explanation of this energy is given for the first time, and methods of rational approach to its study are presented.

### Agni Yoga

547. Is attainment possible without exaltation? Is self-sacrifice possible without joy? Is courage possible without enthusiasm? Thus point out and remind others about these easier and more immediate ways to gain psychic energy. My Hand points out the treasure to the seeker.

All paragraphs are sourced from the Agni Yoga Series, available online at the Agni Yoga Society: <https://agniyoga.org>. All paintings by Nicholas Roerich are used with the permission of the Nicholas Roerich Museum.

### Inside This Issue

The Power of Psychic Energy  
Page One

Community:  
Networkers’ Letter  
Page Two

UR, the Root of the  
Light of Fire  
Page Three

Thoughts on Agni  
Yoga  
Page Six

Health Corner:  
The Basis of the New  
Medicine, Part 2  
Page Eight

Conversations with  
Daniel Entin  
Page Ten



### Welcome

For discussions and posts on the Agni Yoga Teachings, please visit our “Agni Yoga – Living Ethics Community” site on Facebook:

<https://www.facebook.com/groups/Agni.Yoga.Living.Ethics.Community/>

and WMEA on the Web:

<https://www.wmea-world.org>

## NETWORKERS' LETTER

*Dear Friends of Agni Yoga,*

We are developing the WMEA Agni Yoga Living Ethics International Zoom and Local Conference schedule for the March 2024 gathering. The theme for the March annual conference is *Agni Yoga and Psychic Energy: The Life-Giving Energy*.

In the book *My Teachers: Meetings with the Roerichs* by Sina Fosdick, of psychic energy she writes, "After breakfast, [we] worked on translations with E.I., who explained the difference between fire and psychic energy. Fire is a fundamental substance, a pure element from which everything is created. Psychic energy is a fire that is a compound, mixed, colored by other substances. Only by the will do we direct psychic energy. That is why the will is most important. By developing our centers, we develop psychic energy, but the centers can only be developed by the spirit. Our spirit is called psychic energy, but that is not exactly correct. It would be better to call fire 'the spirit.' There are six centers: two in the head, at the crown and in the back of the head (the so-called 'third eye'); two in the shoulders, *manas* [sic] (the chalice in the chest), and kundalini. The head centers, that 'bell center' at the crown, is a grayish-yellow mass that looks like a small 'amber' ball. At cremations in Mongolia, the lamas always look for that ball. The larger it is, the higher the spirit of the deceased. It doesn't burn. These six centers are nourished by the spirit, and the rest are nourished by the blood and so are the physical centers."<sup>1</sup>

"Psychic energy: ... is the fundamental

# Community

*"Begin to build the community as a home of knowledge and beauty."*

*New Era Community, para. 229*

*Rev. Joleen D. DuBois*



substance of the Universe and of every living being. It is what is incorrectly called 'the spirit.' One should cognize it and learn to send it, radiating it as the sendings of the spirit. But one should learn to consciously feel the psychic energy within oneself. The seed (spirit), going through a series of incarnations (emanations), should explode the seed and saturate it with emanations. Then the lower and the higher consciousness will unite and the spirit in subsequent lives will remember the past. But the personality, the individual personality, will be destroyed. But those people in whom acts only the lower consciousness have no memory of previous incarnations."<sup>2</sup>

In this same book, Sina Fosdick writes about an explosive experience of E.I., "This morning, E.I. is feeling very unwell; during the night, she was flying to America, flew over the ocean, saw some ship, and felt a terrible bomb explosion in the lower back and thought, 'The enemy has killed me.' How would that affect all the works if I died so early? Then she awoke with aches all over her body and a powerful headache that lasted the entire day. Of course, it was an explosion of psychic energy."

And "E.I. said that M.M. was against handshakes and caressing and touching because that disturbs the balance of the aura. Today she again had outflows of psychic energy from her organism. In those moments, she feels as if she loses consciousness. She doesn't even know where [these] sendings go, but she thinks to America."<sup>3</sup>

I invite you to register for the March 2024 conference by going to the WMEA website, <https://www.wmea-world.org>, which will direct you to the conference site sometime in October or November this year.

With love,

Joleen Dianne DuBois  
President and founder  
White Mountain Education Association, Inc.

<sup>1</sup> Sina Fosdick, *My Teachers: Meetings with the Roerichs, Diary Leaves 1922-1934* (Prescott, AZ, USA: WMEA, 2015), pp. 235-36.

<sup>2</sup> Fosdick, *My Teachers*, 198.

<sup>3</sup> Fosdick, *My Teachers*, 206.



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# UR, the Root of the Light of Fire

## Uriel, Michael, Mary Magdalene

Fiorenza Bortolotti, Italian Society of Agni Yoga, Crookety House, Kalimpong, India

Reading the Teaching of Agni Yoga for about thirty years together with the various groups of the Living Ethics Community, about two years ago I started to read again with a new group the trilogy *Fiery World*.<sup>1</sup>

This time my attention was immediately and inexplicably captured by the first sentence of the introduction:

“Ur is the root of the Light of Fire. From time immemorial this Radiant Principle has attracted the hearts of many peoples. Thus, from the Teachings of the past let us transport ourselves into future attainment.”<sup>2</sup>

An urgent question arose in me looking for answers:

Who is “UR” in this sentence, this “Radiant Principle” that “since time immemorial has attracted the hearts of many”?

– Is it “URusvati,” the Light of the Morning Star, Helena Roerich?

– Or is it “URiel,” the Archangel whose name means *Light of God* or *Fire of God*?



Uriel icon

My intuition pointed toward “URiel,” the “forgotten” Archangel.

Thus, I began my research, which I called “Uriel Hypothesis,” guided by “UR,” the root of the Light of Fire. I discovered many “mysterious” aspects and connections that brought “Light” into my understanding of the Teaching; thanks also to Ina Di Bella, a member of the Italian Agni Yoga Society, who has researched for years on these themes.

In the “Uriel Hypothesis,” we must, first of all, start from what Helena Roerich wrote in her *Letter I*, 12 December 1934 regarding the Archangels:<sup>3</sup>

“I must also remind you that all the Archangels and Angels had to go through human evolution. And the Archangel Varahael, or Uriel, was and is a Man. Likewise the Archangel Michael, though ranking amongst the Highest Archangels, nevertheless

walked on our sinful Earth, bringing salvation. . . .

“Precisely, the great Archangels are those Seven Kumaras, who, including the Highest One among Them, are spoken of in the Eastern Scriptures and in *The Secret Doctrine*.<sup>4</sup> They came from the higher worlds, and They made the greatest sacrifice by incarnating as the great Founders of religions, kingdoms, and philosophies, during all the turning points in the history of the planet, in order to quicken the evolution of humanity.”

Reading this letter we found that:

1. All the Archangels have passed through human evolution.
2. Are considered to be the Seven Kumaras of which the Eastern teachings and *The Secret Doctrine* speak.
3. And they have been incarnated on our planet to accelerate human evolution.



*The Days of Creation*, 1870–1876, by Edward Burne-Jones

<sup>1</sup> *Fiery World*, 1933–1935, 3 parts (New York: Agni Yoga Society, 2016–2021).

<sup>2</sup> *Fiery World I*, preamble.

<sup>3</sup> *Letters of Helena Roerich*, vol. 1, 1935–1939 (New York: Agni Yoga Society, 2016), 12 December 1934.

<sup>4</sup> H. P. Blavatsky, *The Secret Doctrine: The Synthesis of Science, Religion, and Philosophy*, 2 vols. (London: Theosophical Publishing House, 1893).



At this point, it is necessary to add that the cult of the Seven Archangels was “hidden” or “mutilated” starting from the Council of Rome in 745 AD. Among the Seven, only those mentioned in the Bible remain: Michael, Gabriel, and Raphael. Thus, Uriel, the Light of God, as well as the other Three whose names are different in different traditions, disappeared.

Only at the end of the fifteenth century [did] the cult of the Archangels and Uriel reappear, and this rebirth seems particularly linked to Italy. The first artistic representations of the Seven, in a Byzantine-style mosaic made in the twelfth century, were rediscovered about five hundred years ago. It was precisely in the sixteenth century that the Archangels, as well as Uriel, resurfaced, perhaps as part of the Italian “Renaissance.”

A Sicilian priest, Antonio Lo Duca, rediscovered, as if by miracle, a cycle of frescoes in the small, abandoned church of Sant'Angelo in Palermo, Sicily, where all Seven Archangels are represented with their mottos. From there on, he dedicated his life to the Archangels, receiving some visions and the mission to build the Basilica of Santa Maria degli Angeli in Rome inside the Roman building of the Baths of Emperor Diocletian.

Finally, he realized his mission, thanks above all to a vision of the Archangel Uriel encouraging him! Uriel, the “Light of God,” seems then to have played an essential role in bringing to light, after centuries of oblivion, the presence and roles of the Archangels in human life and evolution.

Let us discover something more about “Uriel” and what He represents.

Uriel:

1. Name: The “LIGHT of God”—the “FIRE of God.”
2. Attributes: Flame, Sword of Fire, and book or scroll representing Knowledge or Wisdom.
3. His color is red.

4. He is linked to thunder and lightning, Guardian of the North. The other three Archangels are connected to the other cardinal points.

5. He appears in very important moments of human evolution:

a. In the Garden of Eden, He is the angel with the flaming sword who hunts Adam and Eve and preserves the Tree of Life.

b. Warns Noah of the Flood.

c. Assists Moses and the Jews in their escape from Egypt.

d. Will be the Angel of the Last Judgment (see *The Last Angel* by N.R.). He is said to be in charge of helping the Earth and His peculiar quality is Charity.

Uriel was painted by the most famous



*The Last Angel*, 1942, by Nicholas Roerich

artists, such as Leonardo da Vinci in the painting *The Virgin of the Rocks* of the late 1400s.

Uriel is not mentioned in the Bible but in the Apocryphal Gospels. H. P. Blavatsky talks about “Ur” in *The Secret Doctrine*, commenting on the *Book of Enoch* (Apocryphon).

R. Steiner, in a 1923 lesson, names Uriel as the Guardian of the Summer Solstice, when the Sun allows us to better see human errors. “The gaze of Uriel, from the spiritual world looks with especial closeness at our human actions and motivations.”

Further in the lesson, Steiner says: “Michael stands beside him waiting. For Michael knows that he will make the final addition. Michael with his sword, will make the sum. The moment has not yet come. Michael is waiting, standing by the side, waiting. He can do this when people on earth are there fighting and going with him. With Uriel, we weigh up and understand; with Michael, we act without fear on the basis of Uriel’s understanding.”

Last but not least, we have the only Agni Yoga sloka in the whole Teaching speaking about Uriel:

*Heart*, 268: “Uriel is the Lord of powerful action. One can turn to various Leaders according to the nature of the help needed. If Michael joins hands with Uriel, it means that a powerful offensive is necessary. With rigor and severity did Uriel master the elements on Venus. So it is possible to steel the power, tempering it by accepting the blows of the elements. These mighty Forces should be understood as realities.”<sup>5</sup>

Reading the quotes from Steiner and from the book *Heart* we discover two things:

1. Michael and Uriel work together!

This makes us understand why Uriel’s motto in Latin is *Fortis Socius*, meaning a strong collaborator, and the one of Michael is *Victoriosus*, representing victory and strength, to which Uriel adds cooperation and understanding, even Charity, as the Will to Good.

2. “Uriel” is associated with Venus, the planet of Knowledge, and the Soul of Earth. And we know that Uriel is also the Guardian of the Earth.

But here Helena Roerich adds something much greater about Uriel’s task in

<sup>5</sup> *Heart*, 1932, 3rd ed. (New York: Agni Yoga Society, 2021).

“The Fire of Sirius and Uriel” in “Notebooks, 1948 (Cosmogonic Records),” (unpublished manuscript):

“Uriel is busy with the most difficult problems. Sirius is shown on approach to Our System. A giant can devour Our Sun. The giant Sirius is manifested in the acceleration of the rhythm, and his approach to Our Solar System may upset the balance of many worlds, and some may be destroyed. Sirius can have such an impact on Our Solar System and accelerate its reorganization. If some worlds can collapse, then others will appear on the ray of powerful blossoming.

“The Fire of Sirius is revealed as Our main Fire. The fire of Sirius is related to Us. The ardent beauty of its rays shows you a new joy. Sirius will also be able to manifest the salvation of Our Earth, for We nourish it with Our rays, akin to the rays of Sirius.

“We are manifested as conductors of the rays of Sirius. Uriel is the head of the Hierarchy of Sirius.”

Reading and meditating on these notes, written by HIR in her last years when she fully realized her cosmic mission, I had a perception:<sup>6</sup>

Could it be that Uriel and Michael represent two different and complementary luminous energies (manifestations), *Uriel the Light* and *Michael the Fire*, linked to the two Origins, which in reality are one, called the *Origin of Origins*, toward which we all are striving, “but cognized only through the fire of the Heart.”<sup>7</sup>

*Uriel*: the Light, *Materia Lucida*, and the Consciousness of Light; *Michael*: the Fire, Fohat, and Agni. At this point, the “Uriel Hypothesis” seems to have found a new direction! If Uriel is the “UR” quoted in the introduction to the AY book *Fiery World I*, we can affirm that he/she is the feminine aspect of the Fire, the Light of Wisdom, Clarity, and Charity, the inseparable collaborator of the male

manifestation of Fire, Michael.

To support this courageous hypothesis, we can also explore an intuition brought to my attention again by the research of Ina Di Bella, which places a very famous female figure, Mary Magdalene, in relation to Uriel!

During her inspired studies, Ina found another Saint and Mystic, Vincent Ferrer of Spain, in the second half of the 1300s who received the following message in one of his visions: “Uriel is Mary Magdalene’s guardian!”

And who is Mary Magdalene? Most of us know how Mary Magdalene was portrayed and regarded, and her figure, albeit controversial, in the four official Gospels. Perhaps we also know of the discovery of the Gospel of Mary Magdalene, which happened in Egypt in 1945, together with other very illuminating Apocryphal scrolls. In this scroll, given back to the light only seventy years ago, Mary Magdalene appears to be the true receptacle of the esoteric Teachings of Christ, which, according to the *Pistis Sophia*, the corpus of the Gnostic gospels, were received entirely only by her.

At the same time, it is said that Christ, after His resurrection, stayed another eleven years to instruct His disciple in the most mysterious part of His Teaching.

In Agni Yoga, we find one only sloka, in *Illumination*, 140, where it is she, Mary Magdalene, who tells her story, speaking of the “liberation” operated by Christ: “He did not pass judgment on me, but only weighed my chains, and the chains of shame crumbled into dust.”<sup>8</sup>

Other sources say that she was a wealthy, educated woman who was “liberated

by the Christ from seven demons.”

In a letter written by Helena [Roerich] in 1948, we find also this precious fragment, which places Mary Magdalene in a completely different light: “John’s Gospel was codified by Mary Magdalene: she was a cultured disciple among Christ’s followers. If she hadn’t been there, hardly anything of Christ’s words would have come down to us” (Letter by Helena Roerich, November 13, 1948 (Moscow: ICR, 2008), vol. 8, p. 127–28).

Here the Mother of Agni Yoga gives us a different image of Mary Magdalene as the most “cultured” disciple of Christ, the one who passed on His true message. As a “cultured disciple,” we know about her mission in France and her miraculous journey by boat to Marseilles thirteen years after the death of Christ. She was accompanied by two other Maries—Mary Salomè and Mary Jacobs—and some disciples, as well as by two angels (also Uriel?).

This story says that in the South of France she spread the esoteric Teaching of the Christ, becoming closer to the Druid priestesses, and passed the last years in a holy cave in Provence, Sainte Baume, the Holy Cave, until her death.

It seems that this end of the Pisces Era also has the task to bring to the Light truths veiled for 2000 years. For the Seven Archangels, the “re-emerging” happened in the fifteenth century; for Mary of Magdala, it was only recently that the Roman Church, thanks to Pope Francis, recognized Mary Magdalene as “the newest Apostle and greatest hope,” establishing her official *religious Feast* on the 22nd of July.

In July 2022, Italy hosted the first art exhibition entirely dedicated to Mary Magdalene “*Magdalene: Mystery and*

<sup>6</sup> “HIR” is Helena Ivanovna Roerich.

<sup>7</sup> *Fiery World I*, 629.

<sup>8</sup> *Leaves of Morya’s Garden, Book Two: Illumination*, 1925 (New York: Agni Yoga Society, 2021).

## *Anima Mundi:* The Cosmic Symphony of Transformation and Synthesis

by Kathy O’Conner

All aspects of existence are woven into a beautiful tapestry by transformation and synthesis within both the vast macrocosm of the universe and the microcosm of the individual. By studying the Teachings of *The Secret Doctrine*, the nature of life, matter, soul, and the *Anima Mundi*, or World Soul, can be better understood. Life evolves through the transformative process, which creates the unifying principle and harmonizes with all existence.

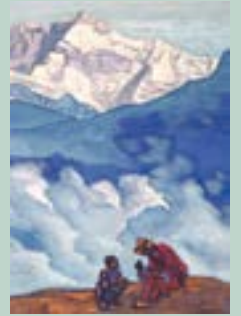
Through all lives, there subsists the One, *Anima Mundi*. This interconnectedness is beautifully synthesized by way of experience, which links the physical, material world to the spiritual. The thread of synthesis runs through all beings (spirit, soul, and matter) connecting each with the transformative nature of the *Anima Mundi*. The eternal link from this World Soul is comprised of all individual souls and their experiences, through which the opportunity is granted to observe the relationship between the individual and the collective.

Transformation is manifested in space by the stars, born aflame with celestial fires, then gradually fading away into the depths. In this great transformation is the interweaving of Synthesis, which unites galaxies and solar systems. Additionally, in the macrocosm, the divine, creative principle of the Logos is continually evolving the solar system and progressing the transformation of celestial bodies, cosmic cycles, and cosmic laws. This ongoing transformation ensures the growth and development of the solar system as a whole.

Similarly, *The Secret Doctrine* reveals,

## Thoughts on Agni Yoga

We invite our readers to send us  
their thoughts on a quote  
from the *Agni Yoga Teachings*



*Kalki Avatar*, 1935, by Nicholas Roerich

“The microcosm is doing the same work.”<sup>1</sup> At the individual level, the microcosms within the solar system also undergo their own transformative processes. While the Logos is evolving, individual beings are advancing on their evolutionary paths. Souls incarnate in different forms and realms, experience various lifetimes, accumulate knowledge, and grow spiritually, “progress[ing] from one state of relative perfection to another.”<sup>2</sup> This process of reincarnation and successive experiences leads to the transformation and evolution of individual souls. Through meditation, self-observation, and controlling one’s thoughts, emotions, words, and actions, one builds

the foundation to align with the divine purpose and contributes to the soul’s growth and evolution. This will eventually bring the individual into synthesized alignment in harmony and rhythm with the World Soul.

Recognizing this interconnectedness develops a method for synthesis as individuals awaken to their part in the cosmic symphony. This occurs through con-

<sup>1</sup> H. P. Blavatsky, *The Secret Doctrine: The Synthesis of Science, Religion, and Philosophy*, vol. 2 (London: Theosophical Publishing Company, 1888, reprinted 2022), 68.

<sup>2</sup> H. P. Blavatsky, *The Secret Doctrine: The Synthesis of Science, Religion, and Philosophy*, vol. 1 (London: Theosophical Publishing Company, 1888, reprinted 2022), 48.



scious transformation, spiritual striving, and aspiration toward higher consciousness. Eventually, the individual expands their awareness and consciousness and begins to sense the responsibility of being an active participant in the grand design of creation.

As the soul progresses, it undergoes shifts in consciousness and transcends previous limitations on a continuous journey of expansion and transformation. Through multiple lifetimes, the soul evolves, develops virtues, and ultimately realizes its divine potential. Beautifully, in this process, it retains its accumulated experience, synthesizing and harmonizing the lessons learned in each life, the lessons that lead to the planned spiritual evolution of the soul to awaken to higher levels of consciousness and unity with the divine.

The *Anima Mundi*, as the cosmic embodiment of transformation and synthesis, serves as a guiding light to inspire spiritual growth and evoke unity and synthesis in both the macrocosm and microcosm. In recognizing the transformative energy of the World Soul, individuals can be inspired to purify themselves and embark on the spiritual journey in service to humanity. Within the macrocosm, the World Soul serves to unify and synthesize, linking all elements of the solar system, including the planets, stars, and cosmic forces into a harmonious One. Through the *Anima Mundi*, all spatial bodies



*At Midnight. Light of Shambhala, 1940, by Nicholas Roerich*

serve a greater purpose. Through the transformative synthesis facilitated by the World Soul, the individual and Cosmos find resonance.

Each individual is like a drop in the eternal ocean, which is vast, all-encompassing, and interconnected. Each drop is distinct and unique, similar to the individuality of every soul, yet intrinsically linked to the universal consciousness of the World Soul, which unifies all life within the Cosmos, as the ocean unites all living beings within it in the web of life. Despite the perceived separateness, each drop is part of the one, vast

ocean, interweaving with all other drops to form the whole.

Each drop separated from the ocean is quickly dissolved by the heat of the Sun. But when joined with the One, every drop flourishes in the vast system sustaining life. Each bead of water is essential to form the Ocean. There lies the responsibility of each one—to strive, recognize, and unite with the presence of the *Anima Mundi* and the interconnectedness of spirit, soul, and matter from the depths of one's own being, establishing themselves as part of the great, harmonious sea that is the vast Cosmos.

**SAVE THE DATE! The 2024 Annual International WMEA Agni Yoga – Living Ethics Conference, “Agni Yoga & Psychic Energy: The Life-Giving Energy,” will take place on March 22–24.** For those who would like to attend in person or through Zoom, registration will begin in late October 2023. At that time, complete information about the Conference will be available by clicking on the 2024 WMEA Conference Banner on the WMEA homepage ([www.wmea-world.org](http://www.wmea-world.org)).

**AY CLASSES:** To join the Wednesday class and/or the Agni Yoga International Study Group, please email the WMEA office: [staff@wmea-world.org](mailto:staff@wmea-world.org).

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## The Basis of the New Medicine

### Part Two

by Richard Rudzitis

“This training of psychic energy will be the true prophylaxis of humanity.”

*Hierarchy*, 190

The medicine of Agni Yoga, while advising to add a spark of psychic energy to all prescriptions and medicines as a powerful aid, also emphasizes the enormous role that suggestion as well as autosuggestion will play in the treatment of diseases in the near future. Tibetan medicine is sure that even cancer in the initial stage, like some other serious illnesses, can be cured by suggestion. Therefore, “Every physician must develop within himself the power of suggestion.”<sup>1</sup>

It should also be noted that the medicine of Agni Yoga encourages the search for new ways to make an accurate diagnosis. For example, to determine the disease, it advises the physician to use astrological data. “A horoscope of a patient may give a clue to many diseases and to their treatment.”<sup>2</sup> We also know of one Latvian doctor, who used the achievements of Agni Yoga medicine in his treatment, that successfully used the method of eye diagnostics. We are talking about F. D. Lukin (1875–1934), the first chairman of the Latvian Roerich Society.

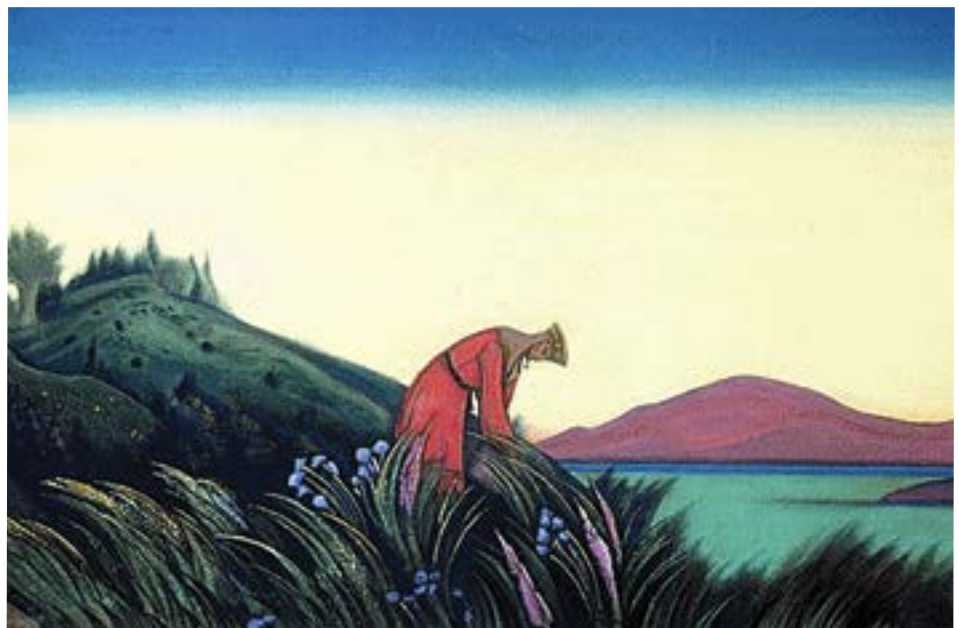
Modern medicine no longer looks at the disorder of an organ as a local manifestation; its cause is sought in the disease of the whole organism. And yet, physicians, when diagnosing the disease, often do not see the patient themselves but the state of the [patient’s] psyche. In general, modern medicine pays too little attention to psychic or nerve factors. On the contrary, Agni Yoga medicine considers that most diseases have a psychic origin or a defect in the patient’s state of consciousness. Therefore, the physician

## Health Corner

“I speak about the preservation of magnanimity as the basis of good health.”

*Fiery World I*, para. 173

*Note: All medical advice is given to the reader as a guideline. Please consult a medical professional before proceeding, and then proceed carefully, with discretion and at your own risk.*



*Beneficial Herbs* – Vasilisa the Wise, 1941, by Nicholas Roerich

must first investigate and treat the psychic causes of diseases. Upon careful study, one is convinced that illness is often, to one degree or another, the result of a weakening of psychic energy. Even with contagious diseases, a person becomes ill more easily when despondent. Even with a common cold, for example, rarely will anyone become sick if their vitality or primordial energy is not suppressed. Recently, new types of neuralgia have been spreading epidemically, which Agni Yoga calls “sufferings of psychic energy”; they are caused by the fluctuations of psychic energy.

Therefore, as we have already mentioned, the medicine of Agni Yoga considers the main task is to awaken

and strengthen the forces potentially inherent in a person so that they can consciously control them, and, if possible, resort to medicines as little as possible. An [Agni Yoga] practitioner consciously teaches a person the basics of prevention and contains many indications about the methods of developing psychic energy. There is a continuous, devoted connection with the Highest; admiration for everything beautiful and kind; noble and unselfish thoughts; the rhythm of conscious, enthusiastic work; winged

<sup>1</sup> *Fiery World, Part I*, 1933, 2nd ed. (New York: Agni Yoga Society, 2016), para. 293.

<sup>2</sup> *Letters of Helena Roerich*, vol. 1, 1929–1935 (New York: Agni Yoga Society, 2016), 8 May 1935.



creativity; the optimistic overcoming of all difficulties; preserving constant control of the mind, thoughts, and feelings; and awareness and conscious application of one's fiery energy.

Why have healings often occurred during bursts of enthusiasm, especially in prayerful ecstasy? "It is not difficult to understand that the bond with the Higher World aids the heart, and carries along the nerves a salutary Benefaction."<sup>3</sup> When the heart shines in prayer or with lofty thoughts and feelings, the highest heart energy is ignited, which in turn is replenished with energy from the Highest Source, and thus the human organism is transformed in harmony. Therefore, let modern scholars not be surprised by the assertion of Agni Yoga, based on long experience, that the best panacea against all diseases is the veneration of the Teacher, and the best balm for the nerves is Hierarchy.

While looking for the "Philosopher's Stone," medieval alchemists hoped at the same time to find a universal remedy for all diseases. The dream of a panacea for all ailments has captivated the best physicians of all eras and is reflected in modern medicine. It involves looking for a remedy that would raise the tone of the patient's body, allowing them to easily cope with the disease as well as giving preventative protection to the person. This panacea is provided by the medicine of Agni Yoga; it is the awakening of fiery energy, the spiritual force inherent in a person. Just as the awakening and application of energy can be very individual, the psychophysical state of a person is also individual. Therefore, humanity still cannot do without medical aid, of which some are becoming more and more universal and covering the treatment of several diseases.

Considering the great importance of the factor of psychic energy in the treatment of diseases, the medicine of Agni Yoga advises the use of plants and other products of the kingdom of nature as healing remedies; these contain ingredients of psychic energy that directly or indirectly contribute to it.



*Krishna-Lel*, 1932, by Nicholas Roerich

Thus, Agni Yoga emphasizes the great healing significance of life-giving plants, such as valerian, wormwood, mint, and ginseng, as well as various resins in which a fiery, renewing element is present to one degree or another. Of the chemical substances, soda, which plays an important role in cleansing and strengthening the nerve channels, is recommended. Of animal products, musk is a condenser of psychic energy, as well as milk and honey in their purest form.

At the same time, the medicine of Agni Yoga calls for a natural and morally pure way of life, to keep the consciousness in discipline and the body in harmony in order to prevent diseases and allow psychic energy to better manifest itself in the body. Therefore, [Agni Yoga] categorically instructs one to give up alcohol and tobacco and advises one to use only vegetarian food—dairy and flour products, vegetables, and fruits.

The medicine of Agni Yoga considers its main task to be the struggle of prevention for the improvement of life. A harmonious life is especially necessary for our era of chaotic thinking and currents when fiery epidemics threaten humanity. The only salvation is the education of a person's spir-

itual heart, which is the source of psychic energy. Therefore, Agni Yoga, as we have already mentioned, advises establishing in each country institutes for the heart and psychic energy, which would also [promote] the research of the energy of thought and the power of suggestion, systematize materials on this subject, and finally widely popularize the idea of developing psychic energy among the people.

Agni Yoga emphasizes: If all people would begin to consciously develop their fiery energy and strive to learn how to use it while paying sufficient attention to preventative care throughout their life, then diseases would quickly decrease and eventually disappear. "However, where there is a good store of psychic energy, no contagion is to be feared. But do we often meet such people? The crystal of psychic energy gives immunity from all sicknesses and is a true elixir of life. Therefore, scientists and doctors should direct all their attention to the study of, and research on psychic energy."<sup>4</sup>

<sup>3</sup> *Aum*, 1936, trans. Agni Yoga Society, 2nd ed. (New York: Agni Yoga Society, 2021), para. 63.

<sup>4</sup> *Letters of Helena Roerich*, vol. 2, 1935–1939 (New York: Agni Yoga Society, 2016), 7 May 1938.

**June 20, 2003**

*[Agni-Yoga] Honoring Sacred Books*

Dear —,

I am not aware of any such rules in Agni Yoga (if I have missed these, someone please point me to them). Each religion has its rules against desecration, maintaining the sacredness of things connected with the religion. Some people in the Teaching believe that one must not lend an Agni Yoga book to others because of the vibrational aspect.

Daniel

**June 21, 2003**

*[Agni-Yoga] Honoring Sacred Books*

Dear —,

Care for sacred objects is a way to keep our minds on our spiritual lives and goals. I remember, when I was a child, the grandmothers of my Jewish friends used to tell them whenever they dropped a piece of bread to the floor to apologize to God and ask His forgiveness.

When I first began traveling to the Soviet Union in the early eighties and met Agni Yoga students who were still semi-underground, I was impressed to see the care with which some of them treated their books (sometimes just carbon copies of typewritten pages), wrapping them in yellow silk and keeping them on high shelves (higher than any human's head), or hidden away in an armoire.

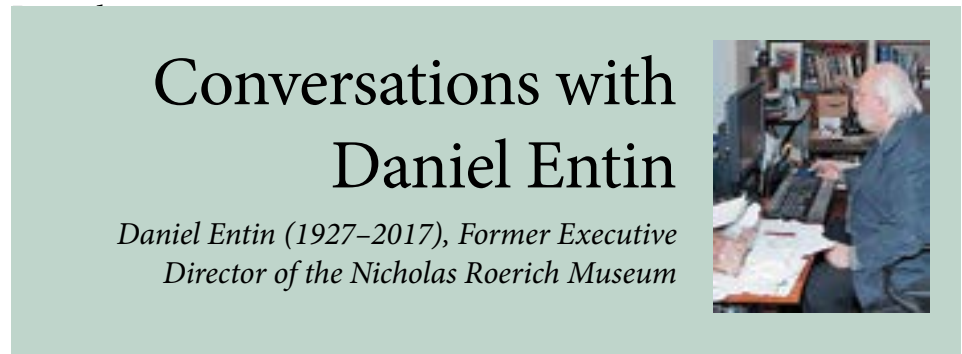
Daniel

**June 21, 2003**

*[Agni-Yoga] Honoring Sacred Books*

Dear —,

Maybe a Russian-speaking member can tell us if materials written after a Teacher's death become outworn and useless after three centu-



## Conversations with Daniel Entin

*Daniel Entin (1927–2017), Former Executive  
Director of the Nicholas Roerich Museum*

ries and thus should be destroyed, or if the passage means that materials written after three centuries are pointless because they are too distant and should be destroyed.

Daniel

**June 21, 2003**

*[Agni-Yoga] Honoring Sacred Books*

Dear —,

Part of the thinking also includes the notion that when the books are returned, they contain "pollutions" from a reader who is less advanced than the one who lent the books.

Daniel

**June 30, 2003**

*[Agni-Yoga] Honoring Sacred Books*

Dear —,

It might be good to first have a discussion about defining Common Good. That will raise the level of discourse a little! :-)

Daniel

**August 12, 2003**

*[Agni-Yoga] Opinions of Other's  
Teachings*

Dear —,

Here at the Society we (try to) follow a simple rule that was given to us by the Roerichs themselves, never

to express an opinion about another teacher or teaching, even when asked. Such questions and such answers lead only to contention and separativeness. Now that the question has been asked again and a translation put here, I'd like to point out that at the very end of that letter, E.I. stated that with the approval of the Master, she instructed Nettie Horch to welcome all Bailey students and to start discussion groups and classes in Agni Yoga. Unfortunately, a lot of Agni Yoga followers who consider themselves to be warriors of the Teaching (there are many of those, especially in the ex-USSR) ignore that open-hearted example and prefer to criticize and attack the Bailey students, even to the extent of sometimes invading their meetings and brandishing that letter. So you see why your simple inquiry stirred up more than you expected.

Daniel

**Aug 12, 2003**

*[Agni-Yoga] Opinions of Other's  
Teachings*

Dear —,

All day today, I have been chastising myself for forgetting an iron rule given to us by Helena Roerich: Do not offer an answer when no one asked a question! Or, put differently, do not offer an opinion when no one asked for it.

Daniel



## UR, the Root of the Light of Fire

(continued from page 5)



*The Descent from Cross*, 1976, by Marc Chagall

Image,” including over two hundred original paintings and sculptures, starting from the fourteenth century to the present day.<sup>9</sup>

Mary Magdalene—as a disciple who was always together with Mary and the apostle John, as a penitent and as a consoler, as the woman present at the most important initiations in the Christ’s life: Crucifixion, Deposition, and Resurrection, and showing her as a Healer, a Scholar, a Teacher, a profoundly compassionate human being and a cosmic entity, as feminine and as masculine, like Light and like Fire, always in red dresses and with long red hair—do you remember Uriel?

We are now approaching the end of the journey started from the incipit of the *Fiery World* Trilogy: Ur, the root of the Light of Fire, where we met some of the Great Entities representing the polarities of the Wholeness: Uriel and Michael,

Mary Magdalene, and Christ—the Roots, the Light, and the Fire.

The last inspiration to conclude our experience comes from Enzo Savoini, the great Italian disciple who dedicated his life to the study of the esoteric Teachings, in particular of Agni Yoga, which he translated into Italian from English. One of his many contributions is the *Comments to Infinity I and II*, and I found his comment in *Infinity, Part 1*, 117 particularly enlightening to our understanding about Fire.<sup>10</sup>

*Infinity, Part 1*, 117: “In the chain of spirit creation we find manifestations of the most precise and subtle harmonies, manifested by the creativeness of Cosmic Fire. The Cosmic Fire is not solely the substance from which we derive our forms. All the subtlest spiritual manifestations, which affirm the most worthy human actions, We call Fire.

Beauty of achievement lies at the basis of spirit-creativity. Our Mother of the World has endowed the world with that eternal achievement which is laid into the foundation of the Universe.”

Enzo Savoini, *Comment to Infinity, Part 1*, 117:

“In the texts of Agni yoga, Fire should be read in two senses: to indicate the Fire of Space, that is of the substance of the Mother—and to indicate the Fire of Life or of the spirit.

“Students should pay attention to this distinction if they want to understand the Teaching: for sometimes it speaks of one, sometimes of the other Fire.

“When they have understood, and the Infinite will be within them, they will forget the distinctions, and Fire will be FIRE.”

*Fiery World, Part 1*, preamble: “From time immemorial this Radiant Principle has attracted the hearts of many peoples. Thus, from the Teachings of the past let us transport ourselves into future attainments.”

<sup>9</sup> *Maddalena*, s.v. “Magdalene,” last accessed 13 August 2023, <https://mostramaddalena.it/uk-version/>.

<sup>10</sup> *Infinity, Part 1*, 1930 (New York: Agni Yoga Society, 2019), para. 117.

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