Meditation Monthly International

Agni Yoga & Faithfulness

Trusvati knows the true meaning of faithfulness. Adamant—thus was called this quality of loyalty in ancient times. Loyalty, steadfastness, and unwavering determination build a stronghold against doubt, wavering, and treason. Radiant faithfulness is a wonderful manifestation. Yes, yes, yes, it is time for people to learn about clear imprints produced by their emanations.

Supermundane IV, para. 858

Urusvati knows how beautiful are the radiations generated by trust. On the foundation of trust is raised the mountain of fidelity, which is the adornment of the Universe. In the concept of faithfulness are joined the best aspects of life—love, beauty, devotion, courage, and wisdom. Faithfulness is a result of wisdom developed over many lives. The opposites of faithfulness, false-heartedness and betrayal are the shame of humanity. If faithfulness has such an antagonist, then it is truly at the summit of the mountain. By the enemy, we can see who is being persecuted.

Fidelity is valued as a great treasure. Cosmic Justice rewards fidelity generously, but the reward comes at the right time. Only a few can understand the role of time in this, for a high degree of trust is required. We are grateful for such trust. Mutual gratitude is the key to harmony. This simple affirmation will seem absurd to many, in whose hearts gratitude and faithfulness do not live. Urusvati knows the power of these qualities. Even in the midst of hard times they illumine the path of life. Wicked is the heart that does not know trust and gratitude.

The clever ones in the bazaar smile slyly and calculate how often they cheated and betrayed some trust. They filled their purse and gained for themselves a backbreaking load. It is better to be deceived than to deceive. The quality of trust will lead to many achievements. But do not wait for the right circumstances to then begrudge your trust. Daily life provides ample opportunities to manifest this excellent quality. Thus can you forge a strong link with Us.

One can instantaneously begin to radiate the beautiful purple rays of trust. What a powerful defensive net it is! We often speak of friends, but We always mean true friends. Friends can be lightminded and careless because of lack of faithfulness. When We value something greatly, We guard it. Thus, let the bedrock of trust and the mountain of faithfulness stand firm.

The Thinker said, "I will go now to the bazaar. Will someone cheat me? The cheat does not know that he gives me admission to the best shore of the River Styx."

Supermundane III, para. 619



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Cover picture from *Bhagavan* by Nicholas Roerich

Networkers' Letter

Dear Friends,

During the month of July, a number of my coworkers and I went to the movies to see *An Inconvenient Truth*. I was also in the process of reading the book, and both book and movie together made a lasting impression.¹

An Inconvenient Truth first presents, documentary-style, the scientific evidence for global warming and climate change. The film then shows the already existing and future effects of climate change on weather, agriculture, and ecologies. Viewers are shown a computer simulation of what will happen if the oceans rise twenty feet in possibly as little as ten years as a result of melting icecaps. The film ends with a positive message of human value and of what ordinary people can do to reduce their greenhouse gas emissions and to help avert the worst-case scenarios. It shows that we must, as a humanity, work together; that each person, each country matters.

In our December-January issue, the Networkers' Letter focused on the global warming situation. In light of former Vice-President Al Gore's travels around the world to raise human consciousness to this most immediate and threatening situation, the staff and myself decided to include it, once again, in this letter.

Global warming: the Asian Tsunami that took place in December of 2004; Katrina in 2005; the many hurricanes in Florida; the mudslide in Guatemala; the earthquakes in Pakistan, India and Java. Why are these things happening? What can we do to slow down global warming?

You will find your answers as you pay close attention to alternative news publications and Internet websites. For example, Leonardo Decaprio, actor and environmentalist writes: "Thousands of climate scientists agree that global warming is not only the most threatening environmental problem, but one of the greatest challenges fac-

ing all of humanity." Decaprio has put together a full-length feature film on global warming and the environment.

Leonardo Decaprio stated on his website:2 "We must demand a separation between oil and state. We can get off oil and slow down global warming. We can use energy more efficiently, and support renewable, clean energy sources; new green technologies that don't burn carbon, like hydrogen fuel cells, wind and solar power. We can vote for leaders who care about protecting your health, air and the environment. We can support non-profits who are making a difference. We can be environmentalists. So, get educated. Stay educated. So we can think for ourselves. And join the fight to save this unique blue planet for future generations."

Prince Charles, who recently visited the United States and was interviewed on 60 Minutes stated: "You know, if you look at the latest figures on climate change and global warming ... they're terrifying, terrifying," He also expressed a concern that "economic progress is upsetting the whole balance of nature."

Helena Roerich wrote: "You remember how the Teaching says that the very destiny of the planet is in the hands of man, and also that man makes the earthquakes. Take these statements literally. For precisely, the low thoughts and cravings of humanity (not only on the Earth, but also in the lower spheres of the Subtle World) create this fearful suffocating atmosphere around the Earth which promotes the fusion of the fire of space with the subterranean fire. Only pure, fiery souls are able to discharge this atmosphere, acting somewhat like lightning conductors. This is the reason why the epoch of Fire is so dangerous: it brings purification as well as dreadful disasters, namely the destruction of whole polluted communi-

continued on page 6

Faithfulness

How does faithfulness maintain friendship?

"Faith is not only trust, but also a belief that your friend is going to be a beauty, a successful noble person."1

"Friendship is the labor of building the network of communication with Cosmos."2

Friendship develops when you love, protect, and sacrifice for a friend. Faithfulness maintains friendship because, like compassion, faithfulness will remember the vision of beauty that a friend represents and truly is, and will sustain that vision in spite of the obstacles and difficulties of the journey.

The phrase "Traveler be my friend" is such a lofty aspiration of the heart, for it reminds us of the many friends we have had and made in our countless journeys on our Path to return Home. It brings back a longing for their companionship along the way. Friends are like a beloved one who leaves the tender imprint of his presence in our souls, never to leave us again.

Hierarchy is the chain of advanced Souls who represent the Friends of Humanity. They labor tirelessly to form the network of communication with the Cosmic Heart. The pure heart yearns for the Hierarchy. The best friend of the soul is the One hidden in man; Its faithfulness assures the victory of the human soul. O Beloved, let me be your friend forever!

> Why is faithfulness necessary for purity of heart?

"Faithfulness in friendship is the ability of those who have a great number of virtues. No friendship can form without loyalty, gratitude, love, sacrifice and sincerity."4

"Purity of the heart is unselfish love, absence of ulterior motives, innocence, harmlessness and unity."5

To be faithful to an ideal, a friend, or a Teacher means that the human soul has to develop the virtues that purify the heart from ulterior motives and negative emotions. Imagine that you have a friend you begin to doubt, or lose your faith in because of an ugly action committed by him/her, or because someone slandered him/her. In such a case, faithfulness will demand that you stand your ground for your friend and defend his/her name before the slanderer. This requires courage. Courage is a virtue that purifies the heart from fear, whether it is imagined or real.

Faithfulness demands self-sacrifice, especially, when you serve an ideal. The heart will be purified of ulterior motives because your ideal provides the burning ground that will strip it of them as you begin to serve your ideal. When the final sacrifice is asked of you, nothing will remain of who you were, except the Self.

Purity of heart is the result of remaining faithful. Thus, faithfulness is the requisite without which purity of the heart would be impossible.

Explain why a disciple must develop wisdom along with faithfulness.

"Wisdom is the ability to use your developed intellect and your pure love to meet the need of the time, invoking creativity and unfoldment in your contacts in accordance with the Divine Plan."6

Wisdom and faithfulness to an ideal or a friend go hand in hand. Wisdom synthesizes your intelligence with your pure love to meet others' needs, and faithfulness makes you stand firmly by them till the need is met. A disciple must be wise and faithful to his commitment and accepted responsibilities, otherwise he will not only be unwise, he will commit treason.



The Messenger by Nicholas Roerich

To have a developed intellect means that the mind has been freed from illusions, and knowledge is being received unobstructed from the higher mind. In the same fashion, the pure heart has also been freed from the glamors of the emotional body and has learned to love unconditionally. When the mind and heart have fused, the disciple becomes wise and is able to help the Hierarchy meet the needs of the world. Thus, a disciple must develop wisdom along with faithfulness.

> What does it mean to be faithful to a person, a group, a nation or an ideal?

Faithfulness is steadfastness in the face of obstacles. It means to be true in your commitment to a person, a group, a nation, or an ideal.

Faithfulness to a person means to be devoted to that person to help him or her achieve his/her beauty and joy; it is to dedicate one's thoughts to sustaining that person through his or her darkest hours, instead of accusing him/her or being resentful; it is to be benevolent in your thoughts;

it is remaining pure in your vows, instead of leaving when the marriage passes through stormy waters. This is the beginning of goodness.

Faithfulness in the group life means the same as faithfulness to a person, but includes all the persons that belong to the group. In this instance, to be faithful to the group life is to do your accepted labor well. It means to be committed to the group in mind, heart, time and money.

Faithfulness to the nation means to fulfill one's duties and abide by the laws of the country.

Faithfulness to an ideal means the same as all of the above, but it is a deeper level of commitment, for an ideal could require you to sacrifice everything to your ideal, even your life.

How does Joy increases faithfulness?

Joy brings Heaven to Earth; it prepares the heart for bliss. Joy ignites every petal of the Chalice and prepares the burning ground where faithfulness will achieve the Great Vision. One by one the virtues such as striving, fearlessness, compassion, patience and gratitude pulsate, and the petals unfold to unveil the Hidden One. Faithfulness is not giving up before the obstacles and doubling our striving to leave behind the limitations of the vehicles. Joy reminds us that all will come to those who remain faithful.

Joy is released the moment the human soul contacts the heart or higher mind. Joy is a fire that kindles all the petals of the heart, and enthusiasm is aflame by this contact. During the contact, a vision is felt, which will transform forever the life of the one who was touched. A pledge is made at the temple of the heart. Joy kindles the flame of enthusiasm, and the disciple endures, perseveres, and moves forward, with the same intensity as in the beginning, until the vision is achieved.

Faithfulness is having faith in the victory of that vision, be it on a relationship, group,



Agni Yoga by Nicholas Roerich

national or world level. Faithfulness is to believe that good will always prevail in spite of the opposing forces of darkness. Thus, joy kindles faithfulness and expands infinitely.

What does it mean to be faithful to your Inner Guardian?

The Inner Guardian is the Soul in man; It guides the human soul until it reaches the Fourth Initiation, when the Chalice is burned, and the human soul becomes the Soul.

The Inner Guardian acts as a compassionate mother that guides the steps of the inner child—the human soul, until it is delivered as a fully awakened Soul, ready to take its place in the long chain of evolution and is able to cooperate with the Plan of Hierarchy.

Being faithful to the Inner Guide means to be obedient to Its indications, to remain vigilant, to strive toward the light and to renounce or detach itself from the limitations of matter at every step of the ascension.

To be faithful to the Inner Guide means

to follow the indications of your earthly Teacher, who acts as Its intermediary, and to prepare yourself for the labor of endless self-perfectment. It means to abide by the Principles of Beauty, Goodness, Righteousness, Joy and Freedom; it means to make yourself ready to assume the responsibility for your life and to serve the Common Good; it means to serve and to sacrifice your self to achieve the goal of the Hierarchy of Light—the unity of Humanity.

Faithfulness in striving, in the endless labor of self-perfectment toward beauty, love and joy, is to be faithful to your Inner Guardian, your Solar Angel, who swiftly carries the human soul over the abyss of materiality and the strong pull of its three lower vehicles. This guidance must be obeyed promptly by the ones who seek liberation from earthly chains. This is to be faithful to your Inner Guardian. To remain faithful means that victory is close at hand. To surrender the personality to the guidance of the Solar Angel is to be free from the whims of the personality. It is to become impersonal: it is to be free from attachments: it is to remain centered and in balance with the pulls of our likes and dislikes; it is to be compassionate and patient with the ignorance of others and of oneself; it is to be joyful at the opportunity to serve the Great Cause; it is to be humble and fearless before the unknown. All of these virtues are petals of the Chalice, that Immaculate Womb where our soul is born and nurtured. Thus we are to remain faithful to the Inner Guardian.

Why is nobility an attribute of faithfulness?

"If you become righteous, the Solar Angel gives you a greater responsibility; It says that you are going to be noble. Nobility is graduation into kingship. When you feel you are integrated with the Solar Angel, you act nobly, you think nobly, you speak nobly, and all your relations are noble."

Nobility is kingship to the One or the

Self—kingship to the Kings of Beauty Whose Kingdom is the Kingdom of Heaven. When disciples follow the heart, they are being faithful to a higher vision. Often that vision will require total surrender of their little will to the Higher Will or Ideal, but mostly it will require self-sacrifice in one of the departments of human endeavor. Nobility will demand from disciples their willingness to liberate their brothers and sisters from the oppression of the dark forces, thus transforming them into Warriors of Light.

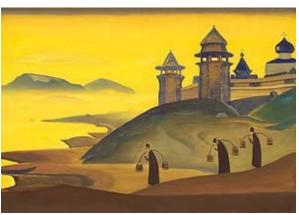
Nobility makes the disciple aspire to serve those who suffer, because the Cosmic Principle is Joy. Where there is suffering, joy is absent from the heart, which means that goodness is also absent. Goodness is love realized. When goodness is absent in the lives of those who suffer, righteousness is also missing. Terrible things happen because they lack the knowledge to set things aright; they lack the freedom to set themselves free. Beauty is also absent from their lives, and chaos and darkness surround them. In this state of things, it is the noble Warrior, the Hands and Feet of the Hierarchy of Light, who comes to the rescue, who comes to set them free.

To have faith in an Ideal, a person, a group, Humanity, or Hierarchy is to hold a vision that will focus your striving toward that object of faith. When obstacles confront you regarding your faith, the image of your vision will make you strive harder to surpass it, and by doing so, you start to develop the virtue of faithfulness toward your vision. By battling the obstacles you learn to develop focus or concentration of the mind, valor, perseverance, solemnity, serenity, self- control, and wisdom. All of these are said to be the qualities of a noble person. Being faithful requires having to decide between two opposing forces, such as between the Common Good or personal interest. Making the right choice demands discernment and discrimination. Having to

choose between the opposites forces the disciple to create a synthesis of both, which is wisdom. Thus, nobility is an attribute of faithfulness.

How does faithfulness develop self-respect?

"Not so many people know what they essentially are. They think they are equal to their body, possessions, certificates, knowledge or deeds.... They become confused about themselves and lose their respect for



And We Labor by Nicholas Roerich

their own Self.... Respectfulness to our Self demands that we are the best in all we do."8

Only the Self is real. Having faith is to believe in that which the heart proclaims—the heart proclaims the Self. Your vision is the Self.

How does faithfulness produce harmony within your vehicles?

To remain faithful in spite of obstacles brings peace of mind or harmony to the vehicles. This is because one is acting in the direction of the Great Vision or Purpose for the Earth, which is the actualization of love in all levels of manifestation. Love is really the great harmony between the opposites. Faithfulness brings out a sense of gratitude from the ones we are faithful to, building lines of trust between both. The vehicles are composed of a myriad of little lives. If we are grateful to them, we work toward their purifica-

tion; in return, they will feel gratitude toward us and create harmony between themselves and the leading principle in us. Thus faithfulness produces harmony within our vehicles.

When you are faithful to your vehicles, you begin to protect them from harm, and you learn to become harmless yourself toward everything, including your vehicles. To be harmless toward the physical body means that we feed it with healthy foods and are careful not to waste its energies in

excesses of any kind. We take care of its needs so it will grow in a healthy way. To be harmless to the emotional body means to purify it from negative emotions and glamors, and to feed it with devotion and aspiration to help it grow properly. To be harmless to our mental body means to purify it from the illusion of separateness and to feed it with lofty ideas of the Teaching of the Great Ones. Harmlessness is one of the virtues in the Chalice, and it has the quality of goodness. True love is harmlessness expressed through your vehicles; as love expresses through the vehicles, it embues them with its har-

monious energy. The vehicles feel this harmony and begin to function as one under the leadership of the Solar Angel. Harmony means to reconcile the opposites into a unified whole. We can achieve this when we bring the opposites to the center position—the heart. The pure heart brings harmony because it is has the wisdom of the Core in us.

What is the relationship of faithfulness and righteousness?

"Righteousness means to live in the frequency of your Inner Divinity."

You are righteous when you are faithful and remain true to your Inner Self. "*There is no higher religion than Truth*" is the motto of the Theosophical Society, founded by H. P. Blavatsky. Every disciple searches for this Truth throughout his life, adapting as faith-



fully as he can to his Inner Divinity. Righteousness, then, is to live your life according to the laws of your conscience and your level of beingness. Righteousness is also one of the Five Principles of Cosmos, and it means a different thing at each level of consciousness. If you have faith in someone, it means that you trust in him or her and that everything is going to be alright in the future; so you develop the quality of being faithful or faithfulness. If, however, you do not have faith in your friend, group, ideal or vision, trust does not develop, and in the end you become unfaithful, damaging any opportunity you may have had to do some good. This means that the qualities of faith and trust must be present in order for you to develop righteousness in your actions, feelings and thoughts. A faithful disciple surrenders his or her personality to the Inner Guide, and lets the Higher Will manifest in all the events of his or her life. Thus we see the relationship of faithfulness to righteousness, for the virtue of faithfulness causes the Principle of Righteousness to manifest in our lives.

by Saskia Frau

- Torkom Saraydarian, Challenge for Discipleship. p. 200.
 ©1986 Torkom Saraydarian
- ² Ibid., p. 205.
- ³ New Era Community (1926), prologue. ©1951 Agni Yoga Society, Inc.
- ⁴ Torkom Saraydarian, *The Psyche and Psychism*, vol. I, p. 534. ©1981 Torkom Saraydarian
- ⁵ Torkom Saraydarian, Challenge for Discipleship, p. 304. ©1986 Torkom Saraydarian
- ⁶ H. Saraydarian, *The Science of Meditation*, p. 33. ©1971 H. Saraydarian
- ⁷ Torkom Saraydarian, Challenge for Discipleship, p. 213. ©1986 Torkom Saraydarian
- ⁸ Ibid., p. 214.
- ⁹ Torkom Saraydarian, *Talks on Agni*, p. 236. ©1987 Torkom Saraydarian

continued from page 2

ties and the increase of epidemics—all caused by the subterranean fire. Only those whose auras are sufficiently purified and who are able to assimilate the fire of space will be able to withstand. That is the reason why it is so urgently necessary to apply the foundations of the Living Ethics into life and, by purity of thought and deed, to transmute our energies. The waves of the fire of space will be particularly strong in the forties of our century. But the immediate coming years will also bring many explosions. The great testing of our planet is near. Threatening is this future! Let us hope that through great disasters humanity will learn its lesson and will accept spiritual leadership, and thus will alter its destiny."3

So now we are facing certain vital cycles toward the end of this first decade of the twenty-first century. Are we ready? How do we make ourselves ready? By applying the disciplines of the Teaching to ourselves. Helena Roerich wrote "[L]et us transmute all our energies. We should start from the most stubborn energy, which is egoism (that furious dragon of selfishness with its long tail); self-conceit; love of power; self-love; touchiness; irritability; fear; doubt and other similar decorations. And we should replace them with the wings of affirmed unity; complete solidarity with all the co-workers; acknowledgment of Hierarchy; joyous strengthening of the given tasks; tolerance and gratitude for the right directions. We should conclude with trust to the very end. All this transmutation is so simplified when hearts burn with devotion and love to the One who calls to construction and who points out the way to the Tower."4

She also wrote: "Among the manifestations which are particularly harmful for ascent may be noted *halfway service*. It is impossible to advance without casting away this dreadful halfwayness. It must be remembered that, having once chosen the Teacher, the disciple must always act with an understanding of all the harmful effects of halfwayness. Not only is an obvious be-

trayal dangerous ... but these pernicious burrowings of halfwayness are so harmful.⁵

I challenge each of you and myself, for 2006, to live a more goal-fitting life as a means of preparation for the upcoming cycle, a cycle that will take us through to the end of this decade – 2010. I challenge you to select a few of the disciplines outlined in the Teachings, and to place them into your physical, emotional, mental and spiritual lives; and then to observe the expansive, creative and harmonious changes that gradually begin to take place in the life of your service: service to your family, your group, your country and around the world.

A practical and easily accomplished action is to change your light bulbs from incandescent to Compact Fluorescent. Compact Fluorescent lights reduce air and water pollution. Although each bulb costs approximately \$10, you save money in the long run because CFLs use 75% less electricity and last up to 10 times longer. Every incandescent that you replace with a CFL will also keep a half-ton of carbon dioxide out of the atmosphere over the life of the bulb.

I hope you will take the time and opportunity to see the film, *An Inconvenient Truth*. Disciples are global educators who have a vision of the planetary future. See this movie and then do your part in sustaining the planet.

Much love,

Joeen D Du Bain

Joleen

¹ http://www.stopglobalwarming.org/ Click on the link for An Inconvenient Truth on the right side of the page.

http://www.leonardodicaprio.com

³ Letters Of Helena Roerich I, 7 June 1934. ©1954 Agni Yoga Society, Inc.

⁴ Ibid., 15 January 1930

⁵ Ibid., 26 April 1934.



The Florida (Sarasota)
WMEA Study Group meets
at 9:30 a.m., on alternate
Thursday mornings in
Sarasota.Please call Ginette
Parisi at (941) 925-0549
for complete information.

The Ohio (Ashville) WMEA Study Group meets twice a month for meditation gatherings. For upcoming meeting dates and times, please call Kate Studebaker at (740) 983-6030. The Puerto Rico WMEA Group meets weekly to study the Teachings— Please call Saskia Frau at (787) 780-6276 or (939) 389-1149 for complete information. The Oregon (Lebanon)
WMEA Study Group meets
each month for a meditation gathering. Please call
Vickie Stevens at (541)
258-6142 for complete
information.

The Colorado (Longmont) WMEA Study Group meets each month for New & Full Moon meditation gatherings. Please call Doreen Trees at (303) 651-1908 for complete information.

August 2006

- Sun. 6 Sunday Service: Sun Festival of Leo Group Meditation & Lecture Rev. Valarie Drost, 10:00 a.m., Creekside Center

 Noon: Men's WMEA Study Group Prescott Pantry
- Tue. 8 Class: How To Teach, 6:30–8 p.m., WMEA Center
- Wed. 9 No Classes Summer break through August.
- Sun. 13 Sunday Service: Meditation, Singing, and Lecture "How Others can Kill Your Soul" with Beverly Phillips, 10:00 a.m., Creekside Center
- Sun. 20 Sunday Service: Meditation, Singing, and Lecture "Cooperation & Discrimination" with Cathy Ross, 10:00 a.m., Creekside Center
- Sun. 27 Sunday Service: Meditation, Singing, and Lecture "Teacher & Student" with Richard Woodard, 10:00 a.m., Creekside Center

September 2006

- Sun. 3 Sunday Service: Meditation, Singing, and Lecture "What is Spiritual Saturation?" with Lewis Agrell, 10:00 a.m., Creekside Center
 - Noon: Men's WMEA Study Group Prescott Pantry
- Tue. 5 Class: *Agni Yoga Study Group, Psychic Energy*, 7–8 p.m., WMEA Center
- Wed. 6 Virgo Full Moon Celebration & Group Meditation, with Rev. Valarie Drost, 7–8:15 p.m., WMEA Center
- Sun. 10 Sunday Service: Meditation, Singing, and Lecture "What Would-Be Disciples Expect from Life" with Kathryn Agrell, 10:00 a.m., Creekside Center
- Tue. 12 Class: Agni Yoga Study Group, Psychic Energy, 7–8 p.m., WMEA Center
- Wed. 13 Class: **Discussion Group**, *Solar Angel*, *Vol. II*, 7–8 p.m., WMEA Center
- Sun. 17 Sunday Service: Meditation, Singing, and Lecture "*The Progress of the Soul*" with Rev. Joleen DuBois, 10:00 a.m., Creekside Center
- Tue. 19 Class: *Agni Yoga Study Group, Psychic Energy*, 7–8 p.m., WMEA Center
- Wed. 20 Class: Discussion Group, Solar Angel, Vol. II, 7–8 p.m., WMEA Center
- Sun. 24 Sunday Service: Meditation, Singing, and Lecture "The Ageless Wisdom & Discipleship" with Rev. Joleen DuBois, 10:00 a.m., Creekside Center
- Tue. 26 Class: *Agni Yoga Study Group, Psychic Energy*, 7–8 p.m., WMEA Center
- Wed. 27 Class: **Discussion Group**, *Solar Angel*, *Vol. II*, 7–8 p.m., WMEA Center

Ask about classes for kids and teens on Sundays.

All Sunday lectures from Prescott are available by tape or CD.

Tapes and CD's are \$7.00 plus \$3.00 for postage and handling.

Please send your order to: WMEA, 543 Eastwood Drive, Prescott, AZ 86303.

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In Sarasota, Florida In Longmont, Colorado In Puerto Rico In Ashville, Ohio In Lebanon, Oregon Call (941) 925-0549 Call (303) 651-1908 Call (787) 780-6276 Call (740) 983-6030 Call (541) 258-6142

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