



Meditation Monthly International

Agni Yoga & The Mother of the World

It will be asked, "Why is this time called the Era of the Mother of the World?" Truly, it must be so named. Woman will bring great help, not only by bringing enlightenment, but also by affirming equilibrium. At times of confusion, the magnet of equilibrium is disturbed, and free will is needed to reunite the broken whole. Maitreya, the Compassionate One, needs co-workers. He who sacrifices himself for the Great Era will reap an abundant harvest.

The Thinker said, "Learn how to labor for all humanity."

Supermundane IV, para. 772

Could the terrors and crimes of today be possible if both Origins had been balanced? In the hands of woman lies the salvation of humanity and of our planet. Woman must realize her significance, the great mission of the Mother of the World; she should be prepared to take responsibility for the destiny of humanity. Mother, the life-giver, has every right to direct the destiny of her children. The voice of woman, the mother, should be heard amongst the leaders of humanity. The mother suggests the first conscious thoughts to her child. She gives direction and quality to all his aspirations and abilities. But the mother who possesses no thought of culture can suggest only the lower expressions of human nature.

Letters Of Helena Roerich I, 1 March 1929

The great epoch of Woman is coming. Verily, woman has a two-fold task: to uplift herself and to uplift her eternal companion, man. All the Forces of Light are awaiting this great deed. The Star of the Mother of the World has indicated the great date. All Scriptures are confirming that woman will sever the head of the Dragon. Let the heart of the woman become aflame

with this self-sacrificing deed. Let her fearlessly raise the shining but cleaving Sword of the Spirit.

Letters Of Helena Roerich I, 17 August 1934

Yes, the New Epoch requires spiritual cognition. The New Epoch must manifest due respect to the Mother of the World, to the Feminine Element. "The bird of the spirit of Humanity cannot fly with only one wing" - these are words of Vivekananda, who meant to affirm the great significance of the Feminine Principle. Man does not willingly give full rights to woman. However, this opposition but intensifies the forces; and woman, fighting for her cosmic rights, will acquire the knowledge of her power.

Letters Of Helena Roerich I, 10 October 1934





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Cover picture from *The Mother of the World* by Nicholas Roerich

Networkers' Letter

Dear Friends,

The Agni Yoga Teaching emphasizes that “the Mother of the World [will appear] as a symbol of the feminine Origin in the new epoch and the masculine Origin will voluntary return the treasure of the World to the feminine Origin.”¹ Are we beginning to see the advent of this appearance through the increasing leadership women are taking on in the world today?

The Feminine Origin refers to leadership of the feminine principle: the principle of intuition, love and compassion. The Teaching of the Hierarchy is the Teaching that is inspiring disciples and initiates from around the world to prepare the way for the Lord Maitreya, the Christ, through the upward spiral of striving. But we must not forget that if we are to prepare ourselves for the radiant Heart of the Coming One, the Lord Maitreya/Christ, we need also to include the Mother of the World in our soul-level consciousness, for the manifestation of the Lord Maitreya/Christ is linked with the confirmation of the Mother of the World. We must remember that the World Mother is the “spiritual Mother of all the Christs and Buddhas of human history—the spiritual Mother also of every child of Earth whose heart is attuned to Hers.”²

Since the first of this year, 2006, two women have been elected into leadership roles of great importance. On January 16 Liberia’s president-elect Ellen Johnson-Sirleaf was sworn in to office in a ceremony as Africa’s first female elected head of state. When speaking to the foreign dignitaries who were attending her inauguration, she was quoted as saying: “No inch of Liberian soil will be used to conspire or to perpetrate aggression against our neighbors.... Our foreign policy will be based on good neighborliness, regional cooperation and multilateral partnership.” Regarding children, she stated, “I will do the utmost to address your needs... and we will make the children smile again.”³

On the fifteenth of January, Michelle Bachelet, a doctor and former political prisoner and exile became the first woman to be elected president of Chile. These two recent elections bring the total number of women elected as presidents around the world to eleven:

Michelle Bachelet, *President of Chile* (2005–)
Helen Clark, *Prime Minister of New Zealand* (1999–2002, 2002–2005, 2005–)
Luisa Diogo, *Prime Minister of Mozambique* (2004–)
Tarja Halonen, *President of Finland* (2000–)
Ellen Johnson-Sirleaf, *President of Liberia* (2005–)
Mary McAleese, *President of Ireland* (1997–2004, 2004–)
Gloria Macapagal-Arroyo, *President of the Philippines* (2004–)
Angela Merkel, *Chancellor of Germany* (2005–)
Maria do Carmo Silveira, *Prime Minister of the Democratic Republic of São Tomé and Príncipe* (2005–)
Vaira Vike-Freiberga, *President of Latvia* (1999–)
Khaleda Zia, *Prime Minister of Bangladesh* (1991–1996, 2001–)⁴

Also, on the Women’s Learning Partnership for Rights website, we are told that in the United States, women hold 50.3% of all management and professional positions.

In May of 1935 Helena Roerich, the Mother of Agni Yoga wrote: “I wish to say that truly the women must sacredly guard the chalice entrusted to them: the moving of the consciousness and the saving of the world. The Epoch of Maitreya is the epoch of woman.”⁵

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Sunday Talks

The Glorious One

“Be as the ray of the sun, as the song of the bird,” a great Sage said.¹

The Sun is the radiant symbol of the Glorious One, the hidden treasure within each of us—within each of our friends and enemies, our family members and coworkers, within each of our politicians, educators and economists. The Glorious One is the One in Whom we live, move, and have our being. The Glorious One is the Sun reflected within each of us; it is the Self.

There is an ancient verse about the Sun:

“There is a sun.
Another sun arises over the horizon.
Between these two suns a form arises.
The second sun obliterates the first,
And then these two suns blend and merge.
A third is seen.”

The first sun is our divine Spark, which through ages and ages finally entered into the human kingdom after traveling from the Source down into matter, where it entered the mineral kingdom, then the vegetable kingdom and later the animal kingdom.

The next sun, the sun arising over the horizon is your Solar Angel, the Sun. The Solar Angel, a Sun, was empowered to give life, light and love to each human being who became lost in matter.

The third sun is the future of your divine Spark, the Monad, when it becomes its true Self—the Monad in all its glory.

Stage by stage we will blossom into an understanding of the potential of our future.

There is another ancient prayer that many of you know; it is called the Gayatri.

“O Thou Who givest sustenance
to the universe,
From Whom all things proceed,
To Whom all things return,

Unveil to us the face
of the true Spiritual Sun
Hidden by a disc of
golden Light
That we may know the
Truth
And do our whole duty
As we journey to Thy
sacred feet.

We have a *seed of glory* in each of us. Our task in each life is to make this seed grow and unfold until perfection is achieved.

Are you living at the zenith period of your life or the nadir? The zenith period is when the Sun is shining in its fullest; the nadir period is at your darkest hour.

The whole intention and service of the Christ was and is to unveil the Sun hidden by a disk of golden light, to unveil the seed of glory in each of us. “*Be as the ray of the sun, as the song of the bird.*” If you rise in the morning at dawn, you will truly understand the significance of these words. At the very first rays of dawn, the Sun begins to bring light into the day, and the first sound of Nature is that of the birds. We are told that the song of birds brings us psychic energy to start the day.

Are you a sun or a moon? The Sage M. M. says:

“Mist blinds only the worldly eye, but he who perceives the phenomena of life beholds also the passing events.

Our Gates, once conquered, lead toward untold wealth.

Each grain is the sun’s gold and a shield from the lunar light of the earth.

Between the paths of sun and moon must one choose.

The sun performs miracles by day.

The moon casts fleeting shadows.



Lord of the Night by Nicholas Roerich

Walk in the sunlight open-eyed and the day will become a wondrous fairy tale.”²

How beautiful! “Our Gates” refers to our limitations and our potential; our blockages, habits, prejudices, blindness; our difficulties in life. All are tests designed to challenge us, to provide us with an opportunity for progressive movement—to strive toward the rays of the sun rather than to be obscured in the shadows of the moon. As step by step we successfully pass each test with endurance, strength, daring, and courage, we can realize that each success is leading us toward wealth. What is wealth? It is the actualization of our potential: *the glory within.*

Often we see the sun shining through others—men and women who seem to stand out in a crowd, not because of their money or power, but because *they are the ones who shine in the glory of the Highest.* They have contributed to the glory of the Highest through all that they are and all that they have given to humanity, to their family and friends, to their group and country. Each of us can be a radiant sun; a Glorious One. We have the capability to make our “seed” grow and unfold until we reach perfection.

“Between the paths of sun and moon must one choose.” The Sun is alive and vital; it is progressive and creative. The Moon is decaying and lifeless. Science tells us now that the Moon is dead; a fact that esoteric science has taught for a hundred years. The Moon is the past; the Sun is the future. The Moon’s path is involutory; the Sun’s path is evolutionary.

Is there someone in your life who is glorious? One who is glorious is one who acts as gloriously as possible; such a person ignites the flame of the Sun within the temple of your heart. It is one who evokes in each person a striving toward glory, an urge for glory.

“Mist blinds only the worldly eye.” The mist encloses the foot of the mountain, but the summit of the mountain is bathed in the Sun’s glory. How can we clear the mist? How can we be glorious? The first step toward unveiling the face of the true Spiritual Sun in which all three suns are merged into Light, Love and Power is to renounce all the hindrances that impede and are unworthy for the ascent.

How is love recognized, expressed and understood as a glorious sun?

There is a woman in this country whom some of you may know. Her name is Winona LaDuke. In the 2000 presidential election campaign, she was running for vice-president alongside Ralph Nader, both representatives of the Green Party.

Courage. Ms. LaDuke is quoted as saying, “What we all need to do is find the wellspring that keeps us going, that gives us the strength and patience to keep up this struggle for a long time.” The Glorious One is reflected in this statement: The Sun within, our hope of glory, is our wellspring. We are searching for the wellspring, not for ourselves, but for our neighbor.

Visionary Leadership. Ms. LaDuke is a graduate of Harvard. Her visionary leadership and insight have improved the lives of many women and indigenous peoples around the world. She is well known to Arizonans through her activities with grassroots Native organizations. In 1997 she was named *Ms.* magazine’s “Woman of the Year” and was one of the recipients of *Time* magazine’s “50 Leaders for the Future” award.



The Miracle by Nicholas Roerich

Ms. LaDuke began working on Indian issues at a young age and addressed the United Nations when she was but 18 years old. She is an accomplished author and lecturer who has written extensively on Native American and environmental issues and speaks to university audiences from coast to coast. She is an example of one whose rays of the heart are dispersing the mist at the base of the mountain. She is educating people to their potential, to their Inner Glory.

Glory manifests as beauty, strength, courage; as “health, purity, gracefulness, magnetism, wisdom, insight, fearlessness, creativity, freedom, renunciation, incorruptibility, dignity, higher psychic powers, inclusiveness, patience, joy and solemnity.”³

There is a painting by Nicholas Roerich called *The Miracle*, in which seven figures clad in long white garments have fallen to their knees and lowered their heads to the ground in reverent awe before a radiant circle of light rising just beyond a

bridge. This is a painting that belongs to a series called “Messiah.” The deserts of Arizona caught Nicholas Roerich’s creative eye and inspired his brush. The tribal customs of the native peoples of the Southwest reminded him of the early Asian cultures, in particular, the Mongolians. He believed that the natives of the New and Old Worlds shared common origins. In many of his paintings you can find the incredible colors and rock formations of the Grand Canyon, such as in *The Miracle* (1921).

When we are touched by such magnificent paintings, the aura of the painting can ignite the seed of glory within us, inspiring us to grow. The painting of *The Miracle* shows the light of the approaching Great Ones shining like the dawning Sun. This is the

symbol of the glory within, to which all parts of our nature must finally bow. The same is true when our aura is touched by shining people. As humanity evolves, the most advanced members will demonstrate similar glories, leading us to self-realization. Let us strive to be such shining examples of the Glorious One.

In the book *Education as Transformation, Vol. 2*, there is an affirmation that can serve as a guide to growing the seed of glory, as an affirmation to unveil the disk of the golden Sun:

“I renounce in the light of my Inner Flame all physical, emotional, and mental habits.

“I renounce all intentional and unintentional thoughts, words, and actions which are against Beauty, Goodness, Righteousness, Joy, Freedom, Striving, and Sacrificial Service.

“I renounce the weakness
of listening to the
whispers
of dark forces, which
are intended to lead me
into pride, vanity, separatism,
crimes, deceit, and violence.

“I renounce all urges and drives
toward greed, exploitation,
unrighteousness, and artificiality.

“I turn my face toward
the light of the Inner Sun
and ask for strength, wisdom,
and courage to combat the
forces in my nature
which try to prevent me from
progressing toward great Light.

“May Your blessing shield me
all this day.”

OM. OM. OM.

To ascend to the summit of the mountain, it will be much easier to renounce all the hindrances that impede and are unworthy for the ascent.

Glory is increasing mastery over our lower self.

To climb the mountain toward our Inner Glory is not easy, but the magnet of the Beauty of the Inner Glory continues to inspire us from life to life until we finally “get with the program.” Climbing Mt. Everest is a symbol to us of the greatest challenge that life puts in front of us. To accept such a challenge, as did the Christ, will increase our glory day by day. Each of us will advance and unfold due to the Most High’s Vision, His Teaching and example. Our goal is to surpass the human level into the superhuman level and shine in the Higher Worlds.

“At the foothills of the Himalayas are many caves and it is said that from these caves, subterranean passages proceed far below Kinchenjunga. Some have even seen the stone door which has never been opened, because the date has not arrived.

... The homage to Kinchenjunga from the simple people [will not] surprise you. . . . This folk-reverence of natural beauties has its counterpart in the lofty heart of the sensitive traveler who, enticed by the inexpressible beauties here, is ever-ready to barter his city-life for the mountain peaks. For him, this exalted feeling has much the same meaning as has the conquering dance of the Guardian of the Mountains, and the bevy of archers who stand vigilant, ready to guard the beauties of Kinchenjunga.”⁴

We are told that in the near future temples will be erected where people will be introduced to the Inner Glory through ceremonies of initiation.

Where the first step many people take toward glory is through the desire for wealth, position, knowledge and authority, in the end, through many failed results, we begin to search for glory in our inner and spiritual achievements. This must be our ultimate goal for eventually we slowly discover that “outer glory is artificial; [it] cannot stand in the fires of true glory.”⁵



Castle of Ladakh by Nicholas Roerich

Many men and women in the world today believe that the mission of women is to be the spiritual leaders of humanity. As women prepare themselves for the coming of the Lord Maitreya and the spiritual Mother of all Christs and Buddhas, we will see them inspiring the world with vision and inspiration. They will teach our children the power of unity, of love and compassion; they will demonstrate nobility, heroism and courage. They will teach us about the Law of Synthesis. They will teach us about Future and ignite Beauty, Goodness, Righteousness, Joy and Freedom in the heart of the human family.

From my heart to yours,

Jdeem D Du Bana
President

¹ *Leaves Of Morya's Garden*, Book One, 1924, para. 163. ©1999 Agni Yoga Society, Inc.

² *Ibid.*, para. 157.

³ Torkom Saraydarian, *Education as Transformation*, Vol. II, p. 155. ©1999 The Creative Trust

⁴ Nicholas Roerich, *Shambhala*, p. 42. ©1930 Nicholas Roerich, 1990 Nicholas Roerich Museum

⁵ Torkom Saraydarian, *Education As Transformation*, Vol. II, p. 152. ©1999 The Creative Trust.

¹ *Illumination*, II:V:2, p. 74 © 1952 Agni Yoga Society, Inc. U.S.A.

² *Mother of the World*, foreword. © 1956 Agni Yoga Society, Inc.

³ www.chinaview.cn, 2006-01-17.

⁴ <http://learningpartnership.org/facts/leadership.phtml>

⁵ *Letters Of Helena Roerich Vol. I*, 8 May 1935 © 1954 Agni Yoga Society, Inc.

What is Agni Yoga?

Definition of Agni Yoga:

“The Agni Yoga Teaching is the Teaching of the Inner Fire, the manifesting Spark.¹”

Question: What is the Inner Fire?

The manifesting Divine Spark which through evolution entered the human kingdom. The Divine Spark is now striving to “humanize” itself.

Question: What is the Spark?

The Human Monad, fallen into matter.

Question: What is the Human Monad?

The Divine Spark within us is what is Real within us. It is sometimes referred to as the *awareness unit*. We must eventually come to an understanding that we are not the physical body, we are not form—these forms eventually die. The Human Monad, or Divine Spark, is the Real Person or Real Man, Who *does not die* but evolves and progresses.

You see, at one time, according to *The Secret Doctrine*, human beings had huge animal-like bodies and were devoid of intelligence. These were the first human beings, who were part of the first half of the Third Root Race, about 18 million years ago.

In *The Secret Doctrine* we are told:

“Having passed through all the kingdoms of nature in the previous three Rounds, his physical frame ... was ready to receive the divine Pilgrim at the *first dawn of human life*, i.e., 18 million years ago. It is only at the mid-point of the Third Root Race that man was endowed with Manas. Once united ... the lower animals, from the amoeba to man, received their monads, in which all the higher qualities are potential, all have to remain dormant till each reaches its human form, before which stage manas (mind) has no development in them.”²

It was near this time in the history of the evolving Spark that we were each given a

Solar Angel, the Spark of Mind. For a period of time, the Solar Angel, both in and out of incarnation, guides the Spark, the unfolding human soul.

The Monad is our essence, our unfolding human soul.

Through our evolution as unfolding human souls, we first identify with our physical form; then the soul evolves and identi-



Vision by Nicholas Roerich

fies with its emotional world and then the mental world. Each time it believes “I am the body,” “I am the emotional body,” “I am the mental body.”

The duty of the Solar Angel is to lead our soul through these three bodies, or Halls of Learning, to higher planes, where we will reach our true Self—the Monad—on the plane of the Monad.

In esoteric tradition, the Monad is the Father, the *Spark*. The Soul (Solar Angel) is the Path.

Question: How does Agni Yoga affect one's life?

“The Agni Yoga Teaching stirs your Inner Fire and awakens your virtues, dreams, and visions.

“The Agni Yoga Teaching ignites the fire within you, the Self which is trying to manifest.”

Question: What does one's Inner Fire do to the personality?

Your Inner Fire transmutes, transforms and transfigures the personality and paves the way for the fuller expression of your Inner Divinity.

As human souls we must advance. To enable our Spark to advance, we must eventually place ourselves on the Path of Perfection.

Agni energy kindles the inner fires, the chakra system, through a triple fire called Electric Fire, from the substance of the Intuitive Plane; Solar Fire, from the higher mental plane; and Fire by Friction, the fire of the lower bodies.

The Solar Angel (Solar Fire) dwells in the mental body. The Divine Spark labors to raise the consciousness of the three lower vehicles. We could say the Solar Angel is to our human soul as our human soul is to its lesser lives.

Most of us here are on the path of perfection. To be on the path of perfection means we are striving to expand our consciousness. To expand our consciousness means we are kindling the Inner Fire and thereby creating more opportunities for our essence to manifest in expression.

Those on the path of Agni Yoga are striving to unite with higher and greater fires within our consciousness. From *The Secret Doctrine*, it says, “From the amoeba to man, [each] received their monads, in which all the higher qualities are potential. It is our responsibility and our opportunity to release our higher potential.”

If we do not expand our consciousness, the higher qualities remain only potential.

¹ Torkom Saraydarian, *Talks on Agni*, p. 118. ©1987 The Creative Trust

² H. P. Blavatsky, *The Secret Doctrine*, Vol. I, p. 255, ©1947 The Theosophical Publishing House



February / March 2006 CALENDAR OF EVENTS

The Florida (Sarasota)
WMEA Study Group meets at 9:30 a.m., on alternate Wednesday mornings in Sarasota. Please call **Ginette Parisi** at (941) 925-0549 for complete information.

The Ohio (Ashville) WMEA Study Group meets twice a month for meditation gatherings. For upcoming meeting dates and times, please call **Kate Stuebaker** at (740) 983-6030.

The Puerto Rico WMEA Group meets weekly to study the Teachings— Please call **Saskia Frau** at (787) 780-6276 or (939) 389-1149 for complete information.

The Oregon (Lebanon) WMEA Study Group meets each month for a meditation gathering. Please call **Vickie Stevens** at (541) 258-6142 for complete information.

The Colorado (Longmont) WMEA Study Group meets each month for New & Full Moon meditation gatherings. Please call **Doreen Trees** at (303) 651-1908 for complete information.

February 2006

- Wed. 1** 6:00–6:50 Choir Practice
Class: **Avatar Study Group**, 7–8 p.m., WMEA Center
- Sun. 5** Sunday Service: Meditation, Singing, and Lecture **“Discipleship & the Teaching”** with Rev. Joleen DuBois, 10:00 a.m., Creekside Center

Noon: **Men’s WMEA Study Group** – Prescott Pantry
- Tue. 7** Class: **Agni Yoga Group**, 7–8 p.m., WMEA Center
- Wed. 8** 6:00–6:50 No Choir Practice
Class: **Avatar Study Group**, 7–8 p.m., WMEA Center
- Sun. 12** **Sun Festival of Aquarius Group Meditation & Lecture** – Rev. Joleen DuBois, 10:00 a.m., Creekside Center
- Tue. 14** Class: **Agni Yoga Group**, 7–8 p.m., WMEA Center
- Wed. 15** 6:00–6:50 Choir Practice
Class: **Avatar Study Group**, 7–8 p.m., WMEA Center
- Sun. 19** Sunday Service: Meditation, Singing, and Lecture **“Discipleship II”** with Rev. Joleen DuBois, 10:00 a.m., Creekside Center
- Tue. 21** Class: **Agni Yoga Group**, 7–8 p.m., WMEA Center
- Wed. 22** 6:00–6:50 No Choir Practice
Class: **Avatar Study Group**, 7–8 p.m., WMEA Center
- Sun. 26** Sunday Service: Meditation, Singing, and Lecture **“Discipleship III”** with Rev. Joleen DuBois, 10:00 a.m., Creekside Center
- Tue. 27** Class: **Agni Yoga Group**, 7–8 p.m., WMEA Center
- Wed. 28** 6:00–6:50 No Choir Practice
Class: **Avatar Study Group**, 7–8 p.m., WMEA Center

March 2006

- Wed. 1** 6:00–6:50 No Choir Practice
Class: **Avatar Study Group**, 7–8 p.m., WMEA Center
- Sat. 4** **Pre-Conference Workshop** – Creekside Center
- Sun. 5** **Pre-Conference Workshop** – Creekside Center (No Sunday Service)
- Mon. 6 thru Fri. 10** **WMEA Annual Conference Begins** (see our website for detail: www.wmea-world.org) 7:00 p.m.
- Sun. 12** **Sun Festival of Pisces Group Meditation & Lecture** – Rev. Val Drost, 10:00 a.m., Creekside Center
- Tue. 14** Class: **Agni Yoga Group**, 7–8 p.m., WMEA Center
- Wed. 15** 6:00–6:50 No Choir Practice
Class: **Avatar Study Group**, 7–8 p.m., WMEA Center
- Sun. 19** Sunday Service: Meditation, Singing, and Lecture **“Cultivation of Willpower”** with Beverly Phillips, 10:00 a.m., Creekside Center
- Tue. 21** Class: **Agni Yoga Group**, 7–8 p.m., WMEA Center
- Wed. 22** 6:00–6:50 No Choir Practice
Class: **Avatar Study Group**, 7–8 p.m., WMEA Center
- Sun. 26** Sunday Service: Meditation, Singing, and Lecture **“Goodwill & the Will-to-Good”** with Richard Woodard, 10:00 a.m., Creekside Center
- Tue. 28** Class: **Agni Yoga Group**, 7–8 p.m., WMEA Center
- Wed. 29** 6:00–6:50 No Choir Practice
Class: **Avatar Study Group**, 7–8 p.m., WMEA Center

Ask about classes for kids and teens on Sundays.

All Sunday lectures from Prescott are available by tape.

Tapes are \$7.00 plus \$3.00 for postage and handling.

Please send your order to: WMEA, 543 Eastwood Drive, Prescott, AZ 86303.

WMEA Center: 543 Eastwood Dr., Prescott – Phone: (928) 778-0638 for information.
Creekside Center: 337 N. Rush St., Prescott (Mail for WMEA will **not** be accepted at this address.)

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If you are in the following areas, you are welcome to call for information about the local White Mountain Study Group:

In Sarasota, Florida
Call (941) 925-0549

In Longmont, Colorado
Call (303) 651-1908

In Puerto Rico
Call (787) 780-6276

In Ashville, Ohio
Call (740) 983-6030

In Lebanon, Oregon
Call (541) 258-6142

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