Meditation Monthly International

Agni Yoga Talks about Beauty & Life

herefore, fill your chalices with the realization of L beauty, with the true knowledge of the wisdom of the Teaching of Life, and with the assimilation of it in your heart, and remember that the heart is a great magnet which attracts all knowledge, all possibilities, and all achievements. You should remember also that there is nothing forced in the manifestations of an Agni Yogi, as the Agni Yogi is his own laboratory. He, himself, by the force of his spirit, transforms his fires. The Teacher gives the Indications of the Teaching for broadening the consciousness, but the pupil himself must apply it. The Teacher watches over the process of igniting by covering the centers with layers of soma when the ignition threatens to become a conflagration. But without the participation of the spirit of the pupil no transmutation is possible.

Letters Of Helena Roerich I, 11 September 1929

With all my heart I agree with the Teacher's Edict about the pressing necessity to commence a new step. What does this new step mean? Not just exclamations and enthusiasm about the wisdom and beauty of the Teaching, not just assurances of devotion and a new understanding, but action according to the new comprehension of the Teaching. Thus, let us apply the Teaching in life, let us honor the Hierarchy and let us begin a friendly and sensible cooperation.

Letters Of Helena Roerich I, 17 August 1930

Humanity should realize the majestic cosmic law of equivalency, the law of the dual Origin, as the foundation of existence. The predominance of one Origin over the other has created a lack of balance and destruction, which may now be observed in all of life. But let not the woman who has realized this law, and who strives toward equilibrium, let her not lose the beauty of the feminine image; let her not lose tenderness of heart, subtlety of feelings, the self-sacrifice and the courage of patience....Woman, the bearer of sacred knowledge, can become a calling power, kindling with fiery words the

souls that are ready. It is necessary to give to every woman according to her consciousness and without impeding her natural and individual growth. It is necessary, with careful touches, to broaden the mind on the foundation of the Teaching of Life. Let every soul develop in a natural way, bringing out the best she can according to the level of her consciousness. Beauty is in variety, but all should have one general foundationthe foundation of striving toward the General Good. The broadest cooperation is inscribed on the Banner of the Mother of the World. Therefore, let us display the utmost tolerance.... Sisters of the Golden Mountain, a dangerous but beautiful time is ahead of us—a time of great achievements. I send you the call of my heart. Let us arm ourselves with flaming striving and with courage, and over all obstacles we shall carry the Banner of the Mother of the World—the Banner of Love, Self-Sacrifice and Beauty—so that in the hour of victory we shall plant it on the Summits of the World.

Letters Of Helena Roerich I, 7 October 1930





White Mountain Education Association Meditation Monthly International

VOL. XXII ISSUE NO. 5

MMI can be found on the Internet World Wide Web Address – http://www.wmea-world.org E-mail – staff@wmea-world.org

Copyright 2005
White Mountain Education Association
All rights reserved.
Any reproduction in whole or in part
without written permission is prohibited.

CONTENTS

Agni Yoga Talks about Beauty & Life
Networkers' Letter 2
Beauty and Life: A Sunday Talk
Students' Writings on Agni Yoga 5
Calendar
Cover picture <i>Corona Mundi</i> by Nicholas Roerich

Networkers' Letter

Dear Friends,

I am writing the Networkers' letter this afternoon just two hours after the full moon of Gemini. The full moon festival of Gemini brings the three major Sun festivals to a culmination point; it is the third and high point of the three major full moon festivals of Aries, Taurus and Gemini. What's next? In the remaining nine or ten full moons, humanity must try to build the divine attributes of the three major festivals into its consciousness. The next festival after Gemini is the full moon of Cancer, which will occur on Tuesday, June 21, followed by a second full moon of Cancer in July on the 21st. People often ask me if such an event is significant. The answer is "yes."

The keynote for the constellation of Cancer is, "I build a lighted house and therein dwell." We have two months this year in which to practice the spiritual disciplines associated with the qualities of this keynote, strengthening the foundation of our spiritual life as well as that of our family, group, national and global life. It reminds me of a time, back in my childhood days, of playing on the local high school volleyball team. The players on the team would each hold a particular position on the floor, anticipating the serve from the other team. Once the serve came over the net, it would normally and forcefully reach a player in the back row. That player would have to skillfully set the ball up so she could pass it on to a teammate who was closer to the net, who could then skillfully "slam" the ball into the opposing team's court and hopefully score a point. If the set-up strategy was not skillfully created, the ball would fall to the ground on our side of the net, or it would be caught in the net-either way causing us to lose a point and preventing the team from reaching its goal. In other words, we had to create a good playing foundation to score points that would ultimately help us win the game. It required readiness, planning, preparation, and strategy.

During the cycle of the first full moon of

Cancer, there will be days to plan, prepare, and make ourselves ready to take full advantage of the energies of the second full moon—the "higher octave" full moon. Whether as an individual, family, or group, we as a humanity must, during the days of the first full moon, take a look at the foundation of our spiritual life to determine if there are any flaws and, if so, make the necessary corrections to create a strong and solid foundation. A strong foundation will prepare us to successfully construct new levels of consciousness in preparation for the next full moon of Cancer and thus future responsibilities. Creating a strong and stable foundation will prepare us for greater service in the

As we prepare ourselves to receive the higher octave energies of the second full moon of Cancer, we must be ready to assimilate Hierarchical energies in such a way that we can successfully manifest a more radiant light into specific areas of the world and, over time, bring an end to violence and terrorism and extreme poverty and hunger. This must be accomplished in such a manner that will see a love for all human beings demonstrated and goodwill practiced among all nations in the world. We must create a strong foundation for humanity that will call for a better world, and it must be done in such a way that the Christ and all the Great Masters of Hierarchy will respond to our invocation and usher us into the Golden Age.

Shanti,

President

deen D Du Bain

¹ "I am the light of the world. He who follows me shall not walk in darkness, but he shall find for himself the light of life." John 8:12. "This is the light which shines in the Intuitional Plane and attracts people to build their house of light. (T. Saraydarian, Symphony of the Zodiac, p. 188. © 1980 T. Saraydarian)

Beauty and Life A Sunday Talk

by Joleen DuBois

"Very often we are trying to discover how to build the next life—how to build the evolution to come. Well, that is our duty. And you will all very soon wish to build up your own lives, and certainly you will wish to build up a happy life. What is the best medium to reach this happiness? Fortunately, after visiting more than twenty-five countries, I can tell you from my own experience—only through Beauty. We are divided in so many experiences, and yet everywhere is the same feeling of the Beautiful. I am not speaking only about art, or about some expression of art, music, drama, or song, but I am speaking about the sense of the Beautiful. It is our duty to introduce in our lives a general sense of this great [idea].

"The chief thing is to have this inner sense of the Beautiful. Not every one has a medium in art, but practically every one has thought, and very often our creation in the realm of thought is far greater than reflections.

"We have to remember that every thought is recorded in Space. So the chief thing is to create in thought—to be real cooperators in this beautiful creation of the whole universe. Because in this way of creation we will reflect the best creative powers and we will then be true cooperators and coworkers toward the Supreme."

Beauty is the path to Cosmos. If you want to create a real life, a life of accomplishment, of success and cooperative endeavor, you must attune yourself to the Self each day. For example, meditation is a wonderful tuning process. You first relax your physical, emotional and mental vehicles as a unit, then tune the personality to the note of the human soul. Once this has been accomplished, you can bring in a higher octave note, which is the note of the Solar Angel. And if you are able, the next step is to attune your consciousness to the note of the Self, creating a perfect spiritual chord, a chord of consonance.

You start by putting your Divine Spark,

the human soul, in tune with the note of your Personality—determined by your sun sign. The next step is to put your Personality instrument in tune with the note of your Soul. Your Soul note is determined by your rising sign.² This note is a note that reflects the beauty of your human soul. If you are attuned to that note, then all that you do, all that you create, will be a reflection of that note of beauty. If you are out of tune with the note of your Soul, all that you do will be in dissonance with your life purpose. If your Personality is in perfect attunement to the Soul, you will radiate that beauty to others in your walk, in your speech, in your creative and day-to-day activities. If your personality vehicles (physical, emotional and lower mental bodies) are in dissonance with the note of your Soul, your walk, speech and day-to-day activities will be the expression of chaos and confusion, of disharmony.

If your consciousness is tuned to the note of your Solar Angel, you will radiate the beauty of that note and its color for a mile in all directions. If you are an artist, if you are an educator, a politician, a musician, a scientist, all that you create will be charged with the radiance, the beauty, the color and sound of the beauty of your Solar Angel. Let's say, for example that your Sun sign is in Aquarius, the note of your Personality in this life will be A#. If your rising sign is Aquarius, the note of your Soul will be the same. If your Sun sign or rising sign is in Leo, the note of your Personality or Soul is E. ³

If you are a mother or a father and you are writing a letter to your son or daughter in college, before you write that letter to him, sound your Soul note; let it permeate your entire being. Make the note of your Soul charge every atom in your being by sounding the OM to the pitch of your Soul note, sounding the "O" to the count of eight and the "M" to the count of eight. Then pick up your pencil and write your letter. When your



Madonna Oriflamma by Nicholas Roerich

child receives your letter, he will be so inspired, and if he is in need of healing, he will be charged with healing energy. This is Beauty. This is Life. Today most of us use the computer to write our letters, but handwriting a letter is much better, for you can charge it with your energy, with the beauty and radiance of your Soul; it will be a source of energy for the recipient, especially if you follow this little exercise.

As your consciousness advances, so does your Beauty, until one day you begin to sing the note of your true Self. As your Beauty increases, your life becomes more vital and purposeful.

As another exercise, you can listen to music that has the keynote of your Personality or your Soul. Soon you will become charged with the music of Cosmos; you will find yourself giving lectures and writing articles in the keynote of your Soul.

When we read the poetry of great Masters, for example, of Rabindranath Tagore, we can hear the Beauty of God resonating in his writings and his poetry:

"Beauty is in the ideal of perfect harmony which is in the universal being....

"Beauty is truth's smile when she beholds her own face in a perfect mirror."

"Gross utility kills beauty. We now have all over the world huge production of things, huge organizations, huge administrations of empire—all obstructing the path of life. Civilization is waiting for a great consummation, for an expression of its soul in beauty. This must be your contribution to the world."

"When he has the power to see things detached from self-interest and from the insistent claims of the lust of the senses, then alone can he have the true vision of the beauty that is everywhere. Then only can he see that what is unpleasant to us is not necessarily unbeautiful, but has its beauty in truth."

"I believe that there is an ideal hovering over the earth, an ideal of that Paradise which is not the mere outcome of imagination, but the ultimate reality towards which all things are moving. I believe that this vision of Paradise is to be seen in the sunlight, and the green of the earth, in the flowing streams, in the beauty of springtime and the repose of a winter morning. Everywhere in this earth the spirit of Paradise is awake and sending forth its voice."

In Tagore's writings you are inspired by the essence of his true Self. In that inspiration your divine Spark becomes charged with the energy of Tagore's song, for it, too, wants to sing the song of Self, the beauty of the Infinite.

Holy Ones tell us that God sings, and all comes into existence as manifestations of His Song. This is Beauty.... Beauty is the outward form of God's Purpose.

As our human soul adapts itself to the Beauty of God, it becomes a form of Beauty. The form then recreates itself in all the tapestry of all your creative endeavors.

Beauty expands our consciousness and causes us to move up the ladder of evolution—Jacob's ladder. As we establish communication with the source of Beauty, the beauty of our soul is released. Beauty enables us to contact the Self within, which is the embodiment of the principle of Beauty.

In *The Flame of Beauty, Culture, Love, Joy,* it reads that "Beauty is touched on a gra-

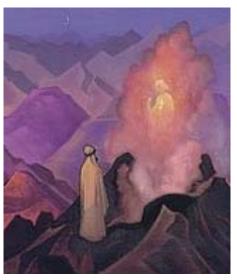
dient scale. We may say that on the first level, the expression of beauty is a melody; on the second level it is a duet; on the third level it is a chorus; on the fourth level it is a Symphony. On the fifth, sixth, and seventh levels beauty enters into the domain of Eternity."

We know that Beauty contains a tremendous charge of energy. When we are charged with a ray of Beauty, we are being energized by the Sun. It is an energy by which all creative people are charged. It is a Beauty that can heal all those who come in contact with it, with the Creator's creative labor, for it releases the Real Self in those who are ignited by the radiation of that energy.

"After a person becomes a beauty unveiled, that one has overcome death. The matter side of life no longer has control over him. He passes from the inside to the outside to shed his rays of beauty, and to be a path which leads him toward achievement. On this path the one keeps his continuity of consciousness and whether he is in incarnation or is in the formless world, he stands as an ocean of beauty.

"Striving toward beauty leads us to the future." Each of us is a Ray from the Fiery Source of all beauty. We are now trying to go back Home to that Source through the path of beauty.

"From former days, perhaps the fifteenth century in Russia, there has come down to us a legend in which Christ is proclaimed as the highest guardian of beauty. According to this legend, when Christ was ascending to heaven, some troubadours approached him and asked, 'Lord Christ, to whom are you leaving us? How can we exist without you?' And Christ answered, 'My children, I shall give you the golden mountains and silver rivers and beautiful gardens and you shall be nourished and happy.' But then St. John approached Christ and said, 'O Lord, give them not golden mountains and silver rivers. They do not know how to guard them, and someone rich and powerful will attack them and take away the golden mountains. Give



From Mohammed the Prophet

them only your name and your beautiful songs, and give the command that all those who appreciate the songs and who care for and guard the singers shall have the open gates to Paradise.' And Christ replied, 'Yes, I shall give them, not golden mountains, but my songs; and all who appreciate them shall find the open gates to Paradise.''8

"Herein," writes Nicholas Roerich "You have the essential and vital combination of religion and beauty, and you see that the highest symbol of religion becomes the highest guardian of beauty."

- 1 Nicholas Roerich, *Realm of Light*, pp. 27–28. © 1931 Roerich Museum Press
- 2 Pythagoras (Pythagoras of Samos, 5–6 century B.C.) is credited with having discovered a correlation between the ratio of musical intervals and the ratios of celestial bodies. His followers saw these ratios as governing forces in the Cosmos. In Plato's *Timeaus* (400 B.C.), a relationship between the motion of the spheres and music is mentioned. Plato grades them according to the tones on the musical scale.
- 3 Aries: C, Taurus: C#, Gemini: D, Cancer: D#, Virgo: F, Libra F#, Scorpio: G, Sagittarius: G#, Capricorn: A, Pisces: B.
- 4 The great seventeenth-century mathematician Leibnitz wrote: "[T]he soul feels the effect of beauty, that is, consonance produces a pleasant sensation, dissonance an unpleasant one, as the natural consequence."
- 5 All excerpts are from the (collected) writings of Rabindranath Tagore.
- 6 Torkom Saraydarian, *The Flame of Beauty, Culture, Love, Joy.* p. 5. © 1980 Torkom Saraydarian
- 7 Ibid., p. 6.
- 8 Nicholas Roerich, Adamant, p. 81. © 1923 Corona Mundi

Students' Writings on Verses from Agni Yoga

gni Yoga is a way to enlightenment. Following the ideas and suggestions in the Teaching called Agni Yoga can accelerate the process of the evolution of one's consciousness. But there are risks involved. This process increases the fires of Spirit contained in our physical body, and if one does not carefully follow the rules, this can cause difficulties and physical complications. One should not step on the path of Agni Yoga unless one is committed to the process and chooses to change his life to reflect what he has learned.

The study of Agni Yoga contains the study of the energies. The combining of the physical plane of energies with the invisible saturation of space will be the true direction of study. The world of chemistry will prove the ideas of energy in the future, but for now we study the information so that we can become informed and sensitive to the True workings of nature, how we affect it, and how it affects us.

One of the first things we learn is that free will is never violated, which tells us that it is up to each individual to be responsible for the results of their own study.



Affirm Our Teaching as your own abode, as your own construction. Let the breath of renewal fill your entire being. The significance of Community is expressed in united thought about the development of the world. The distribution of basic material benefits will result from an understanding of the highest truth. Unimportant are thoughts concerning the lowest material benefits. One should reject thoughts about quantity and strive only for quality. Of the benefit of quality, and of the harm of doubt, one must speak untiringly. (Agni Yoga, para. 29)

The Teaching contains the knowledge of

all the construction materials we need to build our physical, emotional, mental, and higher bodies, and make of ourselves a "lighted house." To build this abode is to "dwell in the house of the Lord forever." To build our house, we must construct it where we live—in whatever environment, in whatever circumstances.

When our heart and mind are working in unity, we can transform our nature; we can receive psychic energy, which renews our whole being. But this is a choice we must make daily. With wrong actions, wrong thoughts and negative emotions, we cut ourselves off from the source of energy or we misdirect the energy, both of which create unhealthy bodies. At the moment that we can truly express the Teachings, this is the moment we become real.

We renew ourselves when we walk in nature, when we meditate, when we study the Teaching, when we engage in service, when we live the virtues—then we are renewed by psychic energy, the energy of spirit.

What makes the work of the Community vital is concentrated focus on that which will make the world a sane, healthy place in which to live. The focus is on the manifestation of the Plan, which stands for the improvement of the life and the development of righteousness in all seven fields of human endeavor. One whose consciousness is expanded comes to focus in on serving for the betterment of the world. Groups who serve this Idea, through group labor, group service and group meditation bring themselves into consonance with the united thought.

The highest Truth is "All is One," and this Truth means all must be responsible for all, that all belongs to all, and from this, all is given to all. But this Truth does not become real to a person until he or she expands his consciousness enough to come into contact with this Truth. Through this

Truth will come the meeting of basic material needs for all the world's peoples.

Every Great One, each great person, gives us the Teaching, and every line of the Teaching they give is a key that opens the door to Oneness. So it is very simple and very challenging. But attaining understanding only comes with sincere action.

So much of humanity continues to misplace their energies, focusing on the material in lieu of the spiritual. For example, a person will say, "I think I'll purchase this property so that ten years from now, it will be worth a bundle." We can play the material game, but it is important to realize the place that it takes in the whole scheme of things. What would this world be like if each person, before making a decision, would ask, "What has this to do with the Plan, with the evolution of humanity?"

There was a time when people produced items of quality; then came the industrial revolution, when speed and mass production and profit-making created quantity over quality. Even though the spirit in man seeks perfection and beauty, society tries to kill out the urge, to bury it, causing the heart petals to droop; and thus people wonder why they are unhappy. "Reject thoughts about quantity." But isn't this life in America, where we are taught to say, "Can I have more? Make more? Spend more?" And enough is never ever enough. So people accumulate. But what is worse than accumulation of things is accumulations of lifetimes of negative thoughts and negative emotions and habitual ways of acting, until our "house" is filled with drawerfuls of junk. A quality life is a life filled with integrity, beauty, balance, psychic energy, and lasting power. And it all begins with engaging in quality thoughts, thoughts in which the heart inspires—for the mind can betray, but the heart will not. What makes quality golden is the principles that stand behind it. To live a life of quality takes co-measurement

and discrimination. Haphazardness, wrong motives, careless living all betray the Self.

Quality and quantity can be seen in terms of value versus valueless, mindful versus mindlessness, one insightful comment versus twenty empty praisings, one Teacher versus ten teachers, one book of the Teaching versus a library of distorted writings. Quantity feeds the personality, quality feeds the soul; quality is refined, quantity is coarse.

Doubt is like going through life blindfolded. There is no future in it—only a very shaky present. In doubt, one finds a weak foundation, fear, a lack of self-confidence, a lack of trust, and depression. The two worst doubts are self-doubt and doubt in the Truth.



If a very simple man should ask you the purpose of the Teaching, say, "That you may live happily." He should not be overwhelmed by too complicated considerations. Let his entire being be filled with the realization that the whole Teaching is concerned with improving his life. The understanding of responsibility will come later. First—proclaim the joy and betterment of life. (Agni Yoga, para. 65)

"When I was a child, I used to speak as a child, think as a child, reason as a child; when I became a man, I did away with childish things." (1 Corinthians 13:11) A child is given toys to stimulate the child's ability to learn. They are tools that can serve to build the child's future. The neophyte approaches the Teaching, and like a "kid in a candy store," much accumulation of knowledge and periods of discovery take place. It's as if a person must be allowed to engage in play until he or she shows that he or she is ready to put down the toys and pick up the sword.

A Teacher must begin at the beginning of wherever a person is and then enable that person to take baby steps on the path of his or her spiritual unfoldment. This is because a person cannot be a fearless spiritual warrior fighting dark forces until they have reached a high level of purification.

A person is "filled with the realization that the whole Teaching is concerned with improving his life" first as he studies the Teaching, and then as he utilizes the tools of the Teaching and begins to see the separation between what is and what can be, between personality limitation and soul expression.

The responsibility of discipleship comes to those who are learning to free themselves from the past, who can maintain a charge of psychic energy, and have established a line of communication with the Higher Worlds. Then as a Torchbearer, the Light must be given out, the service performed, the sacrifice made. What one receives, one must give in kind to be a conduit, to work for the Plan, to help others, to serve the Common Good.

Through expressing the virtues, we find joy. Through exposure to the Teaching and the Teacher, and through the application of the Teaching, we experience joy. Joy is psychic energy.

Humanity lives in a prison run by the elements within its nature. Humanity is in hell because of how people treat one another, and from this comes all the pollution of this world. Thus Hierarchy sends the Teaching, age after age, to all corners of the world to show us a way out of our prison.



If we desire to introduce Agni Yoga into life, its manifestations must be garbed in the most customary signs. Ask the disciple if he wishes to receive the support of the Teacher. Does he wish to receive spiritual and material help? Certainly he would wish this. Then let us enter the path of trial. Useful are the sudden tests of cold and hunger; useful the sudden tests of unbelief, of treason, of falsehood, and superstition. (Agni Yoga, para. 176)

Why would the disciple wish to receive the support of the Teacher? The support of the Teacher is a test in itself. The Teacher challenges him/her at the personality level. At this level of discipleship there is only a hint of something beyond the personality, and the denial or challenge of the supremacy of the personality is quite threatening. Without the security of the personality the soul must force itself to become something, to take control, and to reveal itself.

But the disciple needs the Teacher to help define the personality. The personality has been in control for so long that it has become invisible. So the Teacher begins the tests. The student's reactions or lack of reactions to the tests reveal the extent of the control of the personality and the willingness of the student to release the personality. As long as the personality maintains its control, the student won't see beyond the personality. The possibilities will be described and the student will hear the words, but will not be able to live the Reality until the personality is conquered. It is as if the disciple is living behind a thick plastic shell. He knows that there is a wonderful world beyond, but until he can break out of his comfortable shell, it is just a possibility.

I have always been intrigued by the Jim Carey movie *Truman*. The character of Truman lived his whole life in a secure environment. His life was full and his needs were met. But he wasn't happy. He knew there was more and he went after it. He broke out of his personality shell and was ready to face the consequences.

A disciple is one who has become unhappy with his or her life. He knows there is more and he wants to break free of his lower nature, his threefold personality, and face the consequences—the payment of his karmic debts.

This is where the Teacher's help is needed and sought. This is where the tests begin. As the disciple begins to introduce Agni Yoga into his life, he begins to live beyond the personality; he begins to live as a true, real individual, as a spiritual soul. The Teacher tests the hold of the personality, and the disciple breaks the shell, hoping to move into Reality.



June / July 2005 CALENDAR OF EVENTS

The Florida (Sarasota)
WMEA Study Group meets
at 9:30 a.m., on alternate
Wednesday mornings in
Sarasota.Please call Ginette
Parisi at (941) 925-0549
for complete information.

The Ohio (Ashville) WMEA Study Group meets twice a month for meditation gatherings. For upcoming meeting dates and times, please call Kate Studebaker at (740) 983-6030. The Puerto Rico WMEA Group – Please call Saskia Frau at (787) 780-6276 or (939) 389-1149 for complete information. The Oregon (Lebanon)
WMEA Study Group meets
each month for a meditation gathering. Please call
Vickie Stevens at (541)
258-6142 for complete
information.

The Colorado (Longmont) WMEA Study Group meets each month for New & Full Moon meditation gatherings. Please call Doreen Trees at (303) 651-1908 for complete information.

June 2005

Wed. 1	Class: <i>A Study of the Other Worlds</i> , 7–8 p.m., WMEA Center		
Sun. 5	Sunday Service: Meditation, Singing, and Lecture "Manifestations of the Ageless Wisdom" with Shary Singer, 10:00 a.m., Creekside Center		
	Noon, Men's WMEA Study Group - Prescott Pantry		
Tue. 7	Class: Agni Yoga Group, 7-8 p.m., WMEA Center		
Wed. 8	Class: A Study of the Other Worlds, 7–8 p.m., WMEA Center		
Sun. 12	Sunday Service: Meditation, Singing, and Lecture "The Symphony of the Ageless Wisdom" with Kathryn Agrell, 10:00 a.m., Creekside Center		
Tue. 14	Class: Agni Yoga Group, 7-8 p.m., WMEA Center		
Wed. 15	Class: A Study of the Other Worlds, 7–8 p.m., WMEA Center		
Sun. 19	Sunday Service: Meditation, Singing, and Lecture "Ageless Wisdom & Religion" with Lewis Agrell, 10:00 a.m., Creekside Center		
Tue. 21	Sun Festival of Cancer Group Meditation & Discussion on World Affairs, will include information about the world's esoteric communities, facilitator – Rev. Valarie Drost, 10:00 a.m., Creekside Center		
Wed. 22	Class: A Study of the Other Worlds, 7–8 p.m., WMEA Center		
Sun. 26	Sunday Service: Meditation, Singing, and Lecture "Fanatiscism and Faithfulness" with Rev. Joleen DuBois, 10:00 a.m., Creekside Center		
Tue. 28	Class: Agni Yoga Group, 7-8 p.m., WMEA Center		
Wed. 29	Class: <i>A Study of the Other Worlds</i> , 7–8 p.m., WMEA Center		

July 2005

Sun. 3	Sunday Service: Meditation, Singing, and Lecture "Joy in the Teaching" with Richard Woodard, 10:00 a.m., Creekside Center	
	Noon, Men's WMEA Study Group - Prescott Pantry	
Tue. 5	Class: Agni Yoga Group, 7-8 p.m., WMEA Center	
Wed. 6	Class: A Study of the Other Worlds, 7–8 p.m., WMEA Center	
Sun. 10	Sunday Service: Meditation, Singing, and Lecture "Slandering the Teachings" with Carol Woodard, 10:00 a.m., Creekside Center	
Tue. 12	Class: Agni Yoga Group, 7-8 p.m., WMEA Center	
Wed. 13	Class: A Study of the Other Worlds, 7–8 p.m., WMEA Center	
Sun. 17	Sun Festival of Cancer Group Meditation & Discussion on World Affairs, will include information about the world's esoteric communities, facilitator – Rev. Joleen DuBois, 10:00 a.m., Creekside Center	
Tue. 19	Class: Agni Yoga Group, 7-8 p.m., WMEA Center	
Wed. 20	Class: A Study of the Other Worlds, 7–8 p.m., WMEA Center	
Sun. 24	Sunday Service: Meditation, Singing, and Lecture "Working on Yourself" with Rev. Joleen DuBois, 10:00 a.m., Creekside Center	
Tue. 26	Class: Agni Yoga Group, 7-8 p.m., WMEA Center	
Wed. 27	Class: A Study of the Other Worlds, 7–8 p.m., WMEA Center	
Sun. 31	Sunday Service: Meditation, Singing, and Lecture "Fiery Path	

& the Teachings" with Gay Hendin, 10:00 a.m., Creekside

Ask about classes for kids and teens on Sundays.

Center

All Sunday lectures from Prescott are available by tape.

Tapes are \$7.00 plus \$3.00 for postage and handling.

Please send your order to: WMEA, 543 Eastwood Drive, Prescott, AZ 86303.

WMEA Center: 543 Eastwood Dr., Prescott – Phone: (928) 778-0638 for information. Creekside Center: 337 N. Rush St., Prescott (Mail for WMEA will **not** be accepted at this address.)

New Subscription/ Annual subscription donation: \$15 Subscription renewal (Effective each December) Donation (other) \$	Complete form and mail to: White Mountain Education Association P.O. Box 11975 Prescott, AZ 86304 Change of Address
AddressCity/State/Zip	

PLEASE CLIP AND MAIL

The White Mountain Education Association is a tax-exempt, non-profit organization.

Contributions to help support the publishing and printing of

Meditation Monthly International are tax exempt.

White Mountain Education Association is now publishing

Meditation Monthly International on the Internet.

Look for it on the World Wide Web http://www.wmea-world.org

If you are in the following areas, you are welcome to call for information about the local White Mountain Study Group:

In Sarasota, Florida In Longmont, Colorado In Puerto Rico In Ashville, Ohio In Lebanon, Oregon Call (941) 925-0549 Call (303) 651-1908 Call (787) 780-6276 Call (740) 983-6030 Call (541) 258-6142

White Mountain Education Association P.O. Box 11975
Prescott, Arizona 86304