# Meditation Monthly International

### The Writings of Helena Roerich "The Discipleship of Agni Yoga"

#### Letters Of Helena Roerich I

### 1929-1935

17 August 1930. The Teaching points out vices, namely, ambition, self-conceit and selfishness, suspiciousness and light-mindedness, which should not be allowed to grow up among the co-workers if they wish to build the foundation of a new step. Let us become firmly aware in our hearts that the Teacher disapproves of the tendency toward bossiness. As I have already written once before-domineeringness and true leadership are antipodes. While the former is the offspring of darkness, the latter is of the light of knowledge in the eternal striving toward perfection. First of all, bossiness is vulgar; that is why it is so easy to fall into this attitude. "Domineeringness is the main obstacle in the path of discipleship." Self-conceit and bossiness are inseparable and lead to spiritual impoverishment and destruction.

*3 June 1931.* It is also useful to note our worst habits and immediately start to eradicate them. Every day the disciples should enter into their diaries what has been done in this respect. Let them first struggle with one habit, as it is not so simple to alter oneself. It is very useful to watch the quality of thought and not allow any malicious, petty, and, in general, mean-spirited thoughts. The purifying of consciousness is the first step. After that, we advise the discipline of thought: to learn how to think in one direction, without being distracted even for a moment. It is wonderful if one can concentrate on the Image of the Teacher.

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*3 June 1931.* "Hence, one must chiefly develop vigilance in oneself and watch untiringly the creativeness

surrounding the Sacred Hierarchy. Only when disciples will attain this quality may one hope that the predestined success will come. Therefore, one should manifest an extreme conscientiousness and vigilance toward all that occurs around the Focus. Each unnoticed mistake will yield its own blossom."

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21 January 1931. Can the disciple create, can he be successful, if he fails to work harmoniously in fulfilling the Covenants of the Teaching? No, a thousand times no! Let everyone think and recollect how many indications were not absorbed, how many were fulfilled only partially, and how many precious advices and hints were not applied at all. Let us manifest honesty, as there is no

continued on page 6



# Networkers' Letter

by Joleen D. Du Bois

### Dear Friends,

Once a person realizes, without any doubt, the purpose of his or her existence, the highest discipline of his or her life begins. It was first in 1975 and then again in the year 2000 that our spiritual teachers encouraged us to prepare for these two important pinnacle years, to make ourselves ready; and if we did so, a broadening of consciousness would take place. Since that time many students of the Ageless Wisdom have discovered that with the broadening of their consciousness, their field of service expanded; and with that expansion their burdens of responsibility also increased.

How have they been able to handle the pressure and tension of experiencing a broadening of consciousness? Discipline, first, by applying the Teaching to themselves. In applying the Teaching they are developing wings of love and trust in the Leading Hand, the wings of joy in the Great Service, for as the Great One said, "Every application of the words of the Teaching to life will relieve our burden immensely."

But now we are facing a new century and certain vital cycles toward the end of this first decade. Are we ready? How do we make ourselves ready? By applying the disciplines of the Teaching to ourselves. Helena Roerich wrote "[L]et us transmute all our energies. We should start from the most stubborn energy, which is egoism (that furious dragon of selfishness with its long tail); selfconceit; love of power; self-love; touchiness; irritability; fear; doubt and other similar decorations. And we should replace them with the wings of affirmed unity; complete solidarity with all the co-workers; acknowledgment of Hierarchy; joyous strengthening of the given tasks; tolerance and gratitude for the right directions. We should conclude with trust to the very end. All this transmutation is so simplified when hearts burn with devotion and love to the One who calls to construction and who points out the way to the Tower."1

She also wrote: "Among the manifestations which are particularly harmful for ascent may be noted *halfway service*. It is impossible to advance without casting away this dreadful halfwayness. It must be remembered that, having once chosen the Teacher, the disciple must always act with an understanding of all the harmful effects of halfwayness. Not only is an obvious betrayal dangerous ... but these pernicious burrowings of halfwayness are so harmful.<sup>2</sup>

I challenge each of you and myself for the coming year, 2005, to live a more goal-fitting life as a means to prepare for the upcoming cycle, a cycle that will take us through to the end of this decade— 2010. I challenge you to select a few of the disciplines outlined in the Teachings, and to place them into your physical, emotional, mental and spiritual lives; and then to observe the expansive, creative and harmonious changes that gradually begin to take place in the life of your service: service to your family, your group, your country and around the world.

On behalf of the staff of the White Mountain Education Association, I extend my heartfelt gratitude to each of you for the voluntary help you extended to meet the many needs of the group this past year. May the Great Ones bless your sacrifices and striving along the way, as together we continue to labor for humanity and the Hierarchy of Light in the coming years. Our voluntary labor is the result of, as Helena Roerich wrote above, our hearts that "burn with devotion and love to the One who calls to construction and who points out the way to the Tower."

Shanti,

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<sup>1</sup> Letters Of Helena Roerich I, 15 January 1930. <sup>2</sup> Ibid., 26 April 1934.



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# Service on the Path of Discipleship

### Why is respectfulness necessary for service?

One must think of service as an act of compassion toward humankind and the greatest compassion is to see the Inner Divinity of man. It is from this realization that respect toward your fellow man is born. By your respect, you show a man that he is worthy of your love and your care, and that you are concerned with his happiness. If you see that something is affecting someone that you love, you will search for means and ways to help him overcome that need. Respectfulness is the beginning of love, and love is the Purpose of our Solar Logos. That is why love is behind all service, for Service manifests the Principle of Love.

#### How do straightforwardness, clarity and purity relate to service?

It is said in the Teaching that the Cosmic Heart reflects itself upon the human heart. Straightforwardness comes from a pure heart that is in touch with the Cosmic Heart. Service will then reflect the Higher Worlds that flow through the heart in a direct or straightforward way. When a disciple is able to contact such heights and is able to translate into a form or a vision what he or she sees, the clarity with which he or she makes contact will depend upon the purity of his or her heart.

The Teaching says that Service is the radiation from the Core upon all that exists.

When we serve, whom do we serve? We serve the Christ. So we must be sure that when we serve Him, our actions are straightforward, from the Core to the heart and from the heart to the Common Good.

### How are Beauty, Truth and Solemnity related to service?

In the Teaching of Agni Yoga, M. M. states the "Mother is Beauty and the World is sacrifice"(service). The Mother brings us not only Beauty but also Truth and Solemnity. To walk in beauty is the highest achievement. It is the equilibrium of the Origins, and it comes about by the conflict created between our lower nature when it is imbued by the energy of the Higher Planes. Creativity or Beauty comes about when we want to put into form a Higher Truth that we have envisioned in a moment of communion. Service is achieved when the soul is able to translate the vision into a form, as for example, poetry, music, sculpture, painting or a new scientific discovery that will help the Common Good. As beauty exalts the heart, it is able to aspire to the Higher Worlds. Aspiration is the answer of the heart to the call from Shambhala to return Home. When one is able to contact Hierarchy or Shambhala, Truth dawns on the mental vehicles in a form of a vision, and this vision liberates us from our illusions and glamors. Solemnity comes about when we are able to walk in the Presence of the Lord in our hearts. Thus, Beauty, Truth and Solemnity are related to service.

### How is walking in the presence of God related to service?

God is Beauty, Goodness, Righteousness, Joy and Freedom. To walk in His Presence means that we are imbued with these principles and irradiate them to the world, causing ugliness to be transformed into Beauty, evil into Goodness, injustice into Righteousness, depression into Joy, and slavery into Freedom. This is service.

#### Why is spreading Joy a service?

It is said in the Agni Yoga Teachings "Joy is a special wisdom." When you spread Joy you literally uplift the currents of gloom that depress the human soul. The spirit of Joy is an energy that disintegrates with its very Light all that is dark. Joy uplifts the human soul into the Kingdom of God. When you spread Joy to others that have lost theirs, their hearts begin to beat again with renewed force, and they begin to aspire and to conquer the inertia of their vehicles.



The Messenger by Nicholas Roerich

What is the essence of Joy? Joy is essentially Love. When the human heart contacts the Fiery Worlds, it comes in contact with the Cosmic Heart, and this communion creates a state of bliss that manifests itself as Joy and happiness. Joy means to be filled by the Divinity to such an extent that nothing is missing. In that moment the sense of being separate disappears, and for a moment you are able to feel a Unity with All. Joy is knowing that you are not alone, and that no matter what you have done in the past, you are always forgiven. When Joy is present in your life, there is also the presence of Beauty and Love, like inseparable Sisters. This is why to spread Joy is a service, for it brings beauty and love to the life that it touches.

# Why must a disciple face himself or herself in order to serve?

Looking at oneself is like taking inventory of what we have or do not have. By this observation we realize that in order to serve the Common Good, we must first transform ourselves. This means to change all those elements that are dark in us. When we transform ourselves, we serve the world because we also transform the world. To serve means to irradiate out from the core all that we are. If we do not face ourselves to see our level of being, then we will be as a one-eyed person leading the blind. We must see to discipline our lower selves and bring them to the Higher in order to irradiate more light.

# Explain how the concept of one humanity relates to service.

You will remember that the purpose of this Universe is Love. Love attracts everything to Itself. Behind the energy of Love we find the unity of all things. The unity of humanity is part of the Plan of Hierarchy for our planet Earth, and the vision of one humanity fulfills the Plan to carry all to Love. Thus the vision of one humanity serves both the Purpose of the Solar Logos and the Plan of the Hierarchy to fulfill His Purpose. Opening the minds of men and women to this vision liberates them to seek new ways to live in peace and to cooperate with each other.

It seems, also, that all the wars spring out from the illusion of separateness. When people see themselves as better or more than others, they think that they can enslave, kill and take advantage of those who are not their equal. On the other hand, when you think about the concept of one humanity, your actions toward others are compassionate, for you tend to think of them as your brothers or sisters, and you serve them as much as you can, taking upon yourself their pain. Thus the vision of one humanity is related to service.

# Why do servers try to create the urge toward perfection in others?

The disciple knows that we walk toward perfection and this means to have more light, health, happiness and a more abundant life. We are one humanity, and as such, we either make it together or this planetary school will be destroyed by our foolishness.

When we strive to create the urge of perfection in ourselves and in others, we help Hierarchy advance the Plan for Earth. And as more people light their flames, the reappearance of the Christ will become a reality, and the establishment of the Kingdom of God on Earth will become a possibility.

When we work on our perfectionism, we prepare ourselves for a New World. This New



The White Lady by Nicholas Roerich

World will require that we conform to the Principles that rule Cosmos. Beauty, Goodness, Righteousness, Joy and Freedom will become active from the cellular level to the highest level of being that we have achieved. This will qualify us to be part of the New Cycle that is about to begin. The urge toward perfection in us and in others means that we will make all possible efforts to transform others and ourselves into new men and women to fit this New World. This is why it is so important to urge others to work for their perfectionment.

# How do obstacles open the field of sacrificial service?

Obstacles are limitations that we find in our path when we have a goal or a vision. On a deeper level we could say that limitations or obstacles are the chaos, or darkness, at the atomic level. When we start to work with our own internal limitations, we realize that on a grander scale they are also the limitations of humankind. As we learn to become victorious over our limitations, or obstacles, we learn to accept more responsibility, and this means to deal with the obstacles of a group, a nation or the world.

As the disciple embarks on a journey to return Home, he encounters all sorts of obstacles that prevent him from achieving his goal. These obstacles are violations to the Principles, such as Beauty, Goodness, Righteousness, Joy and Freedom, that rule Cosmos. Our sacrificial service is to remove those obstacles in the environment that affect the Common Good. Sometimes it takes a lifetime or several lifetimes to remove one of these obstacles. This is sacrificial service.

### *Explain the function of optimism in service.*

Optimism is a powerful energy that tells us that in spite of all possible obstacles that we may encounter in our way, everything will be all right. Optimism injects the heart and prevents us from falling into faintheartedness and depression. Optimism is the opposite of doubt and also the cure for it. Optimism lets us stay firm on the chosen Path. It is a beacon in the dark night of the soul. Optimism is the light of the Higher Worlds shining on our hearts, healing all treason and failings. Optimism is the Voice of the Mother of the World telling us: "Come my children, let us play the game of creation." Optimism springs from Joy.

Optimism comes from trust in the Leading Hand, the Christ and the Hierarchy of Light. Optimism is to see the New World and the New Race. Optimism brings calmness to our hearts and prevents us from fearing the future. This is a great service. It helps us to keep the Flame bright when we are conquering darkness.

by Saskia Frau

### Agni Yoga Complilation on Service

In cosmic constructions service requires a change of consciousness. There may be mistakes. One may be absolved in the greatest mistake provided that the source is pure; but the measuring of this purity is possible only for an enlightened consciousness. Joy in Service can be experienced through an expanded consciousness. It must be remembered that each three-year period represents a step of consciousness; in the same way each seven-year period represents a renewal of the centers. Learn to understand that the dates of the consciousness are not repeatable and therefore are not to be allowed to escape. It is proper to ask a man who is thinking about entering upon the path of Great Service what he intends to give up. Does he expect only to secure the realization of his most sweet dreams? Or is it agreeable to him for a grain of faith to acquire earthly riches and to occupy a position foreign to his consciousness?

### New Era Community, para. 79

The aspects of self-sacrifice are so varied in human understanding that only the highest measurement must be used in everything. He who in self-sacrifice dedicates himself to Service is confirmed as the coworker of Light. He who serves Cosmic Fire sacrifices himself. He who serves evolution is affirmed as a bearer of the law. He who serves, he who is devoted to the General Good, is confirmed as a co-worker of Cosmos....

#### Infinity II, para. 14

Certainly the path of Service can bring one to higher knowledge. Only ignorance could bring the planet to its present condition. Humanity has lost the understanding of the beauty of aspiration, and construction has been established upon the stupidity of isolationism. For this reason, unity of Service has been revealed as salvation for humanity. The entire power of constructiveness is based on Hierarchy. Thus the mighty thread unites the entire Cosmos. Verily, only in full realization of Great Service can the beauty of Spirit and the Might of Hierarchy be understood. Space summons to the fulfillment of the great Law. Yes, yes, yes! Thus the steps of true evolution are built.

### Hierarchy, para. 174

When the spirit understands that Service to Cosmos means bringing into life the higher principles, it strains its best levers. An aimless existence is the result of the slumber of all the higher centers. When the thought of a great spirit awakens the consciousness toward a higher understanding of Service, it can be affirmed that cosmic striving is being conferred upon humanity. Therefore, it is most important that the thought of Service should permeate humanity. The carriers of the higher thoughts of evolution affirm Our Will. Thus is being established the higher cosmic cooperation. Thus, We carry the Cosmic Service together.

Infinity II, para. 381

Those in Our Service who have realized the power of sacrifice know the beauty of achievement. Therefore, they will achieve who have realized the Service in their hearts. Thus, Service, in the name of a powerful achievement, bestows beauty upon existence. All karmic effects are forged from the blendings of spirit strivings, and all strivings are inscribed in the Book of Life. Thus, lives are being built and the beauty of Be-ness is defined.

#### Infinity II, para. 502

Therefore, only a full understanding of Great Service can give disciples the aspiration to the Hierarchy. When the creativeness of the spirit can encompass Great Service, then all paths to Us are open. Therefore, striving to fulfill the Indications can be affirmed as an impulse leading to the highest Gates. Thus, let all the pearls of the Guru and the Tara be guarded. Thus one can fulfill all given possibilities. The time is pregnant and tense! Therefore, let the disciples strive to keep step with the rhythm of events; and consciousness should be strained in unison with all that occurs. Only thus does one conquer.

#### Hierarchy, para. 175

When a spirit strives to inscribe a better page in the Book of Life his acceptance of the service for the Common Good opens to him all gates. Hence, when the thought of the flaming Agni Yogi imbues the space, then verily the spirit creates with Cosmos. Thus is the higher concordance established. Therefore, in this battle Our enemies fear greatly the higher concordance, but Our victory will be the more powerful.

#### Infinity II, para. 505

Some people pour a daily gruel over the Image of the Teacher and imagine themselves to be in the Great Service. The Teaching and Service presuppose first of all the expansion of consciousness on the basis of adherence to the Teaching and reverence for the Teacher. In studying Infinity one should first of all realize the limitlessness of love and devotion. It is not wise to say that love has overflowed and devotion has withered, because the consequence will be the disintegration of one's self. One should understand the limitlessness of love and devotion as the first steps toward Service and Yoga. One should set oneself this task, at least as a means of one's own progress. One should advance only in the direction of the Teacher. Then, only, does relief come. But making a daily onion gruel out of the Teacher will not lead to success. Sacredly, limitlessly, let us sustain our love and reverence for the Teacher, as a healing means of regeneration.

#### Hierarchy, para. 59

Learn not to count days and not to notice years, because there is no difference when you are in the great expanse of Service. One should learn to feel oneself beyond trivial usualness and to adhere in spirit to the manifested world of Beauty. Let us proceed together to where there are no boundaries or end, where one can transform each beneficent gleam into the radiation of a rainbow of blessings to the worlds.

Through devotion one can reach all gates. Let us not forget this even for a moment. Precisely, let us be filled with the smile of devotion, and let us bless the daily routine. Each breath of Ours contains a wondrous substance for the worlds in formation. Ponder upon the treasures which are given to us and which belong to the One who brought us a tear and a drop of sweat for our liberation. Let us also daily thank the Highest One.

### Hierarchy, para. 177

You may be asked how the entrance upon the path of Service is defined. Certainly the first sign will be renunciation of the past and full striving to the future. The second sign will be the realization of the Teacher within one's heart, not because it is necessary thus, but because it is impossible otherwise. The third sign will be the rejection of fear, for being armed by the Lord one is invulnerable. The fourth will be non-condemnation, because he who strives into the future has no time to occupy himself with the refuse of yesterday. The fifth will be the filling of the entire time with labor for the future. The sixth will be the joy of Service and completely offering oneself for the good of the world. The seventh will be spiritual striving to the far-off worlds as a predestined path. According to these signs you will discern a spirit ready and manifested for Service. He will understand where to raise the sword for the Lord, and his word will be from within his heart.

#### Hierarchy, para. 196

When the spirit understands that Service to Cosmos means bringing into life the higher principles, it strains its best levers. An aimless existence is the result of the slumber of all the higher centers. When the thought of a great spirit awakens the consciousness toward a higher understanding of Service, it can be affirmed that cosmic striving is being conferred upon humanity. Therefore, it is most important that the thought of Service should permeate humanity. The carriers of the higher thoughts of evolution affirm Our Will. Thus is being established the higher cosmic cooperation. Thus, We carry the Cosmic Service together.

Infinity II, para. 381



#### continued from page 1

### path without honesty.

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29 May 1931. "The striving of people is always measured by their service either to Light or darkness. By this may be judged their destination in life. Thus, the worst is halfway thinking and striving. The destroyers always build only upon halfway striving. There is nothing worse than a halfway servitor, for he screens himself by the manifestation of halfwayness. Therefore, a direct enemy of Light is preferred by Us. We do not admit the small worms which creep in the mist into great battles. Thus, halfwayness must be cast aside. One should always and in all ways avoid any intercourse with halfway people. Thus, halfwayness manifested by the disciples throws them back a millennium, and therefore one should know when to affirm one's own consciousness. Thus, the servitor of Light will not admit halfwayness."

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29 May 1931. "Most pernicious is it when this halfwayness insinuates itself into one who is affirming himself upon the Path because then there results duality of thought and action. Hence, halfwayness is the enemy of the Teaching, and when We see halfwayness in relation to Hierarchy, this destructive circumstance must be eradicated. For without integrity there can be no structure. Hence, the disciples must understand how important it is to have an integral striving. For this, one should renounce personal comfort, conceit, self-pity, self-deception, and always remember that Hierarchy must not be burdened. This should be remembered by those who misunderstand service as relying upon the Lord and the Hierarchy."

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29 May 1931. "Let us see how people understand service to the Lord and Hierarchy. He who thinks of ascending only by prayer is far from service. He who in his labor hopes to bring the best effort for the welfare of humanity must adopt the Lord in his heart. He who does not yield his own comfort does not know how to serve Hierarchy. He who does not accept the Indications of the Hierarchy does not understand service. Only when the heart is ready to accept consciously the affirmation sent by the Highest Will may it be said that the manifestation of service is adopted. Thus, We are no lovers of funereal rites and of empty invocations of the Lord. Thus, We venerate the striving of disciples to the service of the Hierarchy. Thus, it is so easy to observe how the one who does not accept the service in spirit venerates the Lord and Hierarchy so long as the way is convenient to him. Thus, We take into account each effort to remove the burden from the Hierarchy; so in the great as in the small. Thus, in Our creativeness, We affirm reverence not in words but by deeds. Thus, We deplore it when We see reverence in words but not in actions. . . . So, when the wise Guru carries the entire burden of the earthly battle, we must know how to alleviate his burdens."

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17 December 1930. With all this, one must firmly understand that all the given orders can never enslave the spirit of a disciple because there is always left the freedom of individual expression, and we know how endlessly we may refine the quality of the fulfillment of every task. Only a slave of yesterday may revolt against an order. Only a petty consciousness is afraid to lose its individuality by fulfilling the plans of his Guru. To rely only upon our own accumulations, rejecting all that which we can assimilate from the high consciousness of the Teacher, means to reject any new accumulations. Individuality is formed from these new assimilations combined with previous accumulations.



### **December / January 2005 CALENDAR OF EVENTS**

The Florida (Sarasota) WMEA Study Group meets at 9:30 a.m., on alternate Wednesday mornings in Sarasota.Please call Ginette Parisi at (941) 925-0549 for complete information. The Ohio (Ashville) WMEA Study Group meets twice a month for meditation gatherings. For upcoming meeting dates and times, please call Kate Studebaker at (740) 983-6030. The Puerto Rico WMEA Group – Please call Saskia Frau at (787) 780-6276 or (939) 389-1149 for complete information. The Oregon (Lebanon) WMEA Study Group meets each month for a meditation gathering. Please call Vickie Stevens at (541) 258-6142 for complete information. The Colorado (Denver) WMEA Study Group meets each month for New & Full Moon meditation gatherings. Please call Beverly Phillips at (303) 757-7228 for complete information.

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### December 2004

Sun. 5 Sunday Service: Meditation, Singing, and Lecture "The Golden Bridge" with Rev. Joleen D. DuBois, 10:00 a.m., Yavapai Hills Clubhouse

Noon, Men's WMEA Study Group - Taj Mahal Restaurant

- Tue. 7 Class: *Initiation The Esoteric Tradition*, 7–8 p.m., WMEA Center
- Wed. 8 Class: Cosmic Shocks, 7-8 p.m., WMEA Center
- Sat. 11 WMEA Annual Holiday Party, 6–8:30 p.m. Please bring a covered dish to share *at the Agrell's home*. Call the office for directions or a map.
- Sun. 12 Sunday Service: Meditation, Singing, and Lecture "The Rainbow" with Rev. Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 14 Class: *Initiation The Esoteric Tradition*, 7–8 p.m., WMEA Center
- Wed. 15 Class: Cosmic Shocks, 7-8 p.m., WMEA Center
- Sun. 19 Sunday Service: Meditation, Singing, and Lecture "Christmas Service & Holy Communion" with Rev. Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 21 No Class (Holiday Break)
- Wed. 22 No Class (Holiday Break)
- Sat. 25 Merry Christmas!
- Sun. 26 Sun Festival of Capricorn Group Meditation & Discussion on World Affairs, will include information about the world's esoteric communities, facilitator Rev. Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 28 No Class (Holiday Break)
- Wed. 29 No Class (Holiday Break)

### January 2005

- Sat. 1 Happy New Year!
- Sun. 2 Sunday Service: Meditation, Singing, and Lecture "Meditation & the Human Soul" with Rev. Joleen D. DuBois, 10:00 a.m., WMEA Center

Noon, Men's WMEA Study Group - Taj Mahal Restaurant

- Tue. 4 Class: *Initiation The Esoteric Tradition*, 7–8 p.m., WMEA Center
- Wed. 5 Class: Cosmic Shocks, 7-8 p.m., WMEA Center
- Sun. 9 Sunday Service: Meditation, Singing, and Lecture "The Progress of Our Soul" with Rev. Joleen DuBois, 10:00 a.m., Creekside Center, 337 N. Rush St.
- Tue. 11 Class: *Initiation The Esoteric Tradition*, 7–8 p.m., WMEA Center
- Wed. 12 Class: Cosmic Shocks, 7-8 p.m., WMEA Center
- Sun. 16 Sunday Service: Meditation, Singing, and Lecture "How Others Can Kill Your Soul" with Carol Woodard, 10:00 a.m., Creekside Center, 337 N. Rush St.
- Tue. 18 Class: *Initiation The Esoteric Tradition*, 7–8 p.m., WMEA Center
- Wed. 19 Class: Cosmic Shocks, 7-8 p.m., WMEA Center
- Sun. 23 Sunday Service: Meditation, Singing, and Lecture "Personality & Soul" with Rev. Valarie Drost, 10:00 a.m., Creekside Center, 337 N. Rush St.
- Tue. 25 Sun Festival of Aquarius Group Meditation & Discussion on World Affairs, will include information about the world's esoteric communities, facilitator – Rev. Joleen DuBois, 10:00 a.m., WMEA Center
- Wed. 26 Class: Cosmic Shocks, 7-8 p.m., WMEA Center
- Sun. 30 Sunday Service: Meditation, Singing, and Lecture "The Causal Body" with Shary Singer, 10:00 a.m., Creekside Center, 337 N. Rush St.

Ask about classes for kids and teens on Sundays.

All Sunday lectures from Prescott are available by tape. Tapes are \$7.00 plus \$3.00 for postage and handling. Please send your order to: WMEA, 543 Eastwood Drive, Prescott, AZ 86303

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