



Meditation Monthly International

Agni Yoga & Thought

Advise to develop thinking and observation. The Heart cannot fulfill its destination if instead of a thought there are fleas and instead of observation, a mole. With such fellow travelers one will not go far! Now is the very time to deepen the trend of thought, else the masses will not find an application for the treasures received. Overproduction is the sign of a trivial trend of thought and a lack of observation. It is said that schools should introduce hours for training in observation and thinking. The heart cannot be nurtured externally only, it must be supported also by earthly strivings. Firmness of striving will be attained also by sharpness of cognizance. *Heart*, para. 22

Suggestion can be conveyed by thought, or sound, or by a glance, or increased by strong breathing. What possibilities for scientific observations are contained in these actions! It can be observed how inhaling strengthens sound and the emanations of the eye! Long ago the various properties of the glance of the human eye were noticed. One can, by a series of experiments, observe how far the radiations of the eye act. During these, it will be instructive to watch the combination of the power of thought with the physical emanation of the eye. Only by observation can one appreciate the invisible world of human actions. Complicated is the web woven by the unconscious actions of thought! Do not wonder that thought continues to live in space. Likewise, the physical particles of the glance do not disappear. Learning observation we shall once again remember about the heart and understand the symbol of the piercing arrow. Many arrows pierce the heart, as on ancient images; on them we also see the flame of the heart. Perhaps without arrows the flame is impossible? It can be affirmed that the basis of the manifestation of flame is a blow, like the birth of a new rhythm. The Teacher wishes that the rhythm be *accele-rando*—thus in everything.

One must not predetermine possibilities. Ex-

actly what is impossible today will be possible tomorrow. *Heart*, para. 28

In what, then, does happiness consist? Is it in being able to sit still without daring to arouse the Primary Substance with thought? Or is it in directing the thought to a new construction of life? I first spoke to you of action, but now we shall affirm thought. Action, even the most exalted, touches comparatively low strata; only thought, in its nature, can act upon the Primary Substance. First I spoke of action as the attainable evidence, but with a sufficiently broadened consciousness it is time to affirm the significance of thought. Multitudes of thoughtless actions remain at the surface of existence, undifferentiable from the actions of the animal world. But if we speak of straight-knowledge and the heart, it is necessary to affirm thought as the power and co-creator of Existence. Notice that I do not speak of discussions, nor of pondering, but of thought, which sweeps through the surface of Substance with its individual rhythm, and thus creates infinitely! *Heart*, para. 47

With justice they ask, "What distinguishes the sig-

continued on page 6



Networkers' Letter

by Joleen D. Du Bois



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Cover Picture
by Nicholas Roerich

Dear Friends,

I'm writing this letter mid-July, just a few days after the monsoons have entered the state of Arizona and the community of Prescott. The humidity is 30% and the dew point is 57; now, that's humid! When living in Florida and visiting Arizona for the AEG annual conference week, we would laugh in wonderment at the local complaints about the high humidity, laughing because the year-round humidity in the tropics of Florida was generally between 90 to 100 percent. Fifty percent to us was "hot and oven-dry." Oh my, how life has changed since then! Now we are so very grateful for the needed rain, especially to sustain the beauty of Nature and Her inhabitants: the insects, reptiles, birds, vegetation, flowers and forests, and of course, the human kingdom as well.

Remember, our twenty-second anniversary is coming up soon, on October 30. We will be celebrating the anniversary with a seminar from 9:30 a.m. to 3:30 p.m. Since 9/11 there has been so much use of the word *evil*, especially in global politics and religion, that we have decided to focus on ***The Problem of Evil*** for our Anniversary Seminar. *The Influence of Evil on the Spiritual Path* is scheduled for the morning session, followed by a celebratory covered dish lunch. We will then spend time in the afternoon discussing the subject of *Psychic Attack, Obsession & Possession* and the *Spiritual Path*. There will also be purification and protection mental exercises. Please plan to join us in the celebration of the twenty-second anniversary; beautiful friendships; and the continuing, unfolding vision of the Group.

At the beginning of the month of October, there will be a conference in Puerto Rico, at the Zen Center, which you are all invited to attend. Saskia, Roxanne and Delia are busy with the planning details, which includes an opportunity to purchase a raffle ticket, the winner of which will become a proud owner of a sculpture of the Mother

of the World, designed and skillfully crafted by artist Dale Jordan. If you are interested in attending the seminar (October 8, 9 and 10) or purchasing a raffle ticket, please email Saskia at home: saskiafrau@prtc.net or at her book distribution business: orioninc@direcway.com for further information. October 9 is the birthday of Nicholas Roerich. In honor and memory of his life and his many spiritual, cultural, and artistic contributions to the world, there will be a showing of the *Messengers of the New Dawn*, a most beautiful presentation about the life and contribution of Nicholas and Helena Roerich. This DVD was created and is available through the WMEA.

Many of us have been anxiously awaiting the publishing of the fourth volume of *Supermundane* by the Agni Yoga Society. It is now available to read or download at their website: <http://www.agniyoga.org>.

Our Teaching does not coerce, but indicates the way. Not mysticism, but logic of mind, is offered to the seekers.

We say, let the books of the Teaching be published in a normal way. Let them be without an author's name, to exclude personal interest. In a few years people will understand that experience and deep study have produced these Teachings. Those who find the time for study of the books will enter the new world structures as welcome guests. Agni Yoga, para. 580

In loving service,


Joleen D. Du Bois, President

A Student's Thoughts on Agni

People do not realize the meaning of God or Bodhisattva. As though blind, they ask, 'What is light,' but people even lack words to describe its properties, though daily they perceive light. So wary are people of the unusual that they are confused about the boundaries of light and darkness. It is simpler for them to conceive of God inhabiting a palace upon the largest star. Otherwise their God would remain dwellingless. Their manifest lack of co-measurement impels them to demean what exists.

In Michelangelo's painting in the Sistine Chapel, God is depicted as an old man with a white beard, sitting in heaven. Some people see God as an separate Entity that watches over us and is separate from us. But God exists in all things everywhere, and we exist in Him. We exist as units, or cells, within the body of God, and it is through this knowledge we come to see that we have a responsibility to mature into gods, to make ourselves sacred. By placing God somewhere "out there," we default into the role of the needy child. With the awareness that we are gods in the making comes the responsibility to expand the God within till it encompasses our being, and then to release our inner Divinity and radiate Its Light into the world. Each day, each moment, we can ask ourselves: "How can I let my light shine?"

From our level, God is the Planetary Logos, the Council at Shamballa, the ensouling Being of the Planet. The Planetary Logos is responsible to this life wave for its journey upward. So it seems logical to me that an anthropomorphic God would have developed in the minds of men. The Bodhisattva stands as an archetype of Love/Wisdom. This, too, is a living reality of what we must become.

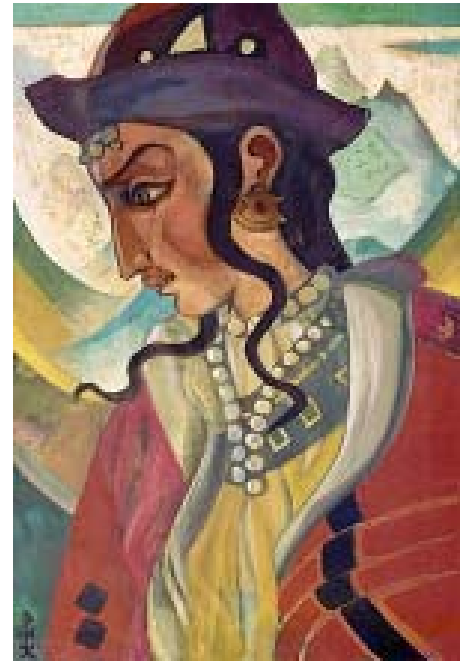
Wherever there is manifested Space, there is God. That God is the Light, Love and Power that exists within each atom. Darkness is found in the density of matter; Light, in the manifestation of Spirit. God therefore is in the denseness of matter as well as in the Light.

Light is Intelligence; Light is Consciousness. Light is Knowledge, Truth, expansion of consciousness, expansion of beingness. God is the embodiment of Light. All kingdoms of nature grow, live and are nourished by Light. For the unfolding human soul, Light is the journey of Transmutation, Transformation and Transfiguration. An Enlightened Being is One Who has become a living Carrier of Truth.

Some people believe whatever they are told to believe. Some people believe anything that another person says. When we say that someone is blind, it means that person is not perceiving the truth. Some see darkness and say it is Light. Some see Light and say it is darkness. To be blind means that one is still rooted in ignorance or corruption. A little lie, a little cheating, a little dishonesty in business, in family life, in group and national life—all moves the line between darkness and light further and further into the realm of darkness. This leads one to wrongly perceive that the dividing line between darkness and light is wherever one has newly defined it.

A narrow consciousness, an impure threefold vehicle, and all the pain of the past and present create an environment within a person that enables him to be manipulated. Blindness is cured through the development of the Heart, the Higher Mind and the Intuition. But before these higher stages are completed, we can learn to *see* through observation and patience. This is why Christ taught, "By the fruits of their labor, you will know them." These are the yardsticks for those who are not yet fully awakened.

What causes a lack of co-measurement is selfish interests and a narrow consciousness. If someone beautiful stands before such a person, and he or she does not feed into the person's selfish interests, the person will dismiss him or her as valueless. A manifest lack of co-measurement means that one is blind to his surroundings. What we do not allow ourselves to see, we gauge as



Atlant by Nicholas Roerich

unimportant. To practice co-measurement is to look outside of oneself and recognize the myriad needs and viewpoints that exist. Co-measurement is a weighing quality that enables one to see what is best for all concerned. Co-measurement means to take into account the effects of our thoughts, emotions, words and actions. Very simply it is: "Do unto others as you would have them do unto you." But to practice co-measurement means moving away from our instant reactions to take time for consideration.

Every day people pollute the planet due to a lack of co-measurement. It's the "who cares" mentality. For example, if we don't think about the oceans and our life as being interconnected, we pour motor oil into the sewer system or dump toxic waste into our waterways. We are not using co-measurement. In co-measurement, we must think of the consequences. On a higher level, if a spiritual Teacher suggests that we do something and we do not, we are failing to use co-measurement.

Hatha Yoga cannot be regarded as an independent form. The growth of the spirit changes it into Raja Yoga. It is impossible

to name anybody who attained through Hatha Yoga alone. Besides, in a world of darkness and prejudice, accomplishments through Hatha Yoga can even bring harm, by its strengthening of the astral body. The fakirs may adapt themselves to this world of darkness and unwittingly weaken the ascent of thought. Even a person sitting quietly and contemplating can attain further, because thought is the Raja of all that exists. Beauty is born through the lightning of thought. Truly, a flaming Bhakti can kindle new worlds with a thought. And the step of a Jnani will be but the smile of a Raja-Bhakti. Therefore Hatha and Jnana are not original and are insufficient. What sage of wisdom would not be the lord of love?

A watch has its moving parts. If all parts were removed and only one remained to spin around, the watch would not function as a whole. This is the current problem with humanity's practice of Hatha Yoga. It's as if one would think, for example, that life could proceed from the mineral kingdom directly to the Superhuman without evolving through the other kingdoms. Or that scientists could take a strand of a DNA molecule and say this is the whole story of life. By separating Hatha Yoga from its rightful place in the development of humanity and according it a stand-alone position, we have created numerous problems that are continuing to contribute to man's degeneration, not his evolution. Yoga is the story of the evolution of the human being from physical focus to emotional focus to mental focus to higher mental and beyond. Hatha Yoga once served as a foundation for the evolution of the unfolding human soul into matter, but its practice now is retrogressive. Our Soul urges us to move forward, so why does humanity continue to think that Hatha Yoga is of the New Age? It is so important for people to be educated in the fact that Hatha Yoga is only the first rung on the evolutionary ladder.

At night our eyes adjust to seeing in very little light and we say that we can see. In practicing Hatha Yoga, we can fool ourselves into thinking that we have contacted Light, when what we have contacted is just a little less darkness because we seem to have taken a



Boat Yard by Nicholas Roerich

step up. Hatha Yoga puts too much emphasis on the lower bodies. If the goal is enlightenment, if it is to reach the higher states of consciousness, then anchoring oneself in our lower vehicles is not the way to go. Through Hatha Yoga postures and breathing exercises, centers of the body become inflamed and stimulate the etheric and astral centers. If one is not pure, the impurities of the lower nature will be stirred up. This combined with the astral body of humanity will lead a person away from enlightenment, not toward it.

Jnana Yoga focuses on the development of the mind, but without the development of the heart and a movement toward the Soul, this yoga too is insufficient for the total development of the unfolding human soul. To make the whole journey, seed-thought meditation, study, service, labor, and striving are essential.

Thought creates the world through patterns of energy that utilize substance at whatever level. Whatever we think, this is the world we build. If our focus is unsteady, we create chaos. But one who is devoted in the heart and focused on the higher can utilize thoughtform building effectively. Through righteous thought we give birth to beauty and create balance, rhythm, symmetry, and harmony. Vice-versa, we receive the lightning thought from impressions and inspirations to give birth to beauty in form. In beauty, all beauty is created. Perhaps all those who have become Living Beauties make up the Being we call Beauty; perhaps it is a collective thoughtform.

An open heart and a mind focused on higher thoughts leads one to the Higher Worlds. Is not a Raja-Bhakti one who has developed both the heart and the mind? The Teachings of Wisdom bring us the wisdom of Love. Love in its highest form is unifying, patient, tolerant, sacrificial, giving, synthesizing; whereas learning can be very personality-oriented. A person can go through an experience and from it, learn to be

jaded, distrustful, criminal, revengeful, unforgiving. Wisdom sees the cause and effects and becomes a cause, whereas a personality can "learn" and still remain an effect.

A Raja-Bhakti's heart operates in correspondence with the Higher Mind. Thus his smile would come from the joy of knowingness. Those who have wisdom are those who have found the Truth. But Truth cannot be recognized if the heart is impure. Impurities blind us; Love clears away the impurities. As it is said in Agni Yoga: "To behold with the eyes of the heart; to listen with the ears of the heart to the roar of the world; to peer into the future with the comprehension of the heart; to remember the cumulations of the past through the heart; thus must one impetuously advance upon the path of ascent. . . ."

Affirm Our Teaching as your own abode, as your own construction. Let the breath of renewal fill your entire being. The significance of Community is expressed in united thought about the development of the world. The distribution of basic material benefits will result from an understanding of the highest truth. Unimportant are thoughts concerning the lowest material benefits. One should reject thoughts about quantity and strive only for quality. Of the benefit of quality, and of the harm of doubt, one must speak untiringly.

The Teaching contains the knowledge of all the construction materials we need to build our physical, emotional, mental, and higher bodies and make of ourselves a

“lighted house.” To build this abode is to “dwell in the house of the Lord forever.” To build our house, we must construct it where we live—in whatever environment, in whatever circumstances.

When our heart and mind are working in unity, we can transform our nature; we can receive psychic energy, which renews our whole being. But this is a choice we must make daily. With wrong actions, wrong thoughts and negative emotions, we cut ourselves off from the source of energy or we misdirect the energy, both of which create unhealthy bodies. At the moment that we can truly express the Teachings, this is the moment we become real.

We renew ourselves when we walk in nature, when we meditate, when we study the Teaching, when we engage in service, when we live the virtues—we are renewed by psychic energy, the energy of spirit.

What makes the work of the Community vital is concentrated focus on that which will make the world a sane, healthy place in which to live. The focus is on the manifestation of the Plan, which stands for the improvement of the life and the development of righteousness in all seven fields of human endeavor. One whose consciousness is expanded comes to focus in on serving for the betterment of the world. Groups who serve this Idea, through group labor, group service and group meditation bring themselves into consonance with the united thought.

The highest Truth is “All is One,” and this Truth means all must be responsible for all, all belongs to all, and from this, all is given to all. But this Truth does not become real to a person until he or she expands the consciousness enough to come into contact with this Truth. Through this Truth will come the meeting of basic material needs for all the world’s peoples.

Every Great One, each great person, gives us the Teaching, and every line of the Teaching they give is a key that opens the door to Oneness. So it is very simple and very challenging. But attaining understanding only comes with sincere action.

So much of humanity continues to misplace their energies, focusing on the material in lieu of the spiritual. For example, a person will say, “I think I’ll purchase this property so that ten years from now, it will be worth a bundle.” We can play the material game, but it is important to realize the place that it takes in the whole scheme of things. What would this world be like if each person before making a decision would ask, “What has this to do with the Plan, with the evolution of humanity?”

There was a time when people produced items of quality, then came the industrial revolution, when speed and mass production and profit-making resulted in quantity taking precedence over quality. Even though the spirit in man seeks perfection and beauty, society tries to kill out the urge, to bury it, which causes the heart petals to droop, then people wonder why they are unhappy.

“Reject thoughts about quantity.” But isn’t this life in America, where we are taught to say, “Can I have more? Make more? Spend more?” And enough is never ever enough. So people accumulate. But what is worse than accumulation of things is accumulations of lifetimes of negative thoughts and negative emotions and habitual ways of acting, until our “house” is filled with drawerfuls of junk. A quality life is a life filled with integrity, beauty, balance, psychic energy, and lasting power. And it all begins with engaging in quality thoughts, thoughts that the heart inspires—for the mind can betray, but the heart will not. What makes quality golden is the principles that stand behind it. To live a life of quality takes co-measurement and discrimination. Haphazardness, wrong motives, careless living all betray the Self.

Quality and quantity can be seen in terms of value versus valueless, mindful versus mindlessness, one insightful comment versus twenty empty praisings, one Teacher versus ten teachers, one book of the Teaching versus a library of distorted writings. Quantity feeds the personality, quality feeds the soul; quality is refined; quantity is coarse.

Doubt is like going through life blindfolded. There is no future in it—only a very

shaky present. In doubt one finds a weak foundation, fear, a lack of self-confidence, a lack of trust, and depression. The two worst doubts are self-doubt and doubt in the Truth.

It is necessary to distinguish between indignation of spirit and irritation. The fire of irritation must be divided into two kinds. When irritation has an impersonal cosmic character, its poison may be washed away by a current of prana. But if harmful feelings, such as conceit or self-pity, intensify the irritation, the sediment of poison will be precipitated upon the centers. Then there is no means to remove it; one can only wear it away by developing cosmic perception.

Quality of thinking must be realized as healing. Gratitude is likewise the finest purifier of the organism. He who has found the seed and realized the care of the Sender can project gratitude into space. Great is the healing power of the emission of gratitude. One must transform everything abstract into reality.

Personality based irritation occurs when the ego doesn’t get its way or wants to express itself and does so negatively. Indignation of the spirit is righteous indignation. It utilizes the higher willpower to cut through or destroy a wrong thoughtform, glamor, or illusion. It is a powerful tool to combat a personality lie or an attack on the Truth. This type of directed energy comes not from the lower solar plexus. It does not damage the individual or the one toward whom it is directed. It blasts the crystallization. On the other hand, personality irritation hurts the body of the one who is irritated as well as others who are in the person’s environment.

Outer pressures: cosmic radiation, battles in the Subtle World, spatial thought pollution, human pollution impact our etheric body. We can heal our body of light by sunbathing for a short period of time or by taking a walk in the pines or by the ocean. If the impact on our etheric body is met by impurities in our nature, friction is created and this irritation impacts on our health. I was thinking that if a person comes to a spiritual group to attack it and the group is pure, then the radiation of the group Chalice will wash away

the energy of the attack. But if the group is still filled with negative elements, then when the attack comes, the elements will be activated and the resulting irritation will impact the body of the group.

To have cosmic perception is to live in the world of causality, to be a cause.

Quality thoughts are based on future, on helping others, on manifesting the Plan, on Hierarchy, on cooperation, on living the virtues. With our quality thoughts we can heal ourselves and others; we can heal the planet and maybe even the life that exists beyond our planetary borders. To daily engage in quality thoughts, one must learn to see beyond the obstacles.

Gratitude allows an organism to assimilate psychic energy. The seed of gratitude lives in the heart, and when we express gratitude, we are thanking the Higher. This becomes evocative, for when we express our gratitude, we receive joy, and then we send our joy outward. It is a beautiful process. Gratitude heals because it connects us with the stream of Light, Love, and Power. It is very healing to be around those who live a grateful life. Gratitude makes a person focus on what is good. Ingratitude makes the spirit shrink.

On abstract levels are found higher impressions, inspirations, symbols, ideas, inventions, virtues, and it is up to us to make ourselves able to receive these to manifest them into form. This is our task.

If a very simple man should ask you the purpose of the Teaching, say, "That you may live happily." He should not be overwhelmed by too complicated considerations. Let his entire being be filled with the realization that the whole Teaching is concerned with improving his life. The understanding of responsibility will come later. First—proclaim the joy and betterment of life.

"When I was a child, I used to speak as a child, think as a child, reason as a child; when I became a man, I did away with childish things." (1 Corinthians 13:11) A child is given toys to stimulate the child's ability to learn.



Castle of Ladakh by Nicholas Roerich

They are tools that can serve to help build the child's future. The neophyte approaches the Teaching, and like a kid in a candy store, there is much accumulation of knowledge and periods of discovery that take place. It's as if a person must be allowed to engage in play until he or she shows that he or she is ready to put down the toys and pick up the sword.

A Teacher must begin at the beginning of wherever a person is and then enable that person to take baby steps on the path of his or her spiritual unfoldment. This is because a person cannot be a fearless spiritual warrior fighting dark forces until they have reached a high level of purification.

A person is "filled with the realization that the whole Teaching is concerned with improving his life," first as he studies the Teaching, and then as he utilizes the tools of the Teaching and begins to see the separation between what is and what can be, between personality limitation and soul expression.

The responsibility of discipleship comes to those who are learning to free themselves from the past, who can maintain a charge of psychic energy, and have established a line of communication with the Higher Worlds. Then as a Torchbearer, the Light must be given out, the service performed, the sacrifice made. What one receives, one must give in kind to be a conduit, to work for the Plan, to help others, to serve the Common Good.

Through expressing the virtues, we find joy. Through exposure to the Teaching and the Teacher, and through the application of the Teaching, we experience joy. Joy is psychic energy.

Humanity lives in a prison run by the

elements within its nature. Betterment of life happens when we care about one another. Humanity is in hell because of how people treat one another, and from this comes all the pollution of this world. So Hierarchy sends the Teaching, age after age, to all corners of the world to show us a way out of our prison.

Article by Kathryn Agrell

(All Agni Yoga quotes are from *Agni Yoga*, paras. 2, 28, 29, 31, 65.)

continued from page 1

nificance of thought in the New Age? If thought is affirmed so persistently does it mean that a special designation is given to it in the regeneration of life?" This is entirely correct. If during the Black Age thought was centered around man and magnetism was spread across small distances, in the New Age thought is Space! Therefore, one must not think personally but spatially. *Heart*, para. 54

Each thought gives birth to action. The most insignificant thought creates a tiny action; therefore think broadly, in order that even in failure there may remain a potentiality sufficient for substantial consequence. Even if people often do not know how to act well, at least they could cultivate good and broad thoughts within themselves. I am emphasizing cultivated thoughts, because the dark dust annihilates the beauty of creation. It is difficult to ask for a thought about righteous creativeness when a mist of blood clouds the consciousness. But sooner or later one will have to turn to the force of purified thought. Therefore it is better to begin sooner. *Heart*, para. 127

If thought in itself contains creative energy, then how useful it is to direct good thought into space. When mankind shall agree to send forth good thought simultaneously, then the infected atmosphere of the lower spheres will at once clear. Hence, it is necessary to take care, even a few times daily, to send out thought not about oneself, but about the world. *Heart*, para. 300

August / September 2004 CALENDAR OF EVENTS



The Florida (Sarasota)
WMEA Study Group meets at 9:30 a.m., on alternate Wednesday mornings in Sarasota. Please call **GINETTE Parisi** at (941) 925-0549 for complete information.

The Ohio (Ashville) WMEA
Study Group meets twice a month for meditation gatherings. For upcoming meeting dates and times, please call **Kate Studebaker** at (740) 983-6030.

The Puerto Rico WMEA
Group – Please call **Saskia Frau** at (787) 780-6276 or (939) 389-1149 for complete information.

The Oregon (Lebanon)
WMEA Study Group meets each month for a meditation gathering. Please call **Vickie Stevens** at (541) 258-6142 for complete information.

The Colorado (Denver)
WMEA Study Group meets each month for New & Full Moon meditation gatherings. Please call **Beverly Phillips** at (303) 757-7228 for complete information.

August

- **WMEA Classes are suspended until September.**
- **St. Sergius University and Seminary is on vacation status.**

- Sun. 1** Sunday Service: Meditation, Singing, and Lecture “**Willpower: What It Is & How to Manifest It**” with Lewis Agrell, 10:00 a.m., Yavapai Hills Clubhouse
Noon, *Men’s WMEA Study Group* – Taj Mahal Restaurant
- Sun. 8** Sunday Service: Meditation, Singing, and Lecture “**Cultivation of Willpower**” with Rev. Valarie Drost, 10:00 a.m., Yavapai Hills Clubhouse
- Sun. 15** Sunday Service: Meditation, Singing, and Lecture “**How to Use Urges & Drives Creatively**” with Kathryn Agrell, 10:00 a.m., Yavapai Hills Clubhouse
- Sun. 22** Sunday Service: Meditation, Singing, and Lecture “**Cultivation of Willpower, Part II**” with Richard Woodard, 10:00 a.m., Yavapai Hills Clubhouse
- Sun. 29** **Sun Festival of Virgo Group Meditation & Discussion on World Affairs**, will include information about the world’s esoteric communities, facilitator Rev. Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse

Applications for the
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are being considered.
See our website
<http://www.wmea-world.org>

September

- Wed. 1** Class: **Cosmic Shocks (requires pre-registration)**, 7–8 p.m., WMEA Center
- Sun. 5** Sunday Service: Meditation, Singing, and Lecture “**How to Help Each Other Increase the Light**” with Rev. Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse
Noon, *Men’s WMEA Study Group* – Taj Mahal Restaurant
- Tue. 7** Class: **Initiation – The Esoteric Tradition (requires pre-registration)**, 7–8 p.m., WMEA Center
- Wed. 8** Class: **Cosmic Shocks**, 7–8 p.m., WMEA Center
- Sun. 12** Sunday Service: Meditation, Singing, and Lecture “**Backsliders**” with Rev. Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 14** Class: **Initiation – The Esoteric Tradition**, 7–8 p.m., WMEA Center
- Wed. 15** Class: **Cosmic Shocks**, 7–8 p.m., WMEA Center
- Sun. 19** Sunday Service: Meditation, Singing, and Lecture “**Brother’s Keeper**” with Rev. Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 21** Class: **Initiation – The Esoteric Tradition**, 7–8 p.m., WMEA Center
- Wed. 22** Class: **Cosmic Shocks**, 7–8 p.m., WMEA Center
- Sun. 26** Sunday Service: Meditation, Singing, and Lecture “**The Recognition of Others**” with Rev. Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 28** 7:00 p.m. to 8:30 p.m., **Sun Festival of Virgo Group Meditation & Discussion on World Affairs**, will include information about the world’s esoteric communities, facilitator Rev. Joleen DuBois, **WMEA Center**
- Wed. 29** Class: **Cosmic Shocks**, 7–8 p.m., WMEA Center

*Torchbearers Class for children meets every Sunday, 10:00 a.m.
Teen Program meets the 1st and 3rd Sunday of every month.*

*All Sunday lectures from Prescott are available by tape.
Tapes are \$7.00 plus \$3.00 for postage and handling.
Please send your order to: WMEA, 543 Eastwood Drive, Prescott, AZ 86303*

WMEA Center: 543 Eastwood Dr., Prescott – Phone: (928) 778-0638 for information.
Yavapai Hills Clubhouse: 4975 Hornet Dr., Prescott (Mail for WMEA will **not** be accepted at this address.)

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In Denver, Colorado
Call (303) 757-7228

In Puerto Rico
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