



# Meditation Monthly International

## Agni Yoga & Victory

I rejoice in the smile undimmed by approaching fate. I shall grant the power to create good not with money but with spirit. Full of travail is your life, but vast are the depths of your happiness in the future victory of the spirit. *Leaves of Morya's Garden, Book One, para. 74*

Understand the soul of your brother; Labor untiringly, show understanding, behold the power of My Shield. There are many wonders in this world, and a pure and ardent striving leads to victory. *Leaves of Morya's Garden, Book One, para. 87*

Regard those who call. What beauty! Not only do they behold beauty but they would share it with you. To share is the pledge of victory. And the words that open the gates are simple. But few know how to apply them to the locked portals. We perceive the festival of labor. Into the flames of purification cast all prejudices, and all obstacles of the material life. What a great pyre upon the mountain lights the way! *Leaves of Morya's Garden, Book One, para. 337*

Seek light for a manifestation of darkness. The pure will display understanding of the Shield, for God is with Us! Through His eternal manifestations drops of the Sacred World penetrate. Consider that the treasure of the drops and the sparks of consciousness will connect Heaven and Earth as a new bridge. Being affirmed by the light of the sparks, Let us find a smile. But mastery is confirmed by realization of victory over self. Conquering self, the victor will rise. Therefore, sound the trumpet of victory far and wide; For God is with Us. *Leaves of Morya's Garden, Book One, para. 437*

We wish to see you steadfastly conquering. Each victory teaches prudence, but this

restraint palpitates with flights. Be not afraid of bad definitions, but, setting forth for an achievement, see that you have food prepared for the morrow. He who moves toward achievement must proceed as if summoned by a work bell. For the striving one the thinnest surface is sufficient. Aspire! *New Era Community, para. 147*

Have you finally learned to rejoice at obstacles? Can We be assured that what seems like an obstacle will multiply your resourcefulness tenfold? Can We accept you as conquering warriors? Can We send you the arrow of help, assured that you will catch it in flight? Can We pronounce the word of the New World in unison with you? Can We believe that for the sake of the beauty of creation you have burned your outworn garments? Can the Mother of the World entrust to your vigilance the texture of Light? Can the Lion hasten to your aid? Can the Light illumine your path? And finally, do you understand how to apply to yourself the given Teaching? Can We entrust to you the wearing of the given signs? Can We dispatch the ray of perfectment? Can We vouch for your vigilance? Can We construct a  
*continued on page 6*





**White Mountain  
Education Association  
Meditation Monthly International**

**VOL. XVII ISSUE NO. 4**

MMI can be found on the Internet  
World Wide Web Address -  
<http://www.wmea-world.org>  
E-mail - [staff@wmea-world.org](mailto:staff@wmea-world.org)

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Cover Picture  
*Kiss the Earth* by Nicholas Roerich

## Networkers' Letter

by Joleen D. Du Bois

### Dear Friends,

The sun is shining, my office door is open, letting in the fresh breezes and cool air, plus the laboring sounds of some local, handsome firemen can be heard in full swing with their chain saws: sawing, chopping and clearing the neighbor's land next to the Center. The men are fireproofing the land. Fireproofing the land means the men are removing any underbrush that could too easily catch fire, clearing trees that are too close to a building, and this and that, as a process for fire safety in this very dry part of the U.S. Southwest.

At the end of this month, for five days, many of us will gather together to once again experience the **WMEA's Annual Living Ethics Conference**. Many committees for the conference are making final preparations creatively, and with dedication, putting their plans together so we can all have a wonderful spiritual experience in a retreat setting. I am delighted to mention that this year we have students of Living Ethics coming from not only throughout the U.S. but from other locales around the world as well – making the conference a beautiful cultural event.

“We are asking our friends, each day to think, to pronounce and to apply the understandings of Beauty and Culture.... But we are gathering around these precious understandings a new effort; we are striving to help towards the new tension of creative energy.... We see constantly that the most real teaching of life is being transmuted by clever rhetoric into an unapproachable abstraction and for the appeasing of the weak will it is being transported into an intangible cloudiness. To make this artificially created abstraction a reality and substance, is the next task of Culture. It is impossible for one to imagine that the true perception of substance, the true teaching of life is only something forbidding, obstructing or deadening....

“Verily, in all parts of the world, at present is rising the tension of constructive energy. The lines of new workers cry out: ‘We are tired of destruction, we are overburdened by senseless mechanization. We want to create, we want to do that useful work which unites us with the resplendent future....

“If we will eschew egotism, if we will strive not only ourselves towards the path of the Beautiful, but also by all possible means open it to our nearest ones, then we shall have already fulfilled the next task of the enlightening of Culture—the ascension of the Spirit.”<sup>1</sup>

Even though I will be in Brazil this year for the Wesak celebration and *World Service Intergroup* conclave, the Headquarters Group in Prescott will hold a two-hour Wesak celebration on Sunday, May 2, organized and presented by the Rev. Valarie Drost and Ms. Kathryn Agrell. They are already busy making plans for a most beautiful celebration. Please call for further information. You are also encouraged to support our satellite groups' Wesak Celebrations in Oregon, Colorado, Ohio, Florida and Puerto Rico. Telephone numbers are listed on the last page of this publication.

Shanti,

Joleen D. DuBois, President

<sup>1</sup> Nicholas Roerich, *Realm of Light*, pp. 22–24

# The Expansive World of Agni Yoga

**A**gni Yoga is a way to enlightenment. Following the ideas and suggestions in the Teaching called *Agni Yoga* can speed up the process of the evolution of one's consciousness. But there are risks involved. This process increases the fires of Spirit contained in our body, and if one does not carefully follow the rules, this can cause difficulties and physical complications. One should not step on the path of Agni Yoga unless one is committed to the process and chooses to change their life to reflect what they learn.

The study of Agni Yoga contains the study of the energies. "The combining of the physical plane of energies with the invisible saturation of space will be the true direction of study."<sup>1</sup> The world of chemistry will prove the ideas of energy in the future, but for now we study the information so that we can become informed and sensitive to the True workings of nature and how we affect it, and how it affects us.

One of the first things we learn is that free will is never violated, so it is up to the individual to be responsible for the results of their own study.

Agni Yoga teaches about straight-knowledge and how it opens the direct path to Shambhala. "Precisely the fire of straight-knowledge indicates the unique quality of the new signs in the midst of daily life."<sup>2</sup>

While Agni Yoga speaks of many crises, it tells us not to wait for them to take action. The difficult times will come, and many tests will come to the traveler, but with the efforts and striving of the student, they will be passed and the student will be strengthened. The battle must be fought, and the student who faces each obstacle head on will pass through the fire and come out well tempered.

However, the risks of getting on the path are many. They can include diseases of the heart and pains in the spine. There are many remedies mentioned for these difficulties. The Teachings say, "Do not bring weak ones near,

for they cannot hold on to the treasure. Better trust only a few. They will love the difficulties and will not betray."<sup>3</sup>

What is danger? We learn that "every condition is created by the consciousness, which is invulnerable, then there can be no physical fear."<sup>4</sup> As we strive to assimilate the energies stirred up by our work with what we learn, we find ourselves being tested. As long as our consciousness is growing and we are becoming what we learn, then there is forward progress. Instead of dangers we see only obstacles, and these will serve as a means to develop more energy. "If the mountain is perfectly smooth, we cannot ascend to the summit. Blessed are the stones that tear our sandals when we ascend! Thus assure yourself of the absence of dangers."<sup>5</sup>

As we study, if our consciousness is expanding, we link the ideas we read with sparks of inferences of spatial thought. We make great leaps to conclusions that seem a happy accident. These spatial thoughts are ripening in space sometimes for centuries. "The broadened consciousness provides the best possibility to catch the nodes of spatial thought."<sup>6</sup> Sometimes these leaps don't seem logical to the concrete mind because we grow in a spiral and the one within the spiral is limited to the view of only the turn of the next corner. Therefore we must open the consciousness so that the contact with the spatial thought can take place.



The planes of our spiral are ever-lifting, rising, so that our spiral resembles that of a galaxy—"As above, so below."

The Teaching grows as well. It too grows in a spiral, as does all that exists. In ancient times the symbol for the flame was a flat-



tened spiral. It represented the beginning of motion. If you are truly practicing the Teachings of Agni Yoga you will realize the inception of the inner fire.

Fire is a very important element in the of process of evolution and expansion of consciousness. Pure striving produces flashes of fire. One must be sensitive to the conditions that accompany these flashes of fire. Observation is part of the learning process. One must observe oneself at all times to be aware of these flashes: What are the manifestations? Heat? Cold? Silence? Darkness or Light? A student should record any observation. This library of observation will greatly help beginners.

"I affirm that the way of Agni Yoga is like a light on the path. It is of no consequence how travelers make use of this blessing. The way is indicated to them. Those who discern the signs of fire will come."<sup>7</sup>

— Sharalyn Singer

1. *Agni Yoga*, 1st ed. © 1952 Agni Yoga Society, para. 220.

2. *Ibid.*, para. 282.

3. *Ibid.*, para. 403.

4, 5. *Ibid.*, para. 406.

6. *Ibid.*, para. 361.

7. *Ibid.*, para. 300.



# Striving toward Victory

## Meditations on AgniYoga

*The path of virtue is not a singing of psalms, but labor and service.<sup>1</sup>*

**L**abor brings us closer to the higher worlds. With high quality labor, we can increase alertness and do better work at home and outside the home.

Labor and service to me mean striving rather than just reading the Teachings or discussing the Teachings. As we strive, we progress, for example, when we bless and encourage others in their striving. While trying to relate without criticism or pity, it is important to strive for divine detachment from others' problems and karma. It is very important that we do not try to manipulate others to our point of view and consider the value of others' point of view. We must strive to give others their chance to learn their lessons as we want our chance to learn our lessons without pressure to be like others.

In labor we can also learn to "surf" difficulties and use them to speed us on our path. Difficulties help us learn to refine our labor so that we become a useful instrument to serve humanity.

*You already know that neither kindness nor intellect alone can lead to Us. But spirituality is needed. This quality comes the moment the spirit is ready. Naught can hasten the affirmation of the path. Even calling to people is useless.<sup>2</sup>*

Kindness alone can lead to being exploited. Intellect alone can lead to not respecting others. Spirituality added brings virtues that tell us when we stray from our path and help us get balanced.

Kindness, intellect, and spirituality are needed because our relationships with other people require love and respect, thoughtful consideration, alignment of our vehicles and higher contact. To me the path to Hierarchy begins with meditation and contact with the Solar Angel. The greater our higher contact, the better our spirituality.

The problems with our relationships may teach us how to find our goals and purpose. These challenges in our daily work and group work can help us clean up our life so that we can give help to a Hierarchical group when asked.

We can be of use when the spirit is ready. To be ready it is necessary to become best friends with virtues, especially tolerance, understanding, compassion and discrimination. It is also necessary to learn impersonality from others' comings and goings and their different decisions. Our own personality desires and irritations also require increasing impersonality. In impersonality, we are not identified with likes and dislikes but with our purpose.

Moving toward readiness may be keeping concentrated on daily work and challenges as well as being vigilant with our physical, emotional, mental, or spiritual health, a middle path. Challenge is work and battles to bring more love and truth into the world. The middle path keeps a focus on challenges in the world as well as keeping health for the physical, emotional, mental and spiritual parts of ourselves. Work and battles in the world need attention and so do vehicles. For example, commitments to the spiritual group and other work and home need continual adjustments. Vehicle needs such as exercise and right foods for the physical body, harmony of environment for the emotional body, clear thinking for the mental body, and use of the Teachings for the spirit also need watchful adjustments each day. Balance can be keeping focus where it is needed but continual shifting so as to stay centered in commitments with physical, emotional, mental and spiritual health.

The affirmation of the path comes from the heart's readiness and the mind's agreement. One cannot give this gift to another. They must find their way to the spirit. We cannot call to others the way to unlock heart and mind.

*When in contact with each other, light and darkness may become co-workers. The tendency of human thought is to inject into life the conception of sharp demarcations. In the higher worlds, light and darkness cooperate.<sup>3</sup>*

The contents of a meditation course have a focus and centering effect so that daily activities are more easily prioritized. For example, when a computer program seems to be the enemy when in trying to do a simple addition of words to a paragraph, I try to think of the program as a challenge to meet and eventually a co-worker. Instead of thinking about a sharp demarcation like, "I wish this program would go into cyberspace," I try to persevere for a reasonable amount of time to try to get the words added and then take a break and consider asking for help from someone more fully trained in computer software. First, the priority is to think unity. Later, the priority might be calling for help.

Priorities get clearer as we all strive to work together in cooperation. All of us in the USA need and will have that contact with each other through our challenges, suffering, and eventual inclusiveness of each other and others on the planet. When we learn the lesson of cooperation, we will conquer greed and glamor and illusions.

*He who is with Us will have his hour of battle. But he knows that he is ever victorious. Go forward courageously.<sup>4</sup>*

What is going forward courageously? It can take courage to do a simple thing like reject negative thoughts. Negative thoughts are such a battle. The hour of battle might be when a strong vice is very hard to drive away. Victory is finding the courage to stand and bring in virtues to keep the vice such as anger or fear from controlling us.

One way to help is continuity of courage. We can achieve this by continually uplifting our thoughts. By looking at beauty such as ancient mountains in the early morning, we find help with courage. Courage



*Buddha, the Conqueror* by Nicholas Roerich

moves us to keep dispersing the clouds of negative thoughts so we can see the mountains.

Responsibility for our thoughts helps us learn more discrimination. Discrimination gives us focus to use each challenge in the best way. Courage reminds us to be honest and sincere when others would pressure us toward their point of view. Courage helps us stand in the wind of adversity and criticism and stick with our principles.

*Daringly raise your shield. I ask one thing: not to weaken your strength with gold. My Teaching does not like gold.*<sup>5</sup>

Virtues may be our shield. A clear shield or a clear light of a virtue deflects darkness of anger or fear but lets in light. Daringly means even in the face of adversity, we bring in courage. As we keep trying to eliminate vices, our light grows and we see common ground with more and more others. Using the light of virtues to purify our problems, we gradually radiate more light for the Common Good.

The meaning of gold may be money or service with attachments and attractions. If we use the Teachings to attract others in order to do harm, we weaken our strength. Hitler used the Teachings to rob others and kill. He attracted people who were hurting from lack of freedom. He had the motive of bringing more darkness. If we have wrong motive in, for example, forming a group to

study the Teachings to exploit people or show off, we use gold, or attraction of the Teachings against the Teachings. It seems to me that the Teaching of M. does not like gold because it attracts but does not lead to service of humanity.

*We bid humanity simply to kindle the fires of striving and*

*achievement.*<sup>6</sup>

“Simply” may include that focus will be put on our goals like a magnifying glass focuses the sun’s light on a piece of dead grass and causes the grass to catch fire. Fires of creativity will help us see and achieve our goal and then our next goal. The dead grass is our failures and mistakes which we will use to see and then to fuel us to greater heights.

*...the new enemies created by the conditions of contemporary life...a new way will be found through expansion of consciousness.*<sup>7</sup>

New enemies may be air pollution and global warming. It creates hope to think that we may creatively find solutions to our life-threatening problems by thinking on a global and cosmic scale.

*He will drive away the scorpion of fear.*<sup>8</sup>

Fear can stop us from striving. If we see the fear and catch its tail with our foot, we may send the scorpion away to the darkness as we envelop ourselves with light. With the light of the Group, the Teacher, the Teachings, we conquer each of our fears and use the energy from the conquering to push farther along on our path to greater light.

*Love of lilies or of the far-off worlds has its basis in the same cosmic principle.*<sup>9</sup>

Love of the beautiful provides a way to

remove our limits individually and as a group. Without limits, Cosmic Love fires our victory.

– Cathy Ross

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1. *Leaves of Morya's Garden, Book One*, para. 252. © 1999 Agni Yoga Society, Inc.
  2. *Ibid.*, para. 311.
  3. *Infinity, Vol. I*, para. 79. © 1956 Agni Yoga Society, Inc.
  4. *Leaves of Morya's Garden, Book One*, paras. 337, 447. © 1999 Agni Yoga Society, Inc.
  5. *Leaves of Morya's Garden, Book Two*, Part I-VI:11. © 1952 Agni Yoga Society, Inc.
  6. *Agni Yoga*, para. 422, 1st ed. © 1952 Agni Yoga Society, Inc.
  7. *Ibid.*, para. 492.
  8. *Ibid.*, para. 527.
  9. *Infinity, Vol. I*, para. 76. © 1956 Agni Yoga Society, Inc.

continued from page 1

stronghold from your understanding of self? Can We rejoice at the steadfastness of your path? Can the Mother of the World call you just? Can the Lion become the protector of your dwelling? Can the Light bathe the new steps? Unbolt your doors! Victory is at the threshold! *Agni Yoga (1929), para. 72*

Can we think about battle only in terms of victory? What seems like failure is the root of strength. Success is like multicolored blossoms. But tap the roots, because in them is found the sap of power. I suggest that power be understood as being gained from the accumulations of experience. We are again in the garden of life, where experience assures attainment. *Agni Yoga (1929), para. 160*

The approach is endless; so, too, are defeats. Few will discern where is victory and where defeat. One must know the relation of spiritual growth to the victory over darkness. Darkness can display the Maya of well-being, whereas Light can attest to violent commotions. Each one strives along the shortest path, but who is capable of imagining the best achievements? Only the link with Hierarchy can reveal the uniqueness of the best path. Our decision is to consider achievement as the shortest path. The dark ones consider fearlessness as a bad sign. We have determined not to avoid the steep path. For them, each ascent is an unnecessary dissipation of strength. With Us, the Ray of Light is a bridge of granulations, but they dream of a void. We understand each daring leap; for them, it is but recklessness. Thus, between the daring of wisdom and the recklessness of treason stands only the heart. It will safeguard and open the Gates of Hierarchy. He will err less who follows the silver thread stretched from his heart to the heart of the Teacher. *Hierarchy, para. 445*

One must accustom oneself to the thought of victory. Otherwise, how many defeats are but the consequences of indifference. Indifference is already defeat; as in the present, so in the future. *Hierarchy, para. 446:*

What undertakings enter into life without great tension? Each creative step is the affirmation of great battles. Each battle has its predestination, and each design its significance. Thus, those who walk along with the Powers

of Light must know that without a tense battle there is no victory. Thus, when the step of great victory is being affirmed, the disciples of Light must feel entire invincibility of the spirit and entire steadfastness of actions. When the affirmation of great foundations was given to humanity, each tension was accepted as a further impulse for new structures. Thus, in evolution each banner has been affirmed by the greatness of the steadfastness manifested. Verily, only thus can one conquer! *Hierarchy, para. 320*

519. It is truly amazing when a mechanical giant attempts to strike the fiery heart, but instead carries the stones for his own tomb. This example is often repeated, but on each occasion one should rejoice over the victory of Agni. People plead for a miracle, but numberless miracles are all around them. They have merely to cleanse their eyes of irritation. *Fiery World I, para. 519*

Constructiveness, striving for victory, is already a bond with the rhythm of Higher Worlds. Victory is inherent in each seed. The seed in its essence is eternal. It is transposed from one form into another, but it preserves an ineradicable essence. Guard and honor greatly each grain, each seed of life; in it is contained the highest fiery energy.... *Fiery World II, para. 357*

In the consciousness are contained both power and all the weapons of victory. The directed consciousness can move huge masses, but the consciousness must surmount all obstacles, as only the fiery paths lead to Us. Therefore, on the path to the Fiery World it is so important to be conscious of the goal and its attainment. The attraction of the spirit toward the goal creates the shortest path, and can reveal every possibility for attainment. Indeed, creativeness of the spirit leads to the destination of fiery achievement. Let us accept each affirmation of



painting by Nicholas Roerich

the great Hierarchy of good. On the path to the Fiery World let us remember that achievement is the cornerstone upon which is being constructed the great future. *Fiery World III, para. 320*

The rhythm of labor is the adornment of the world. Labor may be regarded as a victory over everyday routine. Each hard-working man is a benefactor of humanity. To imagine Earth without workers is to see a reversion to chaos. Invincible tenacity is forged by labor; precisely everyday work is the accumulation of the treasure. The true toiler loves his labor and understands the significance of tension. *AUM, para. 322*

Habit is second nature—a wise proverb indicating to what an extent habit dominates man. Precisely, habits render a man immobile and unreceptive. One can suppress habits, but it is not easy to eradicate them. People are continually encountered who boast of their victory over habits. But observe the daily routine of such victors, and you will find them slaves of habit. They have become so imbued with habits that they do not even feel the weight of such a yoke. It is especially tragic when a man is convinced that he is free, whereas he is really shackled in the fetters of his habits. It is most difficult to cure a sick man who denies his illness. Each one can name such incurable ones among people known to him. Yet in order to assimilate the concept of Brotherhood, mastery of existing habits is indispensable. Under habits We have in mind not the service for good, but the petty habits of selfhood. *Brotherhood, para. 529*





## April / May 2004 CALENDAR OF EVENTS

**The Florida (Sarasota)**  
WMEA Study Group meets at 9:30 a.m., on alternate Wednesday mornings in Sarasota. Please call **Ginette Parisi** at (941) 925-0549 for complete information.

**The Ohio (Ashville)** WMEA Study Group meets twice a month for meditation gatherings. For upcoming meeting dates and times, please call **Kate Studebaker** at (740) 983-6030.

**The Puerto Rico WMEA Group** – Please call **Saskia Frau** at (787) 780-6276 or (939) 389-1149 for complete information.

**The Oregon (Lebanon)**  
WMEA Study Group meets each month for a meditation gathering. Please call **Vickie Stevens** at (541) 258-6142 for complete information.

**The Colorado (Denver)**  
WMEA Study Group meets each month for New & Full Moon meditation gatherings. Please call **Beverly Phillips** at (303) 757-7228 for complete information.

### April 2004

- March 31 to April 4 – WMEA Annual Living Ethics Conference**
- Sun. 4** Sunday Service: Baptism, **Aries Full Moon lecture**, Meditation & Holy Communion with Kate Studebaker, 10:00 a.m., Chapel Rock/St. James Bldg.
- Tues. 6** Spring Break
- Wed. 7** 6–6:45 p.m. *Choir Rehearsal*  
7–8 p.m., Spring Break
- Sun. 11** Sunday Service: **Easter Sunday & Holy Communion** with Rev. Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 13** Class: **Other Worlds**, 7–8 p.m., WMEA Center
- Wed. 14** 6–6:45 p.m. *Choir Rehearsal*  
7–8 p.m., **Agni Yoga Study Group – Heart**, WMEA Center
- Sun. 18** Sunday Service: Meditation, Singing, and Lecture **“Psychic Energy & Healing”** with Rev. Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 20** Class: **Other Worlds**, 7–8 p.m., WMEA Center
- Wed. 21** 6–6:45 p.m. *Choir Rehearsal*  
7–8 p.m., **Agni Yoga Study Group – Heart**, WMEA Center
- Sun. 25** Sunday Service: Meditation, Singing, and Lecture **“Psychic Energy & Readiness”** with Gay Hendin, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 27** Class: **Other Worlds**, 7–8 p.m., WMEA Center
- Wed. 28** 6–6:45 p.m. *Choir Rehearsal*  
7–8 p.m., **Agni Yoga Study Group – Heart**, WMEA Center

### May 2004

- Sun. 2** Sunday Service: **Celebration of Wesak Full Moon, 10:00 a.m. to Noon, (2 hours)** Yavapai Hills Clubhouse
- Tue. 4** Class: **Other Worlds**, 7–8 p.m., WMEA Center
- Wed. 5** 6–6:45 p.m. *Choir Rehearsal*  
7–8 p.m., **Agni Yoga Study Group – Heart**, WMEA Center
- Sun. 9** Sunday Service: Meditation, Singing, and Lecture **“Mother’s Day”** with Carol Woodard, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 11** Class: **Other Worlds**, 7–8 p.m., WMEA Center
- Wed. 12** 6–6:45 p.m. *Choir Rehearsal*  
7–8 p.m., **Agni Yoga Study Group – Heart**, WMEA Center
- Sun. 16** Sunday Service: Meditation, Singing, and Lecture **“Psychic Energy & Evolution”** with Rev. Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 18** Class: **Other Worlds**, 7–8 p.m., WMEA Center
- Wed. 19** 6–6:45 p.m. *Choir Rehearsal*  
7–8 p.m., **Agni Yoga Study Group – Heart**, WMEA Center
- Sun. 23** Sunday Service: Meditation, Singing, and Lecture **“Psychic Energy & Prayer”** with Rev. Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 25** Class: **Other Worlds**, 7–8 p.m., WMEA Center
- Wed. 26** 6–6:45 p.m. *Choir Rehearsal*  
7–8 p.m., **Agni Yoga Study Group – Heart**, WMEA Center
- Sun. 30** Sunday Service: **Full Moon of Gemini**, Lecture & Meditation, with Rev. Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse

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WMEA Center: 543 Eastwood Dr., Prescott – Phone: (928) 778-0638 for information.  
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**In Sarasota, Florida**  
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