## Meditation Monthly International

## St. Sergius

It is said that the day of September 25<sup>th</sup> is the celebration day to honor the Life of St. Sergius. There are many references to the life and sayings of St. Sergius in the Agni Yoga Series, as well as in the writings of Nicholas and Helena Roerich, the founders of the Agni Yoga Society.

Epifany, a disciple of Sergius and his first biographer, tells us that St. Sergius was born in 1314 of a distinguished Rostovian boyar family.... and was named Bartholomew at his baptism. The chronicles tell us that St. Sergius was born on May 3<sup>rd</sup> in the year 1313–1314, and died September 25,1392 at the age of 78.<sup>1</sup>

"Saint Sergius was a true saint who illuminated his nation and united people not only to fight against worldly enemies but to fight against those limitations which prevent the progress of consciousness. We are told that in the beginning of all his decisions and labor, he used to contact the Hierarchy of light to receive direction, courage, and energy.

"On the other hand, there are so many witnesses who confess that the Image of Saint Sergius gave them

the opportunity to contact higher worlds. This can be very true, because the image of a saint is coordination of thought and psychic energy, which can powerfully affect a person who is full of devotion, meditation, and contemplation.

"In his consciousness there was no cleavage. He was on earth and also in 'heaven' and in the subjective world simultaneously.

"One of the most emphasized virtues of Saint Sergius was utter fearlessness. He thought that nothing great can be accomplished if he and his followers do not cultivate fearlessness and live in fearlessness. Fearlessness is a signal that the saint is no longer a physical body. The saint is not identified with the physical world, with the pleasure world, or with the world of greed and competition, but he is a spirit, a conscious immortal being who cannot be limited by fear and attachment. The secret of the greatest heroes and saints is fearlessness.

"He used to keep the consciousness of his people always busy in reading and praying, in contemplation, or in active labor. He always emphasized that the mind must be continuously occupied with Beauty, Goodness, Righteousness, with higher images, with higher visions."<sup>2</sup>

"As his death drew near he instructed everyone to keep peace among themselves, purity of body and soul, charity, avoiding any pollution. He instructed them to avoid the abuse of food and drink and urged them to cultivate humility...not seeking earthly glory. He finished with these words: 'At the call of God I am leaving you. I entrust you to the almighty Lord. May His most pure mother be a refuge and defense against the snares

continued on page 4



## Networkers' Letter by Joleen D. Du Bois

### **Dear Friends**,

This month we are celebrating our 21<sup>st</sup> anniversary! Twenty-one years ago was the official founding of the WMEA, even though we had been meeting and studying together for three or four years prior to that year. It was in 1982 that this nucleus decided the time was right, and we applied to the state to become a not-for-profit educational/religious organization, and later filed and received a federal tax-exempt status.

This past month we held a memorial service for one of our members. Her daughter, a founding member of the WMEA, introduced her mother Neva to the Teaching several years ago. Neva, an educator, was ninety years old when she made her transition. She was a bright light in the group, one who shared her wisdom of life and love of the Teaching in so many beautiful ways. As I would read through her meditation reports each month, I would find myself continually inspired by this woman. Not only is her daughter a founding member of the WMEA but her grandchildren and now her three great-grandchildren are teen members. The founding of the WMEA in 1982 was the inauguration of yet one more beautiful movement as a fortification against darkness.

There were many friends back then whose heart's aspiration and self-sacrificing nature went into the work of founding this pure nucleus of Light, friends, who are now members, who continue to study, meditate and apply the Teaching to their lives on all levels, while at the same time giving of their personal time and energy to nourish and sustain the Group vision.

To quote the words of Helena Roerich in a letter she wrote in 1935, "May this stronghold grow in strength, and may it courageously, luminously, and joyously utilize its forces on the path of service for the General Good."

We are celebrating this 21st anniversary year with the support and encouragement of our many dear friends, especially from Those Who traveled the fiery path long before us and Who left a legacy that provides a wellspring of inspiration for our dedicated labor and service. As the great Sage M. M. wrote, "The greatest method to shorten time is dedicated labor." In dedicated labor you don't have measurement of time. Torkom wrote, "Great labor cannot be carried on alone. A great labor is a teamwork."

The implementation and establishment of the WMEA St. Sergius University and Seminary is a reflection of a dedicated Group labor, a labor that didn't "just happen" but took many years of diligent preparation and the right team of coworkersthose who had an awareness of the goal and the knowledge and skill required for the implementation of the goal, as well as the endurance to complete the initial stages of the goal; and who had the enthusiasm for the work and a self-sacrificing personality that would be highly dedicated to this most beautiful task. Each faculty member is not only thoroughly knowledgeable in the Teaching through his or her own experiences, continuous study, meditation and training but also holds the skill and inspiration to create and teach the course lessons. He or she must be an expression of the virtues and principles of the Teaching, especially the virtues of humility, compassion, patience, tolerance and understanding. He must not see him or herself in a position of authority but as a humble servant who is dedicated to the work of the Hierarchy of Light. Always, the Teaching is the authority.

And finally, we do not see the WMEA St. Sergius University and Seminary as the only Ageless Wisdom school but one of a global group of Wisdom Universities coming into manifestation for this century.

"Universalism is the ability to see all phenomena from the viewpoint of the One Self abiding in each unit, without being separated."

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With deep gratitude,
Jdeen D. Nu Bain
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### White Mountain Education Association Meditation Monthly International

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Cover picture: St. Sergius, The Builder by Nicholas Roerich

## Thoughts on Agni

**By Carol Woodard** 

"Steep is the path to the abode of faith. Turn your mind to the joy of creation, That you may exalt the spirit, cast out all trivial thoughts, and be ready to receive the waves of vibration sent by Us."<sup>1</sup>

The path to the Solar Angel, to the Chalice and to the Hierarchy is very difficult. It is full of obstacles of the lower self—glamours, negative emotions, ego, vanity, wandering mind, fatigue. The higher mind and the Hierarchy are abodes of faith because they have a knowingness based on the heart and beyond the logic of the lower mind. The lower mind may plant seeds of doubt, may ridicule, and may challenge the validity of our faith.

We must strive to continually keep in mind the joy of creation—whether we are creating something new and beautiful or whether we are doing mundane tasks such as the dishes. Be creative and joyful even in doing these everyday tasks. Strive to creatively apply the principles of the Teachings in family life and experience the joy of growth within the family members. Embrace the beauty and joy of life and "exalt the spirit" through creation.

Cast out trivial thoughts—all thoughts that are petty and based on insecurity, jealousy, worry, anxiety, doubt, fear—basically any thoughts that are not related to Beauty, Goodness, Righteousness, Joy and Freedom. Cut the chains of the mundane world and mentally rise above to receive impressions from the Hierarchy. Be ready to receive light, love, and power from the Hierarchy. They send energy to encourage us to advance on the path and to aid in manifesting the Plan. In their vibrations are part of their beingness—joy, love, courage, and strength. Their vibrations will help strengthen and guide us.

"We lend Our Ears to pure thoughts.

You will receive the knowledge and will walk the pure path, but beware of anger and of doubt.

If you conquer, you will receive the Light.

If you falter, the whirlwind will obscure your soul.

Perfect yourselves, my friends, unwearyingly. Deny not the Voice of the Spirit, suppress only the earth-bound voices.

Be daring—I am with you."<sup>2</sup>

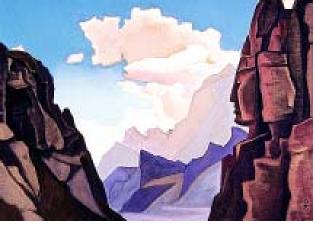
"We lend Our Ears to pure thoughts." The Hierarchy listens to pure thoughts, to thoughts that radiate Beauty, Goodness, Righteousness, Joy and Freedom; thoughts that are related to serving the common good; thoughts that are fueled by love and compassion, not ego or selfcenteredness.

"You will receive the knowledge and will walk the pure path...." Those who have pure thoughts will receive the understanding of the Teachings and will strive to apply the Teachings without distortion of the personality.

"...but beware of anger and of doubt. If you conquer, you will receive the Light."

"If you falter, the whirlwind will obscure your soul." Anger can stem from separateness, the ego, and fear. Anger can occur because a person is trying to control a situation or person and their expectations aren't met. It can be an emotional reaction due to a feeling of defeat. Anger creates separateness between people, as well as poisoning your own system. Doubt is a disease of the mind based on fear. If you can conquer anger and doubt and realize that they can be used by the dark forces to create separatism and treason, then you can receive the light of the Solar Angel. This requires observation, detachment, understanding and faith. Conquering these vices leaves the path of light clear to reach you. If you are engulfed with anger or doubt, then the connection to your heart, higher mind, and Solar Angel is hampered. A person would then be prey to the dark forces.

"Perfect yourselves, my friends, unwearyingly. Deny not the Voice of the Spirit, suppress only the earth-bound voices." Perfect your beingness while you are performing your doingness. Is your beingness radiating virtues in thought, word, and deed? There should be an absence of irritation, anger, rushing, fear, and anxiety. You will not be fatigued if you are driven by your Soul rather than your personality. The Soul takes care of your true needs (including the need for sleep, rest, and labor), whereas the personality may not. The personality can drive with a whip at times, while the Soul inspires with a vision. If you



Painting by Nicholas Roerich

feel exhausted, take a look at who's doing the driving. Do not ignore or deny the voice of your conscience, of your Solar Angel and of your Teacher or Master. Listen to them. But do not be a slave to the earthbound voices of family, friends, media, or society that are attached to matter, to money, to position, and to self-centered interests.

"Be daring—I am with you." Be daring in fighting the personality weaknesses (such as depression, anger, doubt), and in believing in your Inner Divinity, and in the power and potential within you to overcome obstacles. We are not alone. We have the group energy, we have our Solar Angel and we have our Teacher and our Ashram. We shall receive help when we need it—but only after we have exhausted our own resources and are about to cross the abyss.

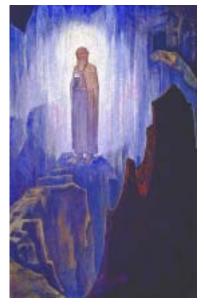
> "Pupil, why think about what cannot be fulfilled? Dissipate not your force in languor of your spirit. My Lotus is a joy to those who visit My Garden."<sup>3</sup>

Don't waste your time and energy thinking about that which is beyond your reach and lamenting that you can't achieve it. Instead strive to attain that which is within your reach. Appreciate the divinity that you are exhibiting and your striving. Also, appreciate and feel the joy of those who have attained higher consciousness and manifestation of the virtues. Don't dwell on what others are lacking-understand that they are doing their best at the present time. Don't waste your energy on trying to change what is out of your control. Recognize the karma involved and the responsibility of other people to change themselves. In trying to fulfill the Plan, don't "cast pearls before swine." Strive to find people that are ready to embrace the Teachings and change themselves and their life. Turn your attention toward service for Hierarchy. Hierarchy is the Real, the embodiment of God. See the beauty of Hierarchy and serve the Planthis will bring joy. See God's manifested beauty everywhere.

devote time to silence of the spirit. Then shall I approach thy inner being. The seed of the Great Silence leads to knowledge of the Great Service."<sup>4</sup>

"But amidst attainment devote time to silence of the spirit." What is attainment? Knowledge, skill in a field of service, and spiritual attainments, such as practicing the virtues in everyday life, seed-thought meditation, studying the Teachings. "[D]evote time to silence of the spirit" means to quiet the personality and be still within so that impressions from Hierarchy, your Solar Angel, or Teacher can reach your heart. You must be free from anger, agitation, and irritation. You must be able to detach from outer influences and annoyances. They will always be there! You must be balanced in life. You must have both attainments and guietude, breathe in/out, serve/listen. Devote time to complete silence: physical, emotional, mental silence, and silence of the ego, of the lower concrete mind. "Thy will be done Lord, not mine." Then do the service of the Lord instead of the will of your personality.

"[T]he seed of the Great Silence leads to knowledge of the Great Service." The Great Silence, in my opinion, is related to perceiving or resonating with a higher level of consciousness such as a Master's or the Solar Angel's level of consciousness. Higher contact then leads to an impression of the Great Service, which probably is registered in the heart.



The Teacher by Nicholas Roerich continued from page 1

of the enemy.' Supported by his disciples, he received Holy Communion, raised his hands towards heaven and after a prayer entrusted his holy and pure soul to God."<sup>3</sup>

O Lord, Saint of Man and Beast, You are the Blessed one, You are the morning star, And the zenith sun. O Lord, how we long to see The expression of your beauty Radiating through the heart of humanity. Through the green forests shimmering and vibrant, Through a blue sky and clean lakes, Through the song of birds and majestic Eagles.

O Lord, Saint of Man and Beast, We will serve Thy Beauty, We will protect Thy Beauty, We will strive to be Thy Beauty.

-J. DuBois, September, 2003

<sup>1</sup> Meditation Monthly International, January 1993. © 1993 White Mountain Education Association.

<sup>1.</sup> Leaves of Morya's Garden, Book One, para. 19. © 1999 Agni Yoga Society, Inc.

<sup>2.</sup> Ibid., para. 25.

<sup>3.</sup> Ibid., para. 312.

<sup>4.</sup> Ibid., para. 360.

 $<sup>^2</sup>$  From a lecture by Torkom Saraydarian, .  $\textcircled{\mbox{$\odot$}}$  1995 The Creative Trust

<sup>&</sup>lt;sup>3</sup> Meditation Monthly International, January 1993. © 1993 White Mountain Education Association

<sup>&</sup>quot;But amidst attainment

## The Path of Agni Yoga By Carol Woodard

A person must be tested to see if they are ready to enter the path of Agni Yoga. They must be tested physically. For example, they may be tested in terms of being cold and hungry. They should be able to withstand physical tests, because they are detached from the physical cravings and can fortify themselves at another level-a spiritual level. They have strength to overcome hardship, because they know they need to prepare themselves to serve others. They must be tested to see if they are loyal to the Teachings when others slander the Teachings or try to plant doubt in their minds. Agni Yoga states that even if one does not fully understand the deep Teachings of Agni Yoga, they should still be able to recognize distortion and treason and stand firmly against both. An Agni Yogi is continually tested to see if he has the spiritual fortitude, the courage and the wisdom to keep spiritually elevated despite surrounding conditions and trials.

Why is it so important that seekers be tested and demonstrate their capability to withstand trials? Because the Agni Yoga Teachings are very powerful and potent. The Agni Yoga Teachings are fiery Teachings. All life is imbued with fire, with the divine spark of God, and Agni Yoga is a path that teaches disciples to harness this power in space and utilize it. This fire is both within us and in the Supermundane worlds. An Agni Yogi learns to access potent energy and currents from space, and these ignite the fires within his centers. These fires can be constructively used if the person is purified and ready to use them, but they can be very destructive if the person is still battling impurities in his nature. They could create physical problems for a person as well as increase his vices and glamors so that he is "ineffectual" in life or worse—prey to the dark forces.

It is important to recognize that Agni Yogis face dangers. One is the increased fire in his centers and another is his increased sensitiveness to injustice. An Agni Yogi has to be very strong to be able to handle the increased sensitivity to the world around him as well as the increased responsibility he feels to help humanity. He also has to be able to wield the increasing energy and power he is learning to access through contact with the Supermundane worlds. The Agni Yogi must be able to handle great spiritual tension. The payoff for the Agni Yogi is the great light and truth that dawn in his consciousness and the great liberation he undergoes in seeing the Real from the Unreal in greater and greater degrees. "Joy is a special wisdom." The Agni Yogi experiences great joy as he becomes able to penetrate into the reality of the deeper dimensions of his surroundings, as he develops his higher senses.

The Agni Yogi can learn to communicate with the Teachers through two currents one is the single current that is a single line of communication to his Teacher. He can also utilize the current of space, which is a communication line to a wider array of contacts, i.e., several Teachers and possibly cosmic knowledge from space.

The Agni Yogi lives immersed in the world and not separate from it. Fiery striving must accompany all daily actions and pursuits. It is not a part-time pastime. The disciplines he practices are internal and not perceptible by the outside world. He purifies his thinking and his motives and feels joy in taking on more responsibility and sacrificing more. He does not feel in bondage by responsibility. He is able to blend in and does not stand out. He strives not to call attention to himself because the common crowd would throw arrows at him. The consciousness of the crowd is still animal-like and feels threatened by those evolving in consciousness. The Agni Yogi does make sure that he lives a goal-fitting life and that his environment allows him to carry out his labor for humanity.

Agni Yoga is a continuation of the past yogas (Karma Yoga, Bhakti, Jnana, and Raja Yoga) and adds a new dimension. One's heart needs to be pure; the mind needs to be wise; the soul needs to be the master of the personality, but also the soul must penetrate into the higher worlds of the Buddhic level and beyond.

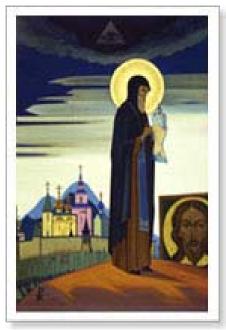
In applying the appropriate yoga of the age, the striving disciple is strengthened and nourished due to contact with energy from his higher mind or the buddhic plane. The higher mind taps into the energy currents of the world that are creative, energizing and joyful. It is through building the Antakarana that we truly master our personality and liberate our divine spark imprisoned in matter. To me, Raja Yoga works on building the lower part of the Antakarana, while Agni Yoga works on building the higher part of the Antakarana.

Contact with the spiritual forces of Agni Yoga can inspire creative labor to meet the present need of humanity. Fire is "the lifegiver and the creator of will." Creation and will come from the higher planes, so in accessing and harnessing the energy of the higher planes, an Agni Yogi is able to be very creative and willfully use that creativity toward good.

Agni Yoga is the yoga of self-sacrifice. It is dangerous to sacrifice yourself because others will hate you and try to kill you, as they have done to so many great ones in the past—Gandhi, Christ, Martin Luther King, President John F. Kennedy. However, it is through personal sacrifice that the greatest liberation and service is found.

Since Agni Yoga is the yoga for the coming age, those that first received contact with the fiery energies endured new difficulties, as if they were people of another race. Agni Yogis must be very strong and be able to endure great difficulties. They also are privileged to be leading humanity, through their field of endeavor, into the next era where there is the opportunity for greater light and love to prevail.

# St. Sergius from the words of N. K. Roerich



St. Sergius of Radonezh by Nicholas Roerich

From the words of N. K. Roerich at the consecration in Churaevka, Conn., USA, in 1931, of the Chapel of the Holy Sergius, erected by the Siberian Society of the Friends of the Roerich Museum in Radonezh

### Preface:

"Many beautiful pages have been written by the best people about Holy Sergius, the Blessed Educator and Intercessor of the Russian Land. Not few are the legends, which are still preserved in the memory of the people, especially among the wanderers. Not few are the prophecies and visions connected with the Radiant One, similar to the legends, which arose during the times of the pillage and outrages across great Holy Russia.

"We shall again return to His luminous and stern Covenant. We shall unite our hearts around our Guide and Intercessor. We shall raise the Banner of His Marvelous vision and, enraptured by the spirit, we shall strive to a new podvig, to a new construction of the Luminous Country.

> Father Sergius, the Miraculous With You we shall go, With You, we shall conquer!

### St. Sergius – Builder of Russian Spiritual Culture

"Each mention of this holy name commandingly summons all of us to unceasing, luminous labor, to self-denying construction, and it makes of St. Sergius a Holy One for all centuries and for all peoples, because culture of the spirit extends beyond all boundaries. There is no religion and no teaching whose bearer, when told about His work, would not bow before the image of the Holy One.

"Origen commanded: 'With the eyes of the heart behold!' Is this not also a precept of the Holy One Himself, who in His flaming Chalice exalts the commandment of compassion and love?

"Holy Isaac Sirin said: 'When we are at rest demons make merry, but when we are at work angels rejoice.' With these co-angelic labors Sergius placed the cornerstone of Russian spiritual culture, which has brought it to the treasury of world esteem.

"Is it by chance that the sacred banners of the Holy One appear on predestined paths? It is marvelous and wonderful to see how even in our confused time, burdened with darkness, everywhere rise torches of temples and chapels in the Name of the Holy One. In Paris is the Sergius Monastery. In London, a Sergius group meets frequently. The name of St. Sergius is in South America. Here near New York we have the joy to consecrate the Chapel of St. Sergius. In New York, in the house of the Museum is a chapel room dedicated to the Holy One. Throughout Asia are spread seedlings of chapels and temples in the Name of this invincible Guide to Good. An enormous number of books, articles and leaflets are dedicated to the Holy One. That invincible Name is spread everywhere.

"Pay attention. The Holy One during His life did not lose Himself in seeking, but in striving He ascended and built. It can be said that He, far beyond the limits of a Godseeker, was one who bore God in His heart. "The Holy One was united from the Fiery Chalice. The Fiery Chalice was of service to the Holy One. In this blessed creative fire, the Image of St. Sergius has come down to us. And to Him fiery were the visions of the Holy Virgin!

"Those who know the flame of the Heart are forever connected with the Image of the Holy One. This great knowledge, a blessing, which rarely descends from above, forever united the Name of the Holy One with the idea about knowledge. 'The Holy One knows,' the people remembered. 'The Holy One knows when to save.' 'The Holy One knows when to appear.' 'The Holy One knows when to help.' 'The Holy One knows whose heart is accessible to benevolence.' 'The Holy One knows where there is disbelief and treachery.' 'The Holy One knows where there is a true-hearted gift.'

"In all gatherings in the Name of the Holy One, we come to the idea about the immutability of His knowledge, about the wisdom of His podvig. In this descent, in the understanding of knowledge and culture, we find general salvation. Otherwise, we substitute destructive denial, want of faith, lightmindedness, treachery and bondage!

"In the realization of beautiful benevolence only the descent is conceivable. Humanity becomes tired of destruction and confusion, which blow out the flame of the heart. Marvelous to us is the Name of the Holy One, with which is indissolubly connected knowledge and construction, compassion and untiring steadfastness. Yes, the Holy One helps us, according to our strengths, to become assistants to Him in His untiring labors, visible and invisible, said and unsaid! The unsaid is inexpressible by relative human language. But, fortunately, in addition to verbal language, language of the heart is given to humanity.

"In the flaming language, in the fire of the heart, we gather, and having forgotten the darkness of yesterday, we unitedly aspire to Light.

"Yes, to help us the Holy One is united with the great indivisible Light."



## October / November 2003 CALENDAR OF EVENTS

The Florida (Sarasota) WMEA Study Group meets at 9:30 a.m., on alternate Wednesday mornings in Sarasota.Please call Ginette Parisi at (941) 925-0549 for complete information. The Ohio (Ashville) WMEA Study Group meets twice a month for meditation gatherings. For upcoming meeting dates and times, please call Kate Studebaker at (740) 983-6030.

#### The NEW Puerto Rico WMEA Study Group meets at 7:00 p.m., every Saturday night. Please call Saskia Frau at (787) 780-6276 or (939) 389-1149 for complete information.

The Oregon (Lebanon) WMEA Study Group meets each month for a meditation gathering. Please call Vickie Stevens at (541) 258-6142 for complete information. The Colorado (Denver) WMEA Study Group meets each month for New & Full Moon meditation gatherings. Please call Beverly Phillips at (303) 757-7228 for complete information.

## October 2003

- Wed. 1 *Agni Yoga Study Group*, 7–8 p.m., WMEA Center
- Sun. 5 Sunday Service: Meditation, Singing, and Lecture "Joy in the Teaching" with Rev. Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse

Men's Group Meeting – Noon, Taj Mahal Restaraunt, Frontier Village Shopping Center

- Tue. 7 Class: Serving Humanity, 7–8:15 p.m., WMEA Center
- Wed. 8 *Full Moon of Libra*, Lecture & Meditation, 7–8 p.m., WMEA Center
- Sun. 12 Sunday Service: Meditation, Singing, and Lecture "How a Person Can Approach the Teaching" with Rev. Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 14 Class: Serving Humanity, 7–8:15 p.m., WMEA Center
- Wed. 15 Agni Yoga Study Group, 7-8 p.m., WMEA Center
- Sat. 18 WMEA 21st Anniversary Celebration Workshop, 10:00 a.m.–3:00 p.m. Yavapai Hills Clubhouse
- Sun. 19 Sunday Service: Meditation, Singing, and Lecture "The Teacher" with Rev. Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 21 Class: Serving Humanity, 7–8:15 p.m., WMEA Center
- Wed. 22 Agni Yoga Study Group, 7-8 p.m., WMEA Center
- Sun. 26 Sunday Service: Meditation, Singing, and Lecture "Wholeness and the Teaching" with Rev. Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 28 Class: Serving Humanity, 7–8:15 p.m., WMEA Center
- Wed. 29 Agni Yoga Study Group, 7-8 p.m., WMEA Center

## November 2003

Sun. 2 Sunday Service: Meditation, Singing, and Lecture "Spiritual Aspiration" with Rev. Joleen DuBois, 10:00 a.m., Yavapai Hills Clubhouse

Men's Group Meeting, Noon

- Tue. 4 Class: Serving Humanity, 7–8:15 p.m., WMEA Center
- Wed. 5 Agni Yoga Study Group, 7-8 p.m., WMEA Center
- Sun. 9 Sunday Service: Meditation, Singing, and Lecture "Full Moon of Sagittarius," with Rev. Valarie Drost, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 11 Class: Serving Humanity, 7–8:15 p.m., WMEA Center
- Wed. 12 Agni Yoga Study Group, 7-8 p.m., WMEA Center
- Sun. 16 Sunday Service: Meditation, Singing, and Lecture "Technology and the Teachings" with Shary Singer, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 18 Class: Serving Humanity, 7–8:15 p.m., WMEA Center
- Wed. 19 Agni Yoga Study Group, 7-8 p.m., WMEA Center
- Sun. 23 Sunday Service: Thanksgiving Service "Gratitude to our Teachers," with Rev. Joleen D. DuBois, 10:00 a.m., Yavapai Hills Clubhouse
- Tue. 25 Class: Serving Humanity, 7–8:15 p.m., WMEA Center
- Wed. 26 Agni Yoga Study Group, 7-8 p.m., WMEA Center
- Sun. 30 Sunday Service: Meditation, Singing, and Lecture "The Purpose of Life" with Cathy Ross, 10:00 a.m., Yavapai Hills Clubhouse

Applications for the St. Sergius University & Seminary are being considered. See our website http://www.wmea-world.org

Torchbearers Class for children meets every Sunday, 10:00 a.m. Teen Program meets the 1st and 3rd Sunday of every month.

> All Sunday lectures from Prescott are available by tape. Tapes are \$7.00 plus \$3.00 for postage and handling. Please send your order to: WMEA, 543 Eastwood Drive, Prescott, AZ 86303

*WMEA Center:* 543 Eastwood Dr., Prescott – Phone: (928) 778-0638 for information. Yavapai Hills Clubhouse: 4975 Hornet Dr., Prescott (Mail for WMEA will **not** be accepted at this address.)

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