



# Meditation Monthly International

## The Legend of The Tower of Shamballa

Let us pronounce the prayer to Shambhala!

*Thou Who called me to the path of labor,*

*Accept my ableness and my desire.*

*Accept my Labor, O Lord,*

*Because by day and by night  
Thou beholdest me.*

*Manifest thy hand, O Lord,  
because great is the darkness.*

*I follow Thee!*

(*Agni Yoga*, para. 104)

### The Ruler of Shamballa

For some, Shamballa is the Truth. For others, Shamballa is a utopia. For some, the Ruler of Shamballa is a venerable sage. For others, the Ruler of Shamballa is the manifestation of riches. For some, the Ruler of Shamballa is a bedecked idol. For others, the Ruler of Shamballa is the Ruler of all Planetary Spirits. But We shall say, The Ruler of Shamballa is the fiery Impeller of Life and of the Fire of the Mother of the World. His Breath is ablaze with flame and His Heart is aglow with the fire of the Silvery Lotus.

The Ruler of Shamballa lives and breathes in the Heart of the Sun. The Ruler of Shamballa is the Invoker and the Invoked. The Ruler of Shamballa is the Sender of the Arrow and the Receiver of all arrows. The Ruler of Shamballa breathes the Truth and affirms the Truth. The Ruler of Shamballa is invincible, turning destruction into construction. The Ruler of Shamballa is the Crest of the Banner and the Summit of Life. Accept the Ruler of Shamballa as the manifestation of life; thrice I say—of life! For Shamballa is the guaranty of human aspirations.... (*Hierarchy*, para. 5)

Where is Shamballa, the Legend about which we read? "We are told that above the Gobi Desert, in the second ether, there is a great center of energies which is called Shamballa, or the Head Center of the planet, through which issues the directing Will of our Planetary Logos. Only very high Initiates have permission to enter there, attend the great Council, and be instructed in the Will of God.

"We are told that Christ is a member of the Shamballa Center and that He occasionally attends meetings there." (*Christ the Avatar of Sacrificial Love*, p. 201)

### Shambhala on Earth

"Lama, how does it happen that Shambhala on earth is still undiscovered by travellers? On maps you may see so many routes of expeditions. It appears that all heights are already marked and all the valleys and rivers explored."

"Verily, there is much gold in the earth; and many diamonds and rubies in the mountains, and every one is so eager to possess them! And so many people try to

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## Networkers' Letter

by Joleen D. Du Bois



**White Mountain  
Education Association  
Meditation Monthly International**  
**VOL. XVIII ISSUE NO. 4**

MMI can be found on the Internet  
World Wide Web Address -  
<http://www.wmea-world.org>  
E-mail - [staff@wmea-world.org](mailto:staff@wmea-world.org)

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Cover Picture by Nicholas Roerich  
*The Path to Kailas*

### Dear Friends,

Three times the Shamballa energy has directly impacted the human kingdom "unimpeded and untransmuted."<sup>1</sup> In May—the year 2000—the Tibetan instructs that another such occurrence will take place, bringing with it a crisis for humanity—a crisis that can serve as a great opportunity for the advancement of humanity if it is prepared.

Shamballa energy is Will energy. "It is the purest Will that exists on the planet." It is an energy charged with Purpose, and is a fiery creative energy. In order to assimilate the released fiery stream of energy, aspirants and disciples around the world must have, in readiness, formulated groups that are united and pure, fused with higher purpose and values. If this is done, humanity will utilize this energy to experience right human relations, peace, health, and Joy; it will see expansion of consciousness and improvement in its educational system, economics, politics and religion.

If humanity is unable to absorb the fiery energy, using it destructively, it will see an increase in aberrant sexual crimes, AIDS and other auto-immune diseases, distorted consciousness, and mental illness; it will experience an increase in criminal behavior as a result of drug abuse, alcohol, and gambling; it will see an increase of materialism—greed, jealousy, separatism, hatred and revenge; terrorism and wars; epidemics; insanity and wrong human relations.

In order to assimilate and digest the Will energy and use it creatively, aspirants and disciples must be in touch with the Core of their nature—light, love and willpower—they must, through their study, meditation and service be prepared, vigilant, and observant because the forces of darkness will also be in a position of readiness to seize this as an opportunity to contradict the Plan of evolution and Laws of the Spirit.

Those disciples, the men and women all

over the world who will stand united in taking responsibility for the protection of humanity and the Hierarchical Plan, those servers of Christ, and the abode of Light in Shamballa—the Center where the Will of God is known—are: "the New Group of World Servers, the World disciples who will be receptive to the guidance, and the men and women of goodwill who will be in responsive activity."<sup>2</sup>

To utilize the released fiery energy of Will from Shamballa constructively we must:

- \* sound the Great Invocation daily
- \* live a life of sacrificial service
- \* be daring and courageous
- \* awaken the Spirit of joy & peace
- \* balance heart and mind, beauty, & freedom in others
- \* demonstrate control over the lower nature
- \* live economically & simply
- \* be progressively creative
- \* meditate, study & serve
- \* demonstrate mental clarity and emotional stability
- \* expand our consciousness
- \* live an orderly life, with purpose
- \* build continuity of consciousness
- \* live in the Spirit of synthesis
- \* be joyful

Shanti,

Joleen D. Du Bois  
President

1. Excerpted from *Externalisation of the Hierarchy*, Alice A. Bailey (New York: Lucis Trust Publishing, 1957), p. 438.

2. *Ibid.*, p. 439.

# The Legend of Wesak

## PART I

In a remote part of the Himalayas is a sacred valley in which Great Beings gather to invoke energy from the Most High. The legend tells us that Christ comes and blesses all initiates, disciples and aspirants for one minute. In actuality that one-minute blessing lasts for an eternity. The Wesak ceremony has many symbols. The participants chant great mantrams. There is actually a profound electrical power that is found in the sounding of the mantrams, a power similar to what is radiated when a group sounds the Great Invocation with great concentration....

You can learn of this spiritual and sacred ceremony throughout history in both legend and tradition. But in reality some people actually see and/or participate in the exact ceremony. We are told, for example, that A. A. Bailey, Helena Roerich, and H. P. Blavatsky had memories of attending the ceremony. Some disciples consciously attend the ceremony in their astral body, others in their mental body, and the more advanced ones, in their spiritual body. If you attend the ceremony, you may have a conscious memory of the experience or you may attend without the memory of the experience. Memory depends upon the purity of your consciousness and the level of your contact with higher planes. Whether in attendance of the ceremony or not, the effects of the ceremony are experienced all over the world.

The Wesak Festival is held on the physical, emotional, mental and intuitional planes—four different levels of consciousness. If you want to attend the ceremony on the physical plane, you need to secure a means of travel to arrive at the Himalayan Mountains. The same is true with subjective travel. If you want to attend the ceremony on the emotional plane you must have experience and knowledge in how to use the emotional body as a vehicle, or mechanism, in which to “travel.” If you want to enter into the higher worlds, you must know how to engage your mental vehicle.

If you only have a physical vehicle, you will see the physical part of the ceremony. A few years ago some students of the Ageless Wisdom made a video of their trek to the Wesak Festival. We were able to view the ceremony as it took place upon the physical plane. But in order to attend the other aspects of the ceremony, for example, the astral level of the ceremony, requires that you have an emotional vehicle that travels in a very pure emotional world, not laden with glamors, low level desires, etc. The same law applies to the mental equivalent of that event: if your mental vehicle is built and pure, you can experience the ceremony on that level. If your intuitional body is built, you can view the entire solemnity, beauty and magnificence of the whole of the Wesak ceremony. You can observe the whole process. You will recognize the subtle magnetic sphere the Masters created in the valley of the Himalayas; you can see the distribution of the energy as it affects and relates to disciples everywhere. You can see the Great Chohans in their subtle bodies and even the protective invisible electric wall that surrounds the valley, repelling all those who try to attend the ceremony, those whose readiness is not yet qualified.

To have a memory of the experience you must have continuity of consciousness, a constructed bridge between the lower and higher mind. Without the constructed bridge, when you return from the ceremony, there is no way to record the experience. Such a person will retain the energy of beauty, joy and bliss, but not have any memory of the experience.

Many people have a glamor about attending the Wesak Festival. But actually until our lives are constructed from the fabric of service, selflessness, solemnity, and used as an instrument of the Great Ones, it is more important to work on ourselves and get our



*The Path to Kailas* by Nicholas Roerich

physical, emotional and mental bodies in a harmonious pattern. We must start to purify our bodies and build the bridge, sometimes called the Rainbow Bridge, through occult meditation.

In the book *Symphony of the Zodiac* by Torkom Saraydarian, we are given a few ways that a person can participate in the ceremony. The wisest action that you can take, each year, is to set aside the seven days of the Wesak Festival as the most holy days of your life and use them to work upon yourself. This year the seven-day period begins Sunday, May 15 and continues through Saturday, May 21.

The first three days can be days dedicated to right living, purification, and sublimation of all that works against the purpose of your physical, emotional and mental nature and transformation of the lower vehicles. On the day of contact, the actual day of the Wesak Festival, align your entire nature toward all that is beautiful and to all that is good and honest. On this day of contact you can strive to make contact with your Soul. At the moment of contact, your Master will focus his eyes upon you and you will feel the energies penetrating into your aura causing a moment of supreme enlightenment—enlightenment of your mind and consciousness, a moment when the hidden light in

# Masters and Hierarchy

A Sunday Talk by Joleen Du Bois

**W**e are told, “Hierarchy is the living Headquarters of a World Educational Group.”

“Most of the members of the Hierarchy live in the world now or in the past. They have mastered Their lives, Their personalities, Their minds, Their bodies, and became perfect on all levels of consciousness. They have bodies like us. Some have bodies, which are etherically composed; others can materialize and look like we do.”

We are given stories about how some members of the Hierarchy came and appeared and talked about matters of great national or international importance and then disappeared. Helena Roerich, in one of her unpublished letters to President Franklin D. Roosevelt, told him about these Great Ones.

In writing to President Roosevelt, Madame Roerich says she is offering him the Highest Help, the “Help which since time immemorial stands on constant Vigil, observing and directing the march of world events into the saving channels.”

She relates how the Higher Help is made manifest in “most unexpected and manifold aspects, through forwarding and counsels.”

Among the many examples she gives to Pres. Roosevelt are the warnings that came from the Count Saint Germain, a member of the Himalayan Community, to the ill-fated Marie Antoinette—frequent warnings by letters, personal visits and so forth, about the danger threatening the country, the Royal House and its friends. But all his saving warnings and advices were regarded as offences and fraud.

There were the warnings given to Napoleon, who during the first years of his glory liked to mention his Guiding Star, but who, nevertheless, did not accept the entire Advice. Driven by pride, Napoleon went against the essential condition to abstain from attacking Russia. He neglected the benevolent warning and, of course, the defeat of his army and his own tragic end is well known.

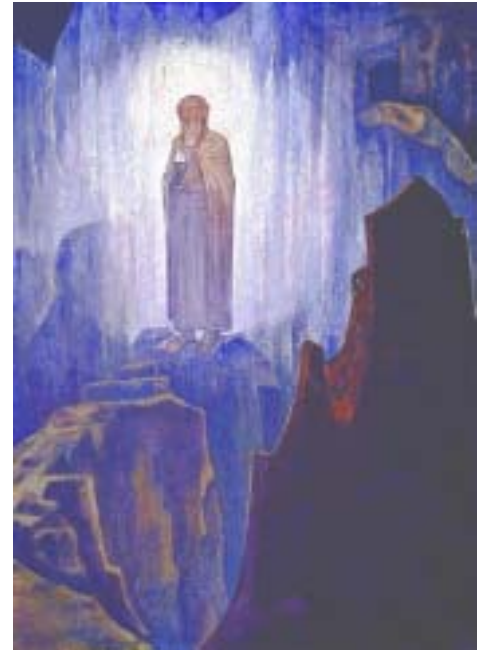
President George Washington had counsel from a mysterious Professor.... Thus his success.

Likewise during the Historical Assembly, at the creation of America’s Declaration of Independence, the fact was registered as to how at the crucial moment of hesitation and indecisiveness, from amidst the audience rose a tall stranger who finished his flaming speech with the call: “America shall be free!” The enthusiasm of the Assembly was kindled and the Declaration of Independence was signed. When those who were present wished to greet “him who had helped them accept this great decision,” the stranger could no more be found; he had disappeared.

The threatening events in America that Abraham Lincoln confronted during his presidency caused him to say, “Those events have come and the forerunners of the decisive hour are crowding at the threshold!” But the same Higher source from the Hierarchy affirms: “America has reached the boundary of the turning point in her history. Precisely, America can reach her great significance and peaceful bounty. The Counsel is ready for America and it is useful for her to accept it, for else, many are the examples of grave consequences of rejection.”

“In the Far East, the great Mongol emperor, King Akbar, was continuously in contact with Hierarchy. Once he was hunting, and his party surrounded many deer and wild animals. This large party of people intended to kill the animals. Suddenly the voice of Akbar’s Master came. He said, ‘Meet Me under that tree.’ What they conversed about was not written down, but when Akbar came back he said, ‘We are not going to kill animals anymore.’

“The hunting party dispersed. They said, ‘We were ready to kill all of these animals.’ ‘You know, they are treasures,’ King Akbar said. ‘We will stop killing them.’ From



*The Teacher* by Nicholas Roerich

that date on he made many changes in the palace and in the government. He was so benevolent, so beautiful.”

“We are told that many millions of years ago Great Ones came to infant humanity to teach them. They came from another planet and incarnated on this planet. They became the Kings and Queens and Teachers of humanity. How did they get started? They started with dances, dramas, recitations, chanting, discipline, education, and slowly, slowly, They energized the fire in humanity.

“Behind all progress in humanity we are told that we will find a Master, a Great One, Who inspires humanity.

“The members of the Hierarchy will walk among us. There will be no mine and yours, my religion, my race, my nationality, my country, but there will be a real united symphony of the cream of humanity.”

## IN HISTORY

**W**e read that most of these great members of the Hierarchy Who came to the world and gave a higher teaching to us were born from the same Mother. For example,

*The Mother of Mercury and Hermes  
was called Maya.*

*The Mother of Siamus was called  
Savior.*

*The Mother of Samanakadem  
was called Maya.*

*The Mother of Adonis was called Mira.*

*The Mother of Buddha was called  
Maya.*

*The Mother of Christ was called Mary.*

“They belong to all religions.” Christ had only one religion, which was “love each other as I love you.” Create right human relations, peace on earth, and glory to God. That was His religion.”

“If we keep the simplicity of Christ, how He lived, how He cared for everyone, how He was crucified and suffered for us, we will not speak about preaching and giving sermons. We will love and help each other.

### IMMORTALITY

“The members of the Hierarchy were all like us. Eventually some of Them built Their soul. People all over the world think that they are immortal human beings. You will never be immortal until you reach immortality through your own striving, labor, sacrifice, service, and by being a soul.”

In order to become immortal, you must have a connection with your higher principles so that when you die, you are not obliterated and annihilated, but instead you are conscious of the infinite path.

“All members of the Hierarchy demonstrate a life of sacrificial service. All of Them render sacrificial and dedicated service to humanity, not to Their nation only, but to all humanity. They render service to the planet, to the trees, to the rivers and lakes, to the animals, to the angels.”

All of them challenge us to become immortal. Their main topic was [is] to urge us to prepare ourselves for immortality. When They asked Christ how to reach the Kingdom of God—which was asking, How can we reach immortality?—He said, “You can

take the Kingdom of God (immortality) by violence.” What is violence? Heavy labor and striving.

“Study, meditate, work, sacrifice, and labor. You are going to work to change yourself. Unless you work and change yourself, you are going to be like a dry leaf that the wind will come and blow away.”

### THREE MAIN LABORS

The Hierarchy, we are told, have three main labors:

1. “*The first labor is to make humanity proceed on the way to perfection.*”

“This is the main labor. They want every-

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*An Adept knows  
what His disciple is  
doing at any time,  
when the disciple  
thinks about Him,  
or when the  
disciple’s mind  
gives Him a call.*

---

one, from every race and religion to advance, to transform, to transfigure himself until he becomes love, light, and energy.

“We are a great energy in this little body. When we develop our energy side, the little body will radiate all that purity, beauty, and creativity. We must reach that stage.”

Christ said in the New Testament “Be courageous; I overcame the world.”

“Be courageous. The work of Great Ones is to create courage in us so that we go home and say, ‘You know, I do not want to stay as I am.’ Once you start not liking yourself, you are stepping on the path of perfection. If you

are satisfied with your legs, hair and think that everything is beautiful, you are going to be a stagnated lake, nothing else.

“You are going to leave your image behind and seek a new image. That is how you advance.”

2. “*The second work of the Hierarchy is to prepare its members for solar service.*”

Planetary service is their main labor, but for Solar labor, we are told, They go for special training. They work with major Rays and, with Their wisdom and power, purify the space as much as possible.”

3. “*Their third work is to penetrate beyond the solar system and create cables of communication between advanced stars and galaxies and our planet so that we do not feel like we are an orphan in space.*”

“QUESTION: Where are the members of the Hierarchy located?”

“ANSWER: Wherever you have a contact with Them, they are there. For us, we think in terms of location. They speak about space being Their home because They are in immediate communication. They are with each other even if They work in different locations on earth. They can see and hear each other any moment, anywhere.

The consciousness of the Higher Adepts has no location. This is a serious concept. Their consciousness functions in all the planes of the Cosmic Physical Plane, as if They were the planes. Non-locality is the characteristic of Their consciousness. They can live in the physical plane but act in the Intuitional Plane. They are always in contact with each other in all planes.

An Adept knows what His disciple is doing at any time, when the disciple thinks about Him, or when the disciple’s mind gives Him a call.

Space and time vanish before a developing consciousness and the consciousness merges into awareness.”

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*The Legend of the Tower of Shambhalla*

find them! But as yet these people have not found all things—so, let a man try to reach Shambhala without a call! You have heard about the poisonous streams which encircle the uplands. Perhaps you have even seen people dying from these gases when they come near them. Perhaps you have seen how animals and people begin to tremble when they approach certain localities. Many people try to reach Shambhala, uncalled. Some of them have disappeared forever. Only a few of them reach the holy place, and only if their karma is ready.” (*Himalayas, Abode of Light*, Nicholas Roerich, p. 86)

### The Borders of Shambhala

Lama, we know the greatness of Shambhala. We know the reality of this indescribable realm. But we also know about the reality of the earthly Shambhala. We know how some high lamas went to Shambhala, how along their way they saw the customary physical things. We know the stories of the Buryat lama, of how he was accompanied through a very narrow secret passage. We know how another visitor saw a caravan of hill-people, with salt from the lakes on the very borders of Shambhala. Moreover, we ourselves have seen a white frontier post of one of the three outposts of Shambhala. So, do not speak to me about the heavenly Shambhala only, but also about the one on earth; because you know as well as I, two worlds are unified. (*Shambhala*, Nicholas Roerich, pp. 2–3)

### Earthly Stronghold

... It is necessary to keep in mind that here, in the Earthly Stronghold of the Brotherhood, the Arhats remain in solitude, as the service to humanity demands. Each one of Them undertakes his specific mission and carries out most difficult tasks. The souls nearest to Them, who are karmically connected with Them, incarnate on earth during the fulfillment of a new plan of evolution; and they,

while moving the human consciousness along the new evolutionary lines, preserve the bond with the Arhats and fulfill Their Will. The manifoldness of the tasks requires various conditions. Therefore, some of the Arhats remain in the densified astral form, and only a small group of Them, because of special missions, preserve their physical bodies. Verily, the burden of their work for the General Good is beyond the imagination!



*Maitreya* by Nicholas Roerich

I should add that the Community is the lighthouse and the sole anchor of humanity. Thus, the best people are under obligation to ease their unbearable burden. And how immense should be our gratitude to these High Spirits who for centuries have sacrificed Themselves. (*Letters of Helena Roerich, Vol. I*, pp. 459–460)

### Shambhala the White Island

Shambhala, or the White Island, is indicated to the West of Himavat. One must respect the caution with which the approximate locality of this remarkable sanctuary is divulged.

Bhante-Yul and Dejung are also synonyms for the White Island.

To the north of Kailas, towards Kun-Inn and Cherchen, was the so-called Aryavarsha, from where the Kalki Avatar is expected.

“The Place of the Three Secrets,” “The Valley of the Initiation of Buddha”—these indications impel the consciousness of the people to the same direction, beyond the white ranges of the Himalayas.

Shambhala itself is the Holy Place, where the earthly world links with the highest states of consciousness. In the East they know that there exists two highest states of consciousness. In the East they know that there exists two Shambhalas—an earthly and an invisible one. Many speculations have been made about the location of the earthly Shambhala. Certain indications put this place in the extreme North, explaining that the rays of Aurora Borealis are the rays of the invisible Shambhala. This attribution to the North is easily understood—the ancient name of Shambhala is Chang-Shambhala, and this means the Northern Shambhala. The origin of this name is explained as follows: The Teaching originally was manifested in India, to which everything emanating from beyond the Himalayas is naturally North. North of Benares is a village, Shambhala, connected with the legend of Maitreya. Hence it is apparent why the Trans-Himalayan Shambhala is called Northern Shambhala.

Several indications, blended in symbols, place Shambhala on the Pamir, in Turkestan or Central Gobi....

The many misconceptions about the geographical location of Shambhala have natural reasons. In all books on Shambhala, as well as in all the narrated legends about it, its location is described in most symbolic language, almost undecipherable to the uninitiate.

For instance, take the translation by Prof. Grunwedel of *The Path to Shambhala*, the famous book written by the Third Tashi Lama. You are overwhelmed by the number of geographical indications, so blended and mixed, that only great knowledge of old Buddhist places and of local names can assist you to disentangle its complicated web.

Quite easily, one may understand why such a veil was needed. One of the Mahatmas was asked why They so carefully hide Their Ashrams. The Mahatma answered:

“Otherwise an endless procession from West and East, North and South would overflow our remote places, where, uninvited, nobody may disturb our studies.” (*Heart of Asia*, pp. 132–33)

### Geographical Location

Bear in mind that the exact geographical location of the main Stronghold can never be given, not even those of the individual Ashrams. (*Letters of Helena Roerich, Vol. I*, p. 255)

### Reaching the Community

Trace how the word Shambhala is uttered in the East. Try to penetrate, even in a small way, into the ideology of this concept. Try to understand the rhythm of structure of speech about Shambhala, and you will perceive a great reality which causes the harp strings of humanity to vibrate. Let reason help you to ponder on the values accumulated by the best strivings. In the book, “Community” the concept of Shambhala cannot be omitted.

Friends, apprehend what a tensed and beautiful time the present is!

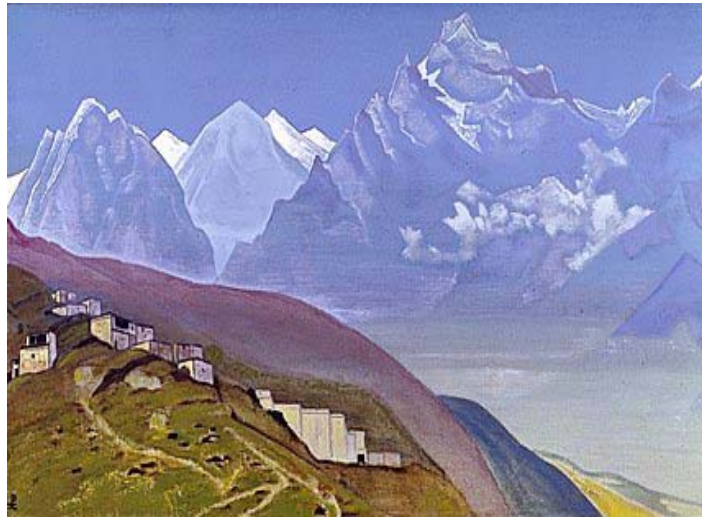
Departing from Our mountains, you will inevitably experience a feeling of anguish. This sensation, with a psychic basis, is unavoidably augmented by the impossibility of relating what has taken place. Apart from exceptional, indicated cases, no one who has been with Us will tell anything.

I advise him who wishes to reach Our Community to add to his knowledge. After the general school education, the people of the West usually forsake knowledge, or else they draw out from knowledge a tenuous thread of specialization instead of weaving the whole network of the catch.

When we say, “Know,” We are insisting upon a many-sided survey and mastery of possibilities.

The dream to return to the mountain valley, where it is possible to increase knowledge, will constantly lead to the attainment. It is necessary to remember that the influx of knowledge should be incessant. Chiefly, preserve the striving which propels all the systems of cognition.

Striving is the key to the lock. (*New Era Community*, para. 242–243)



*The Path to Kailas* by Nicholas Roerich

### Shamballa – The Father’s Home – The Stronghold

We are told that Shamballa is the Father’s Home, the Stronghold, the head center of the planet, where the Will of God is known. It is formed by great streams of energy, in the whirlpool of which great Initiates function. It is the Highest Measure because it leads the evolution of all kingdoms in Nature.

All Nature aspires toward Shamballa. This is the Center of highest achievement on this planet, which inspires vision, bestows revelations and extends the call for conscious evolution. This Center is, in a way, the last home of a human being on this planet. It is his future. All conscious evolution is directed toward that Center, to-

ward that Achievement.

Mankind is divided into two groups of people: those who deny Shamballa as the possibility of ultimate achievement and those who are conscious of Shamballa as the guiding star to their Selves, age after age.

Once when I was giving a lecture a young boy asked, “Why are the Great Ones called Masters?” I said, “A Master is your future. Eventually you will be so beautiful, so graceful, so powerful, so righteous and so victorious that people will look upon you as their ideal, as their dream, as their future. When you become such a person, would it be wrong if people who are in your present stage of consciousness called you a Master?”

Shamballa is the future. It stands for the great revelations to come, for great achievements of human beings to come. Those who function in Shamballa were once men and women like you and I, but throughout many centuries, They mastered life. This is our glorious future, too.

Those who do not believe in Shamballa deny their own future. Once Christ said, “In the future, you will do greater things than I did.” This is a great affirmation of the future of the human being. Our future achievement will be so great that eventually we will become petals in the head center of the planet. (*Talks On Agni*, pp. 40–41)

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*The Legend of Wesak*

the atoms and cells of your vehicles will be released. You will feel like a part of you has been born again. (Total transfiguration takes place when your soul takes the Third Initiation.)

The actual day of Wesak and the three days following the day of contact can be used to give your love, beauty and compassion to your family, your group and to the world. Send it to the Hierarchy, to your Teachers, to the New Group of World Servers and to humanity.

## PART II

At the Wesak ceremony when the Great One comes, he does not come in a human image, but in a condensed Light. This Light is then transferred to members of Shamballa. The Purpose of the Light is the Will of God. Once the Hierarchy receives the Light, the Will of God, they discuss it. They discuss how the Will of God and the Purpose of Life can slowly be taught to Humanity. Then, the Purpose changes into a Plan, in which each level must be considered. They create a Plan that is tied to Purpose and to human need. They make a balance sheet—they think about what has been accomplished in the past and what They can do now. They think, “How can we plan and organize our armies to live in brotherhood in all fields of human endeavor?”

After They make the Plan, the Plan is projected to Initiates, then to Disciples, then to Aspirants and then to humanity. What is projected? A strong, electrical, powerful energy is projected, and the impact on humanity creates two results:

1. If the physical, emotional and mental bodies of the members of humanity are clear of revenge, hatred, habits and so forth, the energy accumulates and creates a new level of consciousness.

2. You become “today’s” man or “today’s” woman. You are no longer hurting others or hurting yourself. You are a new person. You start expanding your consciousness, and if

you are really pure, you start taking initiations. What is initiation? You go from one level to another. You are no longer attached to those old things and you turn into a creative agent in the Life. You nourish and feed people’s souls and hearts and consciousness, and slowly in that consciousness you feel the Head center is opening. A line of communication slowly occurs.... between the Head, Throat and Heart.

You build law and order; law and order is inside of you. What is the law? A Teaching. Divine Commandments. The Wisdom of the Great Ones. The Light and Love and Intelligence of the Universe. You must have a law inside you that protects you. It shapes, leads and guides you into the best feelings, thoughts and actions. When your Head center opens and that energy comes to the Throat and Heart, the Will energy becomes Love (heart), and in the throat, the energy becomes Intelligence. When you make contact with the Wesak energy it develops your inner potential. You become really dignified, really refined. You know the purpose of Life. You know that Inner Guide.

### THE HIERARCHY ALSO LOOKS AT THE BALANCE SHEETS

1. They first look to see if the Initiates, Disciples and aspirants advanced. They look to see if Humanity advanced. Did some human beings move into a higher state of consciousness?

2. They then look to see if any regressed. They look to see if any lost their souls.

### A PERSONAL BALANCE SHEET SELF-EXAMINATION AT WESAK

1. Ask yourself: “Did I do meditation throughout the months and years?” Ask, “How was my meditation life this past year? Did I monkey around?” Or, ask yourself, “How much did I gain in wisdom and spiritual power?”

2. Ask, “What did I read this past year?” Then think what you, as a soul, should read to profit from living a Real life. Then make a Plan: Read five to six pure books. Be rhythmic. Organize your life like Hierarchy.

3. Ask yourself, “Did I attend the meetings of my Group?” Why? To strengthen yourself with spiritual nourishment. Recognize the value of these meetings. Say to yourself, “It’s Sunday. No matter what, I will go there and increase my aura, and thus my environment with electromagnetic energies.” Rhythm—it is so important. You can collapse or build your life by the Rhythm in your life.

4. Ask yourself, “How are my relationships with my wife, husband, family, friends?” “Do I need to stamp out certain habits that cause disharmony?” Yes? Then do it! You will see how many changes will come into your life.

### The Reward

A man gave much gold for good works. But he awaited reward for what he did. Once his Teacher sent him a stone with a message: “Accept the reward, the Treasure of the far-off star.”

The man became indignant. “Instead of my gold, a stone is given to me. What is a far-off star to me?” And in dejection he cast the stone into the mountain stream.

But the Teacher came and said, “How did you find the Treasure? In the stone was contained the most precious diamond, sparkling beyond all earthly gems.”

In despair the man rushed to the stream. And following the current he descended lower and lower, but the ripples of the waves forever hid the treasure.

Take a look at yourself—your ego, your vanity, your viewpoint. You can renounce certain things from yourself. This Wesak, renounce 25%, next Wesak another 25%, and so on. Look at your balance sheet to see how much of you is spiritual and how much material. If our image begins to degenerate, we know we are selling ourselves. If we are blooming, we know we are assimilating the energy from the Most High.



# April/May 2000 CALENDAR OF EVENTS

**The Florida (Sarasota) WMEA**  
Study group meets at 9:30 a.m. on alternate Wednesday mornings in Sarasota. The group is exploring the book *The Year 2000 and After* by Torkom Saraydarian. Please call **Ginette Parisi** at (941) 925-0549 for complete information.

**The Ohio (Columbus) WMEA**  
Study group meets once a month for a meditation gathering. Upcoming meetings are: April 18<sup>th</sup> and May 18<sup>th</sup>. A weekly study class will begin Tuesday, April 4<sup>th</sup> to study the *Ageless Wisdom*. Please call **Kate Vellenga** at (614) 459-7283 for complete information.

**The Oregon (Lebanon) WMEA**  
Study group meets once a month for a meditation gathering. Upcoming meetings are: April 16<sup>th</sup>, May 14<sup>th</sup> at 2:00 p.m. Please call **Vicki Stevens** at (541) 258-6142 for complete information.

**The Colorado (Denver) WMEA**  
Study group meets at 7:00 p.m. on Sunday evenings. The group is studying and discussing *The Year 2000 and After* by Torkom Saraydarian. Please call **Beverly Phillips** at (303) 757-7228 for complete information.



## April 2000

- Sun. 2 Sunday Service: **"The Spirit of Solemnity"** with Rev. Joleen D. Du Bois, 10:00 a.m., Yavapai Hills Clubhouse
- Tues. 4 Class: *The Expressions of Leadership – Fourth year*, 7–8 p.m., WMEA Center
- Wed. 5 Choir Practice 6–6:45 p.m. Class: *The Year 2000 and After*, 7–8 p.m., WMEA Center
- Sun. 9 Sunday Service: **"Refinement"** with Richard Woodard, 10:00 a.m., Yavapai Hills Clubhouse
- Tues. 11 Class: *The Expressions of Leadership – Fourth year*, 7–8 p.m., WMEA Center
- Wed. 12 Choir Practice 6–6:45 p.m. Class: *The Year 2000 and After*, 7–8 p.m., WMEA Center
- Sun. 16 Sunday Service: **"Full Moon of Aries and Lecture,"** Meditation and lecture with Valarie Drost, 10:00 a.m., Yavapai Hills Clubhouse
- Tues. 18 (Full Moon) *Spring Vacation* – no class
- Wed. 19 No choir practice – no class
- Sun. 23 Sunday Service: **"Easter Service and Holy Communion"** with Rev. Joleen Du Bois, 10:00 a.m., Yavapai Hills Clubhouse
- Tues. 25 Class: *The Expressions of Leadership – Fourth year*, 7–8 p.m., WMEA Center
- Wed. 26 Choir Practice 6–6:45 p.m. Class: *The Year 2000 and After*, 7–8 p.m., WMEA Center
- Sun. 30 Sunday Service: **"Angels and Devas"** with Rev. Joleen Du Bois, 10:00 a.m., Yavapai Hills Clubhouse

## May 2000

- Tues. 2 Class: *The Expressions of Leadership – Fourth year*, 7–8 p.m., WMEA Center
- Wed. 3 Choir Practice 6–6:45 p.m. Class: *The Year 2000 and After*, 7–8 p.m., WMEA Center (New Moon of Taurus)
- Sun. 7 Sunday Service: **"The Teaching of Virtue,"** with Sharalyn Singer, 10:00 a.m., Yavapai Hills Clubhouse
- Tues. 9 Class: *The Expressions of Leadership – Fourth year*, 7–8 p.m., WMEA Center
- Wed. 10 Choir Practice 6–6:45 p.m. Class: *The Year 2000 and After*, 7–8 p.m., WMEA Center
- Sun. 14 Sunday Service: **"Mother's Day,"** with Gay Hendin 10:00 a.m., Yavapai Hills Clubhouse
- Tues. 16 No class – Preparation time for Wesak
- Wed. 17 *Retreat and Celebration of Wesak*, 9 p.m.–1 a.m. WMEA Center (Registration is required.)
- Sun. 21 Sunday Service: **"Virtues, Healing and the Aura"** with Rev. Joleen Du Bois, 10:00 a.m., Yavapai Hills Clubhouse
- Tues. 23 Class: *The Expressions of Leadership – Fourth year*, 7–8 p.m., WMEA Center
- Wed. 24 Choir Practice 6–6:45 p.m. Class: *The Year 2000 and After*, 7–8 p.m., WMEA Center
- Sun. 28 Sunday Service: **"New Beginnings"** with Rev. Joleen Du Bois, 10:00 a.m., Yavapai Hills Clubhouse

**Torchbearers Class for children every Sunday, 10:00 a.m.**  
**Teen Program meets bi-monthly.**

WMEA Center: 543 Eastwood Dr., Prescott - Phone: (520) 778-0638 for information  
Yavapai Hills Clubhouse: 4975 Hornet Dr., Prescott (Mail for WMEA will **not** be accepted at this address.)

(All Sunday Lectures from Prescott are available by tape. Tapes are \$6.00 plus \$1.75 for postage and handling.  
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Call (941) 925-0549

**In Denver, Colorado**  
Call (303) 757-7228

**In Columbus, Ohio**  
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