



New Beginnings

Leaves of Morya's Garden I, The Call, 1924

The Call, 360. Brothers, in all thy beginnings, remember the time of silence.

Then are you approached by the Messenger of the Teaching.

And thus, understanding prayer and podvig,

Glorified by beauty, strongly embracing power as sacrifice,

You will reach the Temple.

Agni Yoga, 1929

Agni Yoga, 22. Most people see life as being without any sign of new beginnings, and see only the evident decay. Thus, one can be completely immersed in the idea of decomposition and easily overlook the valuable new beginnings. New beginnings are wisely hidden; otherwise natural catastrophes would destroy the seeds of new possibility. Inertia is an essential quality of these elements, and in order to imbue them with evolutionary energy that stroke of spirit is needed which can embrace thought. Thus, thought is the communicating link with the elements.

Agni Yoga, 298. When beginning a work, know how to rejoice at its inception. Usually people are eager to see the flowers and fruit. But true researchers rejoice at the first seedling, because this is the awakening of life.

Agni Yoga, 412. The Teacher rejoices when He can provide a new set of circumstances. One has only to remember that a new beginning will sometimes seem disorderly. People see little difference between happiness and unhappiness, success and failure, joy and sorrow.

Agni Yoga, 463. Satisfaction is not welcome in Our house. Who among Us could ever be satisfied? The onrushing

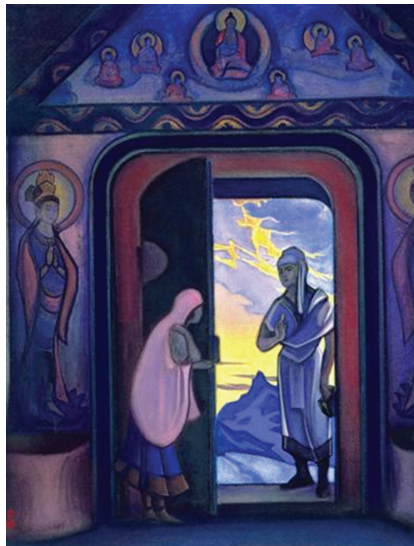
task of world creation cries out against satisfaction. Can there be joy in completion? We gain impetus from the joy of new beginnings. This is not an abstraction. Beginnings correspond to motion, whose line of continuation is determined by inertia. The stroke of the beginning is Our bell. If We were to take back from the world all that We have begun, the greater part of the world's texture would crumble.

Agni Yoga, 662. Certainly the power of Hierarchy is the most vital, and only by this bridge can one build. Thus, in the foundation of each great beginning is laid the energy imbued by the law of Hierarchy. Only upon the principle of harmony and unification can one build. Only upon the basis of affirmation of the principle of Hierarchy can higher possibilities be affirmed. The Creative Will proclaims that a united consciousness leads to

harmonious decisions.

Heart, 1932

Heart, 30. Why do so many experiments fail to yield results? First of all, because of impatience and unwillingness to accept responsibility. Sometimes people upbraid Us, saying that help did not come in time. But instead of reproaching Us, the person who asked for help ought to recall how before things were ready he veered off the path or started thinking that his load was overly burdensome. It is very sad for Us to see cowardly deviations or unwillingness to place oneself on the edge of an abyss. How can one intensify energy if not by an extreme situation? Such situations should be regarded not as end points but as beginnings. Likewise, for the exercise of patience it is useful to grasp the concept of a beginning. For some people everything is definitely an end, but for Our students everything is a beginning.



The Messenger by Nicholas Roerich, 1946

Networkers Letter

Dearest Friends,

I was thinking recently about people who follow the Teachings of Agni Yoga, and recalling what my Teacher and Mentor shared back in the mid-1990's. He told me that "some people, after following the Teaching for a while, feel tired. They no longer enjoy reading, attending lectures, or discussing the Teaching." He explained that this is a natural phenomenon. I asked him if he could share the reasons some fall away from the Teaching, from attending lectures or studying. This is what he said, from my notes:

1. They came with a self-interest to the Teaching, and they were disappointed.
2. Their consciousness is unable to expand any more.
3. They could not digest the Teaching and live it.
4. The group aura expels them, or the Inner Guide withdraws them.
5. They enter into the cycle of rest.
6. Their Inner Guide leads them toward another field where they need to learn.
7. They look for the result of the Teaching in other students and feel disappointed.
8. They have accumulated guilt or they feel unworthy.
9. Their vanities are shattered.
10. Their past crystallizations are overstimulated.
11. Because of their fast advancement they need a different atmosphere.

I have seen these examples over the years. For instance I have observed that many people come to the Teaching to gain knowledge, superiority, recovery, position, income, prestige, and

wisdom, one or all to be used for their own interests. But when they read that the Teaching asks them to "empty themselves," or to "renounce their own self-interest," they become frightened and leave, not realizing that their life is driven by the elements of many incarnations of the subconscious mind—and thus the illusion of the little-self.



What is curious to ask is, "What keeps a person's consciousness from expanding?" I have discovered that it is possible that one's consciousness is not able to expand and hold more of the Teaching. Expansion of consciousness comes when there is the electric fire of enthusiasm. Enthusiasm is a fire that started thousands of years ago and increases as the person renounces his or her lower nature; the little-self.

About the group aura expelling some people. I see that this happens when many wrong thoughts, negative feelings, irritations and vanities are accumulated in a person's aura. The group aura automatically repels the person and throws him out and, of course, the person then gives different reasons for his withdrawal. But that is justification, for in his heart he really knows the underlying cause.

Because of the age of your soul, the Inner Guide sometimes gives your soul time to rest to let you have a change and to busy yourself with mundane interests. Both sides of life must be cultivated, in my opinion, as long as your life is balanced with both the material and spiritual. When these two sides becomes one with your consciousness,

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Psychic Energy and the Pendulum of Life

References compiled from the Books of the Agni Yoga Teaching

“The spiritual Ego of man moves in eternity like a pendulum between the hours of birth and death.

But if these hours, marking the periods of life terrestrial and life spiritual, are limited in their duration, and if even the very number of such stages in eternity between sleep and awakening, illusion and reality, is also limited, on the other hand, the spiritual pilgrim is eternal.”¹

Illumination, II:X:11

Let us speak about the sensitive apparatus.

Imagine yourself a fine needle, of unusual sensitiveness, which reacts to all changes in the surroundings. The needle is connected with a special apparatus which formulates all surrounding currents. The needle vibrates to all currents, all sounds, all images, and the formulating apparatus records all receivings. The sensitiveness is such that even a thought is registered. For preciseness of the work there is needed a constancy of surroundings. A predominant current creates a state of constancy. It means that the apparatus is adapted to this current. If the current is changed, then often the apparatus even stops; especially if the currents are not harmonized.

Heart, 1932

Heart, 167. When you place the point of a pendulum above a sandy surface in order to watch the cosmic vibrations, you will not push the needle by hand in order to forcibly accelerate its motion. Such forcing first of all would be stupid, because it would only produce a false indication—the same with the pendulum of the spirit, one cannot force its indications. The designs of the needle of the spirit are complex, and only the striving of the heart can vitally and truthfully strengthen the indications of the pendulum. The Teaching of ancient Tibet speaks about the same



The Last Angel by Nicholas Roerich, 1912

pendulum of the spirit. Above the head of the tested one is placed a magnet; not only is the inner reflex noted but the magnet begins to swing, and the character of the movements is noticed as either abrupt or quivering; but they can also be circular, and this sign will be the most indicative of the correct condition of consciousness. Of course, this experiment is a very lengthy and even a tormenting one, because it demands complete immobility, and you know how difficult this is to reach.

Fiery World, III, 1935

Fiery World, III, 437. Intuition and so-called sensitivity will pertain to the Fiery World. People are not occupied with the question why only certain persons are gifted with sensitiveness. In an apparatus indicating fieriness it is possible to observe also the endowment of intuition. Likewise, the manifestation of the oscillations of a pendulum denotes straight-knowledge, in other words, fieriness. Not seldom do We speak about the same thing under different

names. It is not easy to fix in the consciousness the fact that such a distant fieriness is close to all life.

Aum, 1936

Aum, 250. There can be clairvoyance under suggestion, but then the psychic energy is acting through the brain, and it is always possible to suspect suggestion on the part of the hypnotist himself. It is far more convincing when psychic energy acts directly. The same directness is expressed also in actions with the pendulum of life. Autosuggestion is similarly precluded. An honest investigator does not know the results to be received. He is often more astonished than the others present. In both the first and the second case, onlookers are altogether undesirable. There should be nothing in the vicinity which can influence the psychic energy.

Aum, 333. The pendulum of life shows by its motion the variation of psychic energy. Just as precisely will

the chemism of feelings be determined. The manifestation of the fluctuations of psychic energy shows how continuously vibration goes on, and how it records even the small deviations of energy. So, too, the chemism of feelings cannot be constant. In the microcosm of man it can be observed how intensified are the manifestations of cosmic vibrations. It should not be thought that all these observations are unnecessary; on the contrary, does not perception of the nature of man lead toward the perfection of mankind?

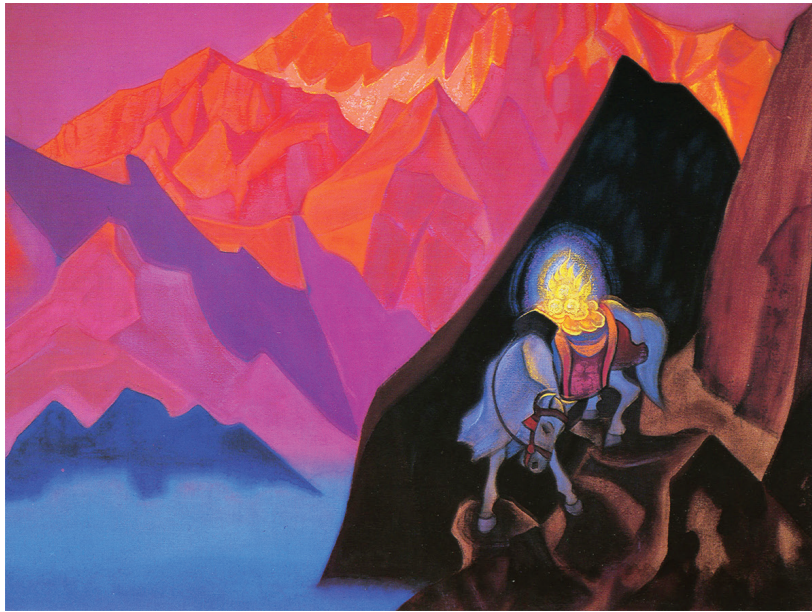
Aum, 335. At times the pendulum of life can be quite inactive. Such signs will be present around paralysis due to evil. Not accidental is the expression, "He choked with malice." Thus it has been shown that malice is limited. The current of malice is not infinite. But it is necessary to observe the fluctuations of the vibrations of energy.

Supermundane III

Supermundane III, 543. Urusvati knows that a permanent state of vigilance is one of the foundations of Our Inner Life. Do not think that such watchfulness is something supernatural. There are many people who possess this particular sensitivity, and can sense unusual vibrations and changes around them even during sleep. This state occurs without lengthy preparation, for the psychic energy works independently when outer conditions do not burden it. Therefore, if the energy functions freely, even unconsciously, how much more powerful

it will be when it is consciously cultivated! If you also consider the longevity of Our souls, you will then be able to imagine how Our own qualities develop.

People think that this continuous vigilance must be unbearable, but such apprehension is unfounded. No active worker who is a master of his craft



Treasure of the World (Chintamani) by Nicholas Roerich, 1936

considers his work to be intolerable. He is so accustomed to it that he cannot live without it.

Likewise, a state of high sensitivity, consciously developed, will not be a burden. It becomes one's natural state, especially when one's level of development is such that less sleep is needed. Such sleep is more properly understood as a state of vigilant repose rather than slumber.

We do not always release the subtle body. In this way We can retain consciousness during Our repose. If any of Us wishes to enter the Subtle World, then a Friend assumes the state of vigilance. He also watches over the body, in order to prevent undesirable

currents from approaching. Thus you can see that vigilance, with the help of certain apparatuses, is a necessary condition of Our Inner Life.

The Thinker taught, "Let everyone develop sensitivity; then success will follow a hundredfold."

Supermundane III, 547. Urusvati

knows that everything in the world is unique and unrepeatable. The law is one, but it is expressed in matter in innumerable ways. There are two kinds of people, those who sense this unrepeatable abundance of Cosmos, and those for whom all is unchanging, uniform, with neither significance nor beauty. In the second group you will find people with inflated egos, who place themselves higher than all the great manifestations of nature.

Certain apparatuses used by Us reveal incalculable varieties of energy and matter. The pendulum of life is one of these apparatuses. It can be used for the analyzing of soil, for revealing the qualities of psychic energy, and for demonstrating thought transmission. In the last, it can be observed how thought impels the psychic energy and acts with great speed. Those to whom thoughts are sent sometimes think that the pendulum expresses their own thoughts. This may seem so because the thoughts sent were already impressed on their consciousness before being demonstrated by the pendulum. In any case, the pendulum shows how thought is transferred into physical energy.

Some apparatuses require the transmission of each letter separately, and need the participation of more than one person; thus they resemble the physical telegraph. But We are speaking now about mental transmission; the pendulum shows how thoughts are formed. Their diversity can be perceived according to the way the pendulum responds to the psychic energy. Only a sensitive eye can discern the individual details.

The Thinker pointed out in His writings the infinite variety of individual traits in the human soul.

Supermundane III, 549. Urusvati knows the affinities and aversions that arise in human relations. Often people cannot understand the causes of such mounting feelings. Beyond the possible karmic and physical causes there must be something else that raises walls between people. These walls exist and only differences in psychic energy can be the cause.

It can be observed that people with insufficient psychic energy begin to hate those who possess it to a high degree. People do not understand this, and search elsewhere for the cause of this enmity. Envy also grows from the same root.

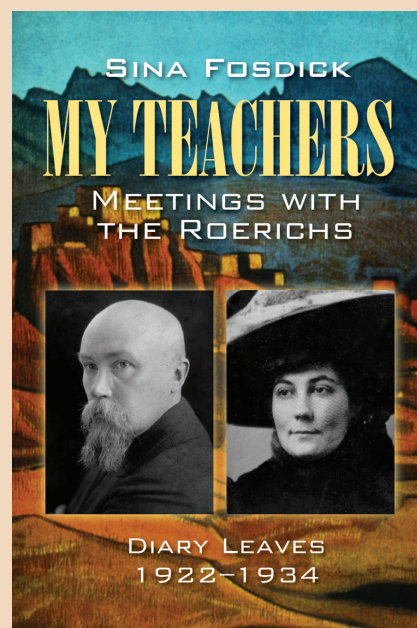
It is instructive to study the various human types. There are of course racial and class differences, but there is something beyond these that is universal. Differences in the characteristics of their psychic energy can often provoke animosity between people. Most do not know the true reasons for the hatred and envy in their hearts. The true cause is beyond their understanding, for they know nothing about psychic energy, which for them is an empty abstraction. Such people

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FOR AGNI YOGA STUDENTS EVERYWHERE!

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Through Sina's firsthand accounts, *My Teachers* gives rare glimpses into the lives of two extraordinary people whose influence then and now continues to touch spiritual students worldwide—through the Agni Yoga series of books, their individual writings, and the sublime artwork of a master painter and a Teacher of the Ageless Wisdom who taught that Beauty through culture and the development of right human relations is the answer to humanity's ills.

"If not for the Roerichs, then none of our work, the school, Corona Mundi, or the museum would ever exist.... N.K. is not only a great world-class painter [and] not only a great sage but a Brother of the White Brotherhood and a great spirit, who has given us a chance to participate in the Great Mystery, the Great Plan. We received this treasure of spirit, knowledge, and power through the Roerichs, who are disciples, children of M., carrying out His will on Earth."

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Psychic Energy and the Pendulum of Life

are spiritual paupers, whatever their race or class.

Every envier, slanderer, or hater is a spiritual pauper. He deprives himself of the higher accumulations by having no interest in learning about the foundations of Be-ness. It is painful for Us to see how such paupers harm themselves and others. It is even impossible to offer them relief, since those who offer are hated by them.

The Thinker knew such uncompromising deniers. He said about them, "Look how the burden of hatred bends their backs."

¹ H. P. Blavatsky, *The Key to Theosophy*, 3rd rev. ed., 113.

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New Beginnings

Infinity I, 1930

Infinity I, 5. Have you thought about the spirit-creativity on the future planets? Is it possible that all began with you and will end with you? Does any process cease? The chain of worlds is endless; where one planet crumbles another one is born. Truth wrestles with death, and when skeptics say, "It is the end," We say, "It is the beginning!" Understanding of the manifested evolution will reveal the triumph of Truth. Shall we not share in the triumph? Shall we seal our vessels still empty? Shall we reject the transmission of the power of consciousness? When I say utilize the manifested rays, when I say fill the chalice of knowledge, when I say design the best creations through straight-knowledge, when I say strength lies in the

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Networkers Letter

then wherever you live, you live a spiritual life guided by the Teaching. The Teaching leads you to the paths where you can come in contact with the currents of the Cosmic Magnet.

In the Teaching people should never search for the effect of the Teaching upon another person. They must look only to the Teacher, or the Master and of course to themselves.

The Teaching is exemplified by one's Master, or by the Christ, and it is up to you to try to make yourself transformed daily, as far as you can. You yourself are the only proof that the Teaching works, and if you cannot make the Teaching work for you, it is not the Teaching that fails, but you.

Many people come to the Teaching with their vanities. They think they are

limitlessness of knowledge, it means lend an open ear to the cosmic whirls, it means search the radiance of Fohat, it means manifest understanding of the music of the spheres."

Infinity I, 46. Every beginning depends on the understanding of the affirmation of cosmic evolution. Only acceptance in full faith can bestow the crown of success. The lever of faith will permit penetration into the spirit of man. Only through the lever of faith can one adhere to the Infinite. The great lever of faith will aid the spirit in finding its path. Faith indicates the striving toward the Teacher. Let us take for example the child who conceived in its spirit the love for the Teacher. Faith transformed the child into a warrior of spirit, and the path of solitude was transformed into one radiant with joy. Hope abides, and the wondrous power of Cosmos reveals itself when the spirit manifests faith....

great teachers, philosophers, or scientists, who ask what the Teaching can give them. When the Teaching strips them of their cosmetics and vanities, they can no longer look at themselves, and they disappear. Vanity is a big and heavy load with which a person cannot enter the narrow gate of Life. Touchiness and hurt feelings are bad advisers.

The Leader of a group, if he or she is wise, will never prevent anyone from leaving the group. The Leader should know very well that hypocrites, traitors, and criminals can emerge when the Teaching is imposed. But it is true that the Leader creates more and more obstacles for the advancing students, not to allow them to prematurely enter higher levels of consciousness and hurt themselves.

Once my Teacher said that the Teaching is a fiery revealer, that it reveals to everyone exactly what he or she is in her heart. But you must always have hope. Cycles change, life changes, and one day again your karma brings you to the portal of the Teaching, and you start again, but this time with your heart. He used to say to departing students, "May your true Self meet you on your journey."

With love,



Joleen Dianne DuBois
 President and founder of the WMEA

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- Wed. 1 *Spring Break Week* – no class
- Sun. 5 **Solar Festival of Aries & Easter Celebration**, with Rev. Joleen DuBois, 10:30 a.m., Izvara Center
- Wed. 8 Class: *Adventures in Consciousness*, 7–8 p.m., Izvara Center
- Sun. 12 Sunday Service: **“Three Ways to Live Your Life”** with Rev. Joleen DuBois, meditation and music, 10:30 a.m., Izvara Center
- Wed. 15 Class: *Adventures in Consciousness*, 7–8 p.m., Izvara Center
- Sun. 19 Sunday Service: Lecture, **“The Labors of Today’s Spiritual Servers”** with Rev. Joleen DuBois, meditation and music, 10:30 a.m., Izvara Center
- Wed. 22 Class: *Adventures in Consciousness*, 7–8 p.m., Izvara Center
- Sun. 26 Sunday Service: Lecture, **“Spiritual Labor”** with Rev. Joleen DuBois, meditation and music, 10:30 a.m., Izvara Center
- Wed. 29 Class: *Adventures in Consciousness*, 7–8 p.m., Izvara Center

May

- Sun. 3 **Wesak Solar Festival & Group Meditation**, with Rev. Valarie Drost, 10:30 a.m., Izvara Center
- Wed. 6 Class: *Adventures in Consciousness*, 7–8 p.m., Izvara Center
- Sun. 10 Sunday Service: Lecture, **“Mother’s Day: New Era of Women,”** with Ms. Carol Woodard, meditation and music, 10:30 a.m., Izvara Center
- Wed. 13 Class: *Adventures in Consciousness*, 7–8 p.m., Izvara Center
- Sun. 17 Sunday Service: Lecture, **“Traps on Our Path,”** with Rev. Joleen DuBois, 10:30 a.m., Izvara Center
- Wed. 20 Class: *Adventures in Consciousness*, 7–8 p.m., Izvara Center
- Sun. 24 Sunday Service: Lecture, **“The Progress of Our Soul”** with Rev. Valarie Drost, meditation and music, 10:30 a.m., Izvara Center
- Wed. 27 Class: *Adventures in Consciousness*, 7–8 p.m., Izvara Center
- Sun. 31 Sunday Service: Lecture, **“Dying Souls,”** with Mr. Lewis Agrell, 10:30 a.m., Izvara Center

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