



# Meditation Monthly International

## Seed Thoughts For Daily Planting

*gathered from*

### *Leaves of Morya's Garden, Book Two, 1925*

*Illumination*, I-VI-11. Daringly raise your shield. I ask one thing: not to weaken your strength with gold. My Teaching does not like gold.

*Illumination*, I-VIII-3. Love the solitude of thought, when the sparks of understanding weave a wreath of knowledge. And as I have vouched for you, so entrust yourselves to Me. With the Hand of Power I affirm the path to the Heights. Apprehend the Good when My Envoys will bring the tidings: "He has come!" The hour of happiness is ordained, and on the way there are flowers.

*Illumination*, I-XII-2. M. and the understanding of Buddha's Teaching lead one to the vital understanding of law, conceived upon the Mount of Light. His Law will be of much help on the way to knowledge. His Teaching is My joy. My Hand leads to knowledge.

*Illumination*, II-I-3. Broad is My Work; to everyone a place ordained. By the broadness of your vision will you allot your own part. The manifestation of unprecedented possibilities is behind the door. Give Us reason to rejoice!

*Illumination*, II-I-9. Possession devoid of the sense of ownership will open the path to all without conventional inheritance. Who can improve, shall possess. This concerns lands, forests and waters. All mechanical achievements and various types of inventions are subject to the same principle. It is easy to imagine how folk creation will begin to

work, especially in the knowledge that only the spirit offers the best solution.

*Illumination*, II-I-13. I rejoice to see how you understand the details of My Decrees. I prepare an event, far-seeing all details. Act likewise, as thus it will be easier for us to meet each other.



*The Range* by Nicholas Roerich, 1924

*Illumination*, II-II-1. Maitreya sends courage. Maitreya will accept the gift. Maitreya feels its love. Maitreya sends blessings upon the joyous labor. Maitreya bestows labor upon Earth in the name of miracle. Walk joyfully. It is a joy to Me to lead the smiling ones. Discern the Teaching of Light in each manifestation. Resourcefulness is a quality of My pupils.

*Illumination*, II-II-6. When the Ray unites the Teacher with the disciple, then the main understanding is transmitted by the spirit's perception. Not letter, not sign, but infallible spirit knowledge guides the conduct of the disciple. This infallible knowledge is the speediest conduit. Actually it is not a matter of mental decision, it is spirit-knowledge.

*Illumination*, II-II-8. Success is only a sign of the correct direction. Success is but the understanding of the moment. The Teaching is but the lifting of the curtain of the theater. How wonderful it is to be an actor in the world's mystery! Walk in joy! The unbroken chain has great value. My Hand sends rays from the mountains. We shall begin the New Era without delay. I teach not to dream but to harken to the flow of events.

*Continued on page 6*

## Networkers Letter



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### Dearest Friends,

Well, summer is nearly here, already finding us moving into record high temperatures again this year. And in Arizona where there is very little humidity, or some days not at all, my thoughts have quickly turned to Oregon or Puerto Rico or even Florida or the Ozarks—cloudy skies, afternoon showers and thunderstorms. But in all sincerity, I am grateful to be living in Prescott, what Arizonans call “the high country.” The Prescott National Forest provides us with a lot of shade and many hiking trails, and yes, even waterfalls can be found in the more pristine parts of the forest.

This summer some of us will be creating a rose garden, designed by one of the group members, bringing it to life with gorgeous roses, colors, and aromas, with a peaceful sitting area for meditation and contemplation. The rose garden has been designed as a memorial garden in memory of our vice president, coworker and friend, Shary Singer. She loved flowers, enjoyed being outdoors, planting, and making the Eastwood Center a place of beauty. We invite you, whenever you are in the Prescott area, to stop by the Izvara Center and help us create this beautiful memorial garden, or just sit and enjoy it once it is completed. It will be a “work-in-progress.”

The Master’s words:

“Give rest to your spirit; fatigue it not too much with books; and love, surging like a sparkling torrent, will reveal to you the splendor of M’s flowers.”<sup>1</sup>

“Place thy Throne, O Lord, in our garden!... On a cloud He will approach. On the grass will He sit beside us. We rejoice, O Lord, to offer to Thee our garden. Depart not, O manifested Lord. Leave not our garden. With stars is Thy Path adorned. By them do we

find Thy Way. We shall follow Thee, O Lord.”<sup>2</sup>

“To cultivate a garden of beauty is permitted to all. But where are the gardeners who can judge which seed is best? We shall teach them to gather the fertile stalks. We shall pluck out the blighting weeds. And the ground where God has manifested Himself We shall adorn with flowers. But where the flowers of unity are—guard their petals. Yes! Yes! Yes!”<sup>3</sup>

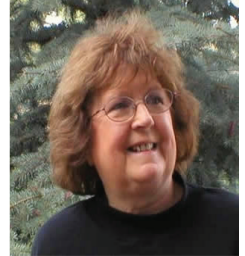
“From the very beginning the prophets have noted sound and color. The ancient instruction about the ringing of bells is full of meaning. Wreaths and garlands recall the understanding of healing power. According to the color of his radiation, each one is attracted by flowers. White and lilac have affinity with the purple, blue with the blue; therefore, I advise to keep more of these colors in the room. One can follow this in living flowers. Plants wisely selected according to color are more healing. I advise to have more freesias. Our Ray, with its silveriness, is more reminiscent of white flowers.”<sup>4</sup>

And now, let me close my letter to you with words from Master about the Teaching:

“How, then, O Lord, to spread Thy Teaching? How, then, O Lord, to find those for whom it is predestined to apply Thy Word for fulfillment?”

“And the Lord said in reminder, ‘A hermit searched for one to whom to entrust the Revelation. And he took the scroll and placed it at the crossroad, “Let the Supreme One Himself point out who should find His Teaching.”’

*continued on page 6  
third column*



# THE MOON

Selections from the Books of the AGNI YOGA TEACHING  
and *The Mahatma Letters to A. P. Sinnett, 1882*

***Leaves of Morya's Garden I:  
The Call, 1924***

*The Call, 157. Mist blinds the worldly eye, but the one*

*who can observe the realities of life also beholds the flow of events.*

*Our Gates, once conquered, lead toward untold wealth.*

*Each golden beam of sunlight is a shield against*

*the lunar light reflected onto Earth.*

*Between the paths of sun and moon must one choose.*

*The sun fills the day with miracles.*

*The moon begets fleeting phantoms.*

*Walk in the sunlight, open-eyed, and your day will*

*become a wondrous fairy tale.*



*Star of the Hero* by Nicholas Roerich, 1936

***Leaves of Morya's Garden II:  
Illumination, 1925***

*Illumination, II:I:4. It is good to be in the sunshine, but the starlit sky also brings harmony to the nerves. The moon, on the contrary, is not for us. The moon's pure light affects the prana. The magnetism of the moon is great, but for repose it is not good. Often the moon evokes fatigue, like people who devour one's vital energy. (32)*

*Illumination, II:IV:9. I feel how strained the current is, how strained the atmosphere, but soon the pressure of the stars will be altered. Even the approach of the friendly planet brings difficulty, because its new rays are piercing the new strata of the atmosphere. Certainly, they are better than those of the moon, but the new*

*pressure is not yet evenly distributed. (65–66)*

***Community, 1926***

*Community, 30. The condition of the Earth requires an extraordinary physician. The planet is sick, and if efforts to push it forward do not succeed, then it may be better to remove it temporarily from the chain—it may become as the moon. Hotbeds of the lower strata of the Subtle World have become dangerously intolerable. Also it is impossible to forget how humanity has fallen under the influence of the lower levels of the Subtle World.*

*Community, 155. When I advise you to develop intenseness and vigilance, I do not speak for the purpose of burdening you. My counsels foresee exultation as*

*a final result. Those who fear intense labor are afraid of the forms and laws of energy. Let them proceed formlessly toward the decomposing moons. Let them supplement with their own dissolution that which is subject to fundamental reformation.*

*Know how to foresee the jubilation!*

***Agni Yoga, 1929***

*Agni Yoga, 398. A proper relationship between the impulsiveness of the individuality and the infallibility of natural law is the golden mean, which gleams in the depth of each expanded consciousness.*

*How many useful observations can be conducted even without advanced apparatuses! Will not a comparison*



between atmospheric conditions and the condition of humanity provide a key for the reasonable deliberations of rulers? Will not magnetic storms provoke changes in social order? Sunspots, the full moon, the passing by of heavenly bodies, and many other powerful conditions affect the basic functioning of sensitive organisms. Even plants and animals react to cosmic phenomena. Is it possible that humanity, the ruler, is not worthy of attention?

*Agni Yoga*, 504. The full moon usually is favorable for telepathy. But there are other factors that affect it too. Most important, it is influenced by certain phases of the sunspots. You may yourself have noticed that telepathic manifestations grow stronger with the increased chemical activity of the lunar and planetary rays, but sunspots also affect many other aspects of existence. Cold, which can reach disastrous extremes, the heat of volcanic eruptions, and earthquakes follow changes in the solar aura. One must keep this in mind, because the cold may increase and the earthquakes become more powerful. Thus, a transitory solar manifestation can be terminal on Earth.

### ***Infinity II*, 1930**

*Infinity II*, 11. The substance of the Fire of Space directs the human consciousness. Since it is acknowledged that even the rays of the moon help the growth of plants and affect inanimate objects, one may go a step further and admit the creativeness of the rays. Certainly the sun—the life giver—saturates the entire Universe; but the realization that the streaming rays impart a conscious force of energy will afford the most fiery attainments.

### ***Fiery World I*, 1933**

*Fiery World I*, 70. Flights into the

Subtle World may be difficult; even an experienced consciousness may meet obstacles. Today Urusvati experienced such a difficulty. An effort was needed in order to pierce chemical strata which are formed by astrochemical fusions. The days around full moon are not favorable for flights. The so-called lunar glass can



*Bridge of Glory* by Nicholas Roerich, 1923

impede, and very strong perseverance is required.

*Fiery World I*, 255. The moon may have appeared to remain static for a great number of generations, but nevertheless it was possible at one time to observe a substantial change in it.

*Fiery World I*, 456. Walking on water or sitting upon water, like walking on fire, are remarkable proofs of thought-power.... It is impossible for an impious man to sit upon the water, just as immunity from fire cannot be attained without a certain rhythm and exaltation. Who can determine how much time is required for a preliminary discipline of body and spirit sufficient to attain such an apotheosis of thought? It should be said that the degrees of patience, perseverance, and extermination vary infinitely, and, besides, certain influences of cosmic conditions are also very necessary. Nor should one laugh on hearing that the

conditions are more favorable around full moon.

### ***Fiery World II*, 1934**

*Fiery World II*, 397. The conjunction of the Moon, Venus, and Saturn is indeed rare. Precisely such a conjunction

produces a chemism of extraordinary force, and it may be remembered that We pointed out the assistance of the Luminaries in actions useful for the world.

### ***Fiery World III*, 1935**

*Fiery World III*, 482. The moon is only good for one order of manifestations, as actually in others it is not beneficial. Over and above its reflected rays one can better study the radiations of the Fiery World. Repeat to lovers of the moon about the low order of its rays.

**Excerpts from *The Mahatma Letters to A. P. Sinnett* from the Mahatmas – M. & K. H.**

### **THE MOON**

There are three kinds of pralayas and manvantaras: —

1. The universal or Maha pralaya and manvantara.

2. The solar pralaya and manvantara.
3. The minor pralaya and manvantara.

When the pralaya No. 1 is finished, the universal manvantara begins. Then the whole universe must be re-evoluted *de-novo*.

When the pralaya of a solar system comes it affects that solar system only.

A solar pralaya = 7 minor pralayas.

The minor pralayas of No. 3 concern but our little string of globes, whether man-bearing or not. To such a string our Earth belongs.

Besides this, within a minor pralaya there is a condition of planetary rest or as the astronomers say “death,” like that of our present moon—in which the rocky body of the planet survives but the life impulse has passed out. (93–94)

Suppose I had written in a previous letter—“the moon has no atmosphere” and then went on talking of other things; and told you in another letter “for the moon has an atmosphere of its own” etc.: no doubt but that I should stand under the charge of saying to-day black and to-morrow white. But where could a Kabalist see in the two sentences a contradiction? I can assure you that he could not. For a Kabalist who knows that the moon has no atmosphere answering in any respect to that of our earth, but one of its own, entirely different from that your men of science would call one, knows also that like the Westerns from that your men of science would call one, knows also that like the Westerns we Easterns, and Occultists especially, have our own ways of expressing thought as plain to us in their implied meaning as yours are to yourselves. (185)

### ***Supermundane I*, 1938**

*Supermundane I*, 106. Urusvati knows that clairaudience is the most difficult of the subtle senses, because so many intrusions obscure subtle hearing. It is

interesting that even strong voices or thoughts can be distorted by a single sound. Thought resounds, but people do not understand this, and do not perceive that a word that is emphasized mentally will resound more clearly.



*Burning of Darkness* by Nicholas Roerich, 1924

During unfavorable currents mental messages can be colored by unexpected influences. We are sending Our Discourse at this time under such burdensome conditions. In ancient times it was well known that difficult cosmic periods could be long lasting, but today, despite the phenomenal progress of science, such cosmic conditions are not taken into consideration. There are still arguments about the effect of sunspots and embarrassed hints about the possible influence of the moon, which is thought to be associated with sorcery. Few scientists have the courage to speak about the moon as it relates to earthly conditions, and they allude timidly to the forgotten Teachings of the East, where the significance of the moon was well known.

The Puranas contain much scientific data. Several years ago, Urusvati heard from Us about the significance of the year 1942. And now this information is broadly disseminated and is common knowledge. The end of Kali Yuga

is significant, for many cosmic events are connected with this period. For certain reasons the true dates were concealed, and only few could perceive that the enormous numbers that were cited were mere symbols. Likewise,

certain references to Krishna, Avatar of Vishnu, are also symbolic. You know very well what particular event was meant by these indications. Now everyone can notice the unusual accumulation of events. Armageddon was predicted ages ago, and the abnormalities at the end of Kali Yuga were described in the Puranas, but even

keen thinkers underestimated those clear indications.

However, the unusualness of the events does not impress humanity, whose mental confusion was also predicted ages ago. The onset of this important period intensifies the general rhythm of Our Abode.

People may feel that for some reason they cannot start doing anything. Such a mood is caused by a change of rhythm. One's inner consciousness may have already assimilated the future, but the mechanical routine is the result of the hypnotic effect of Kali Yuga. This is a state of divided consciousness, which also affects the general rhythm of Our Work. Various calamities threaten Earth. Karma works intensely. It must be realized that the karma of the Devas is also accelerated. Thus the forces are intensified during the change of Yugas. Let us be aware of this and let us fill our hearts with courage.



*Supermundane I*, 234. Urusvati knows how much We encourage scientific experiments. When you are asked how one should regard the experiment of a rocket to the moon, answer, “With respect.”

True, We know that researchers will not obtain the results they are hoping for; nevertheless, there will be useful observations. One might hope that their minds would be turned toward the Subtle World and that scientists would then have to come to many new conclusions. They would realize that only by the flight of the subtle body can they obtain the information they seek.

Let us point out that people come to truth by many different ways. Some may use the shortest way, but others have to build a Tower of Babel and create complicated formulas in order to arrive at a simple conclusion.

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*continued from page 1*  
*Seed Thoughts for Daily Planting*

*Illumination*, II-IV-1. In simplicity of life, in realization of the dignity of service to the New World, love for the worthy opens the Gates.

*Illumination*, II-IV-2. Just as We watch over you, so do We watch the development of children throughout the world from the cradle on, weighing their best thoughts.

*Illumination*, II-IV-9. The lofty mission of women must be performed by the woman. And in the Temple of the Mother of the World should abide the woman.

The manifestation of the Mother of the World will create the unity of women. The task now is to create a spiritually sovereign position for the woman. And the transmission to woman of direct communication with the Highest Forces is necessary as a psychological impetus. Of course, through the new religion will come the necessary respect.

*Illumination*, II-VIII-11. I have already told you that the Mother of the

We do not oppose even the most complicated experiments. Everyone has his own nature and finds his own path, and it would be a mistake to direct people to only one method. There are cases when the soul brings remote recollections into a new life and attempts to apply them. Let people experiment as they wish! Even by firing a rocket toward the stars, one’s thoughts will be directed to those worlds. It is not wise to interfere with the current of thought.

Time and again man has attempted to revive the ancient scriptures. In all ages his efforts have been steadily directed toward this task, even though using different languages and living in different places.

The Thinker used to say, “Sometimes you gaze at me through the eyes of many centuries!”

World conceals Her Name. I have already shown you how the Mother of the World veils Her Face. I have already made mention about the Mother of Buddha and Christ.

Indeed it is time to point out that the one Mother of both Lords is not a symbol but a Great Manifestation of the Feminine Origin, in which is revealed the spiritual Mother of Christ and Buddha.

She it was Who taught and ordained Them for achievement.

*Illumination*, III-IV-8. I urge you to think about Christ and Buddha as if for the first time.

I urge you to picture the New World as if for the first time.

*Illumination*, III-VI-21. Learn to apply your best efforts, and in this labor accept Our greetings.

Welcome to all seekers of the Common Good.

*continued from page 2*  
*Networkers Letter*

‘And a little girl came and wrapped her bread in the scroll of Scriptures. But the hermit prepared another scroll and again placed it at the crossroad.

‘And a merchant passed and wrote over the scroll with his calculations of his profits. But the hermit did not tire, and once more placed another scroll there. And thus until the very end of his labors and his days. But when the Higher One asked the hermit how he had spread the Teaching, he answered, “It is not given unto me to judge which bird will build the best nest out of these Teachings.”

‘Truly, we never know who will use the scroll to torment, who will leave it for oblivion, and who will place it under his pillow in order to affirm it as his own foundation.

‘I do not consider that thou hast acted wrongly in offering thy labor for the use of people unknown to thee.

‘Thus the Lord affirmed the spreading of the Teaching impersonally, without impatience, without irritation, and without expectation.

‘Thus, give you also to all—without prejudice, without judging.

“Carry, O bird, the Teaching; and in thy flight deliver it into the hearth of those who live in expectation of receiving it.

“Carry the Teaching to the crossroad!”<sup>5</sup>

With love,



Joleen Dianne DuBois

President and founder of the WMEA

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<sup>1</sup> *Leaves of Morya's Garden, Book One: The Call*, verse 53. © 1953 Agni Yoga Society, Inc.

<sup>2</sup> *Ibid.*, 73.

<sup>3</sup> *Leaves of Morya's Garden, Book One: The Call*, 3rd ed., verse 229. © 1999 Agni Yoga Society, Inc.

<sup>4</sup> *Leaves of Morya's Garden, Book Two: Illumination*, II-III-1. © 1953 Agni Yoga Society, Inc.

<sup>5</sup> *Agni Yoga*, verse 669. © 1997 Agni Yoga Society, Inc.

## June/July 2013



*The Florida (Sarasota) Group meets biweekly to study the Teachings. Please call **Ginette Parisi** at (941) 925-0549 for complete information.*

*The Ohio (Marysville) WMEA group meets monthly for Sun Festivals and classes. Please call **Kathy O'Conner** at (937) 642-5910 for complete information.*

*The Puerto Rico WMEA Group meets weekly to study the Teachings. Please call **Jennifer Santiago** at (787) 649-3817 for complete information.*

*The Colorado (Longmont) WMEA Study Group meets each month for Full Moon meditation gatherings. Please call **Doreen Trees** at (303) 651-1908 for complete information.*

### June

- Sun. 2** Sunday Service: Meditation, Singing, and Lecture **"Masters and Hierarchy"** with Saskia Frau, 10:30 a.m., Izvara Center
- Wed. 5** Class: *Is Your Consciousness Evolving?*, 7–8 p.m., Izvara Center
- Sun. 9** Sunday Service: Meditation, Singing, and Lecture **"How the Ageless Wisdom Teaching Helps You"** with Rev. Valarie Drost, 10:30 a.m., Izvara Center
- Tues. 11** Paloria Study Group, 6:30–8:00 p.m., Izvara Center
- Wed. 12** Class: *Is Your Consciousness Evolving?*, 7–8 p.m., Izvara Center
- Sun 16** Sunday Service: Meditation, Singing, and Lecture **"Spiritual Labor"** with Rev. Joleen DuBois, 10:30 a.m., Izvara Center
- Tues. 18** Paloria Study Group, 6:30–8:00 p.m., Izvara Center
- Wed. 19** Class: *Is Your Consciousness Evolving?*, 7–8 p.m., Izvara Center
- Sun 23** **Sun Festival of Cancer**, Lecture and Group Meditation with Rev. Joleen DuBois, 10:30 a.m., Izvara Center
- Wed. 26** Class: *Is Your Consciousness Evolving?*, 7–8 p.m., Izvara Center
- Sun 30** Sunday Service: Meditation, Singing, and Lecture **"Karma: The Law of Cause & Effect"** with Rev. Joleen DuBois, 10:30 a.m., Izvara Center

### July

- Wed. 3** Class: *Is Your Consciousness Evolving?*, 7–8 p.m., Izvara Center
- Sun. 7** Sunday Service: Meditation, Singing, and Lecture **"Life and Evolution"** with Kathryn Agrell, 10:30 a.m., Izvara Center
- Wed. 10** Class: *Is Your Consciousness Evolving?*, 7–8 p.m., Izvara Center
- Sun. 14** Sunday Service: Meditation, Singing, and Lecture **"Transformation and Equilibrium"** with Rev. Valarie Drost, 10:30 a.m., Izvara Center
- Tues. 16** Paloria Study Group, 6:30–8:00 p.m., Izvara Center
- Wed. 17** Class: *Is Your Consciousness Evolving?*, 7–8 p.m., Izvara Center
- Sun. 21** **Sun Festival of Leo**, Lecture and Group Meditation, 10:30 a.m., Izvara Center
- Tues. 23** Paloria Study Group, 6:30–8:00 p.m., Izvara Center
- Wed. 24** Class: *Is Your Consciousness Evolving?*, 7–8 p.m., Izvara Center
- Sun. 28** Sunday Service: Meditation, Singing, and Lecture **"Love, the Great Magnet"** with Gay Hendin, 10:30 a.m., Izvara Center
- Wed. 31** *No Class Meeting tonight*

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