# Meditation Monthly International

# Agni Yoga & Discipleship

by Rev. Joleen DuBois

Let us talk about the accepted and destined disciples, and about discipleship in general.

In their unawareness, many imagine that so long as they are reading the books of the Teaching, and have some desire to become disciples of this or that Great Teacher of the White Brotherhood, they will be accepted and quite welcome.

But almost no one ponders what he has done in his life, or rather, lives, to deserve this greatest of privileges. Truly it is the greatest, and before we expect to receive this privilege we should realize what it means.<sup>1</sup>

gni Yoga is a living teaching. This means that whatever is found within the instructions of the Teaching must be applied to our day-to-day life.

If you want to be an accepted disciple, you must live like an accepting or an accepted disciple. If you want your destiny to be that of a disciple, you must travel the path of the disciple. To say you are a disciple of the living Hierarchy does not make you an accepting or accepted disciple. To be an *accepting* disciple you must apply the Teachings in everything you do, feel, and think—that is the spiritual test. You must have accepted the Hierarchy totally—100 percent. Even though you have not yet had any conscious contact with the Master, you are accepting the idea of the Master. To be an *accepted* disciple means that the Master has accepted you into the Ashram.

Are you a disciple? Read this example:

"One day a Teacher gave a little chick to ten different children and told them, 'Go and kill the bird, but no one must see you kill it.' Everyone went and killed his bird and returned to the Teacher except for one little boy. When they finally found the little boy, he still had his chick in his hand. The Teacher said, "Why didn't you kill the chick?" The boy replied, "I couldn't find any place to kill it where God would

not see." This boy was a disciple, for he was applying the Teachings of Life to his own life.

In the test the Teacher gave to the children, the children learned what they really had, what they really knew, what they really were.

Your entire life as a disciple, as an unfolding soul, from the moment of incarnation to the moment of death, from beginning to the end, is a ladder of tests. Each test is a moment of self-confrontation. It is at that moment that you will either awaken and change yourself or flee and hide, losing an opportunity for your soul to advance, taking a new step toward freedom. We are told that it is only while we are in incarnation that we can erase our habits, glamors, illusions, and

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Cover art by Nicholas Roerich

# **Networkers Letter**

# Dear Friends,

This issue is not only the twenty-ninth annual edition of *Meditation Monthly International*, but the twenty-ninth anniversary of the founding of the White Mountain Education Association. Our legal birthday is October 15, 1982, but in fact, our "unofficial" beginnings started back in the fall of 1978. Between 1978 and 1982, we did not fall under any state or federal regulations or restrictions, and we simply and freely enjoyed the process of sharing, discussing, and teaching what we loved the most, the Ageless Wisdom Teachings.

We were offering beginning- to advanced-level classes most evenings as well as a few daytime classes during the week, including spiritual science classes, leadership classes, exoteric and esoteric astrology, macrobiotic cooking classes, meditation, and music. We held full moon meditations each month. frequently gathering together on the beautiful beaches of Sarasota, Florida. It wasn't until we became "official" that we expanded our classes to include a Sunday service each week, as required by our federal tax-exempt status as a 501 C3 non-profit religious and educational organization. It was toward the end of the 1980s that we began to hold annual conferences. It was a time when Torkom Saraydarian would fly from Arizona to Sarasota to tirelessly give many lectures throughout our five-day conference, during which he also gave us many joy-filled private moments. Here was a Sage who was a most beautiful, humble man.

I remember that the first issue of *Meditation Monthly International*, then called *Meditation Monthly*, was typed on an IBM typewriter. Then in 1982 we took a leap of faith and bought our first computer—the Tandy Radio Shack computer and printer. The printer always kept me up at nights, trying to re-ribbon the seemingly 3,000 mile-long tangled printer ribbon. This inevitably became a monster at printing and publishing time,

and caused me, during those nightmarish moments, to develop an innovative and very expressive



language. Publication was monthly, not changing to bimonthly until 1992, when we moved our headquarters to Prescott, Arizona. Mailing and labeling was done by hand, with a dozen or so people licking and stamping. This continued on through to the year 2000, except that now we were using a PC computer and Microsoft software programs to create the addresses for us. By this time due to increasing printing prices and postage costs, mailing and distribution had become very costly. We had also expanded from national to international mailings, which added to the cost factor. Overhead expenses to publish MMI were spiraling out of control. Then came the day that we acknowledged that the cost to print hard-copy versions of MMI had become prohibitive—if we wanted to keep our low subscription prices. It was at that time I decided to make some big changes to MMI. Before 1998, we offered various articles on the Ageless Wisdom, now we would change the focus of MMI to the Teachings of Agni Yoga. For obvious reasons, we had changed Meditation Monthly to Meditation Monthly International, but now we decided to depend on the Internet and began to publish an electronic version of MMI, cutting down our mailing costs by 90 percent. This allowed us to go from black and white printing to total color for both of our electronic and hardcopy versions. Today we still offer and distribute a small number of hard copies of MMI, but the majority of our readers are online, with our site receiving more than 55,000 readers per issue. Today, our Internet readers continue to increase in number all over the world.

# What Is Agni Yoga?

by Joleen Du Bois

Agni Yoga is known as the yoga of Living Ethics. Agni Yoga is related to light, energy, fire, and will. In the book *Agni Yoga*, Master M. states that "Agni Yoga is created upon the manifestation of Fire, the life-giver and the creator of will."

Fire is life. Fire is also livingness, purity, cleanliness, and abundance.

Agni Yoga stirs your Inner Fires and awakens your virtues, dreams, and visions; it awakens your life purpose. The Agni Yoga Teaching ignites the Fire within you, the Self, which is trying to manifest.

Fire means your Inner Essence, the Inner Essence of man. If a person is dead, there is no heat in his body, in his emotions, in his mind or Spirit. It is the Inner Fire that gives Light to all human beings.

The Master M., through his relationship with Nicholas and Helena Roerich—the founders of the Agni Yoga Society in New York, wrote seventeen books, which he called the *Agni Yoga Teaching*. The first paragraph of the Agni Yoga books was recorded in 1920 in London, England, but the series would be completed in New York.

There were other members of the Hierarchy who gave the Agni Yoga Teaching to the Roerichs, such as Master Khoot Humi, but the majority of the writings were given by Master M.

"One may compare Agni Yoga with the Morning Star, which heralds the approach of Light."<sup>2</sup>

Agni Yoga teaches that in the beginning there was only Light, *Materia Lucida*. This Light slowly penetrated into the minds of beings and man, according to their response and reaction to the formulated Light. The Light is that Omnipresent Power, the Absolute.

The more spiritually advanced you are, the more accurately you can translate the Light. In other words, the greater your spiritual unfoldment, the deeper you can penetrate into the Light.

For example, there is a beautiful story about an old, uneducated man who was living in a cave in a remote mountain:



The Book of Wisdom by Nicholas Roerich

A student would daily climb the mountain to have deep discussions with the old man. One day the boy asked the Teacher: "How do you know what is going on in this nation and that nation, in education, in commerce, in finance and this and that?"

He said, "There is a substance in the universe which reflects everything that is happening in the earth. If you have connection with that substance, you can look at that substance and see what is happening in the world. When you walk down from the valley and go to the village, you will see a big tiger."

"How do you know this?" the boy asked.

"I saw in the mirror of that substance. That substance is sometimes called *Materia Lucida*. The material of Light. The higher part of Materia Lucida is called

Akasha. Everything that happens in the world—physically, emotionally, and mentally—is the recordings that you have in the book of God. In the Bible it says 'book of God.' What is the book of God? In ancient wisdom we read it is the Akashic layer in the universe, which photographs and records everything. The pure person who has a pure heart has a sagest to this high layer."

has access to this high layer."

So our translation of the Light depends on how illumined we are; it depends on how much we can absorb the Light, understand It, and then manifest It. To the degree that we can do this is the degree that we can apply Agni energies into our lives.

Does not knowledge of the spirit discern the light? "Materia Lucida" to the wild spirit is a curling chaos, but for the knowing spirit it is the harp of light. Like chased harp strings rush the waves of luminous matter, and on them the spirit creates mysterious-sound-

ing symphonies. Between the worlds, thread-like, stretches "Materia Lucida." Only enormous distance blends together the waves of threads into the vibration of the heavenly rainbow.

One can begin to strive toward the far-off worlds by following a thread of Light realized by the spirit—this is a very scientific experiment. As has been said, small actions require assistance and apparatuses, but nothing external is needed for a great action."<sup>3</sup>

When Great Teachers speak about Agni Yoga, They understand that it is the formulation of Light.

One theme of Agni Yoga is the concealed Light within man and the planet, within the Solar System and within the whole manifested Cosmos. Once you feel a driving search within your soul, you become an aspirant. The upper

level of your solar plexus is activated and the beginning of the regeneration of your heart occurs—if in your search you begin to clean yourself, to purify yourself.

Agni Yoga suggests various practical disciplines to put into one's life to help one evolve. But before deciding to enter the path of Agni Yoga, the Master M. says, "He who would swim must dive fearlessly into the water. And he who has determined to master Agni Yoga must transform through it his entire life. Why do people think they can begrudge to the Yoga a portion of some idle hour, while giving the rest of the time to impure thought? Truly, all actions must be infused with purifying one's fiery striving."

As you study Agni Yoga, you will discover the Light, the energy, the fire, the Laws supporting the whole of creation and manifesting in man and the universe.

### As an Agni Yogi:

• You will be a person who wants to know, who wants to find the underlying reason for all that is taking place



She Who Leads by Nicholas Roerich

- You will become a person who has no prejudice or preconceived ideas but has a free and open mind.
- You will be a person who does not want to limit himself with any dogma, doctrine, or religion, although you respect them and try to find the causes and effects of their existence.

An Agni Yogi becomes a searcher of causes, meanings, and significances. He or she will no longer be satisfied with a life lived on the surface but must search for the depths.

As an Agni Yogi, you will learn that Life works through energies and forces and through various planes of consciousness. For example, you will learn that the electromagnetic plane, the etheric sphere, is the world of force. You will also learn that the emotional and mental spheres are levels of force on which you may choose to engage in your spiritual creative work.

When you begin to function as an Agni Yogi, you will function on the higher planes, within the higher spheres of energy. These spheres of energy are what Agni Yoga calls the Supermundane World.

# How Can You Recognize an Agni Yogi?

An Agni Yogi:

- Is a great humanitarian. Life is sacred to him or her. He or she stands for Beauty and Synthesis, for simplicity and creative thought, and has a fiery Heart. The Agni Yogi has abundance. He or she has access to the creative energy of the higher spheres.
- Aspires and strives to help humanity, to bring joy to every heart and a smile to every face.
- Is a pioneer—a person of the future. He or she is a person whose horizon is unlimited, whose humility is great.
- Becomes aware of the infinite beauty, harmony, and goodness behind the world of forms.

Many on this path fall if they try to use

revealed energies of the higher spheres for selfish advantages—if they become hypnotists, mediums, black magicians, fanatics, or persons who create hatred, separation, crime, sensuality, and many other negative conditions.

The higher spheres of energy are known as the Fiery World. In fact three of the Agni Yoga series are titled *Fiery World*, which gives you ancient and future revelations about these worlds. At the present the Fiery World includes the higher mental plane, the Buddhic Plane and the Atmic Plane.

If you want to travel the path of Agni Yoga, you will need a pure heart. Why a pure heart?

In the book *Heart*, it says:

Whoever observes the manifestations of subtle energies knows how the heart is inalienably associated with them. He knows how hard it is among the tigers to rise and carry others into the higher spheres. But this is the labor of those who begin the New World. Because even the beginning must be a perceptible one. <sup>5</sup>

The Agni Yogi is a person who will experience many difficulties as she sincerely tries to liberate another human being. Danger (like the jaws of an attacking tiger) will surround her at every moment. But remember, it is not the soul of the person being helped that is dangerous but the person's blind urges and drives, all the habits, and the overwhelming subconscious elements in which he or she is buried—not to mention all the entities who have an interest in keeping the person immersed in all these blind urges and drives, and so forth, because they are nourishment to them. The moment an Agni Yogi tries to help a person, she is subject to and can feel the attacks of all these elements. Even the person's karma will attack her. If the heart of the Agni Yogi is not pure, the subconscious elements of the one she is trying to help, even if that person is a friend, will attack back and devour her.

The higher spheres of the consciousness of the Agni Yogi are levels where she lives purely and becomes noble, harmless, self-sacrificial, enthusiastic, and dedicated to a great plan. These higher spheres are also known as the higher mind, the Buddhic sphere and the related spheres where the Higher Ashrams exist. The study of Agni Yoga brings a person closer to the far-off worlds.

Here is some practical advice from the Master. He instructed: "You may ask Me what physical exercises are useful in Agni Yoga. I advise short *pranayama* in the morning, no longer than five minutes. One should abstain from meat, except smoked meats. Vegetables, fruit, milk, and cereals are always acceptable. All wines are also barred, except for curative purposes. Narcotics, such as opium, are inimical to Agni Yoga. Cloudy skies are burdensome for an Agni Yogi. I advise insulating the footwear with rubber and taking morning walks, avoiding smoky air.

"With valour<sup>6</sup> must the various communications of life be received, since it is impossible otherwise to decide where is the good and where is the bad. He who transmits into life the true Yoga fulfils his great mission. Thus, before us is the foundation of Agni Yoga."<sup>7</sup>

### Notes

- 1 Agni Yoga, para. 162. © 1997 Agni Yoga Society, Inc.
- 2 Ibid., para. 169.
- 3 New Era Community, para. 42. © 1951 Agni Yoga Society, Inc.
- 4 Agni Yoga, para. 163. © 1997 Agni Yoga Society, Inc.
- 5 *Heart*, para. 292. © 1944, 1975 Agni Yoga Society, Inc.
- 6 Valor can be defined as heroism: the qualities of a hero or heroine. It is "with honor."
- 7 Agni Yoga, para. 166. © 1952 Agni Yoga Society, Inc.



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karma; we cannot do this after death but only during incarnation.

In a book of poetry we are told: "All that we have, all that we know, all that we are passes through continuous tests. Each test reveals the

ground on which we stand. Each test reveals the future to us. Each test make us realize whether we can step into the future."<sup>2</sup>

The higher the disciple climbs, the severer and subtler his tests will be. Each test will not only weigh his endurance levels but also his sincerity, his motive, his heart, his words, and his silence.

You see, discipleship and the path of Agni Yoga is the path of Self-perfectment. It is not knowledge that makes the Agni Yogi, it is Self-perfectment. Agni Yoga teaches the technique of how to reach Self-perfectment, saying that it is the most difficult achievement for some. Yet, "Self-perfectment is simplified primarily when Hierarchy is accepted. Everyone should realize that the perfecting of the consciousness in itself contains all other aspects of improvement, but one cannot accept mechanical betterment of the details of daily life as perfectment."3 We must strive to refine our consciousness through surrounding ourselves with worthy manifestations. It is only in beingness that we can progress. "God—or Aum—is the Highest Being of your inner self."4

You cannot say you are a disciple just because you have the knowledge, or just because you attend lectures and read books. These things cannot help you if you do not live what you know.

The tests of the path reveal to you who you are, what you have and what you need to overcome. For example, there was a heart surgeon who was divorcing his wife. He went to his Teacher and said that he had met a very young girl and that he could not help himself—he



She Who Holds the World by Nicholas Roerich

wanted to marry the girl. The Teacher asked him if he had any children. "Yes, three children: ages eighteen, fifteen, and twelve." And you still want to marry this young girl? The doctor said, "Well, what can I do? I love her." The Teacher said, "In spite all of your knowledge, position, and reputation?" The doctor knew how to operate on hearts, but he did not have a heart. Knowledge of discipleship, knowledge of Agni Yoga cannot help you if you have no beingness.

You are a disciple if you are close to your inner self. If you are 5 percent yourself, you are a 5 percent disciple—no matter who you tell people you are; no matter what position you hold, what degrees you have acquired, or what possessions you have accumulated.

One of the greatest signs that you are an accepted disciple is when you are not subject to the changing nature of your body, emotions, and thoughts; when you are steady and changeless in your promises and decisions. Those whose decisions and promises are affected by their moods, emotions, feelings, likes and dislikes prove that they are not disciples but are personalities.

I found a beautiful story in the book *Invincible* by Nicholas Roerich about a beautiful disciple whose name was Maxim Gorki. He was a great writer, according to Roerich. At his funeral, state representatives stood as guards of honor; the entire diplomatic corps was present. French papers were amazed as the whole nation paid tribute to its national hero. There were wreaths from the French and Czechoslovakian governments. The foreign press unanimously hailed his achievements. Russians resolved to

erect monuments in his honor in Moscow, Leningrad, and other places. H. G. Wells sent a message from England at his passing.

Let me share what N. K. said: "The Paris papers that have reached the Himalayas record many signs of a worldwide esteem for the late writer. He was honored not only by friends but by all countries and by all sections of cultural life. Even the most restrained obituaries comment highly upon [Gorki's works, saying,] 'a man and an artist whom we all loved has passed away.""5

"[Gorki] died as he lived, a great man. In these painful hours of illness he never once spoke about himself. All his thoughts were in the Kremlin, in Moscow. Even in the interval between two oxygen masks, he asked me to show him the newspaper with the plan of Stalin's new constitution. During the short periods of relief from his illness, he spoke about his beloved subjects—literature and the possibility of a future war, which worried him very much." The last words he said were "there will be war.... one should be ready."

We are told that no one can advance on the path of discipleship without passing a test. The tests of discipleship exist to protect us and to protect all those who are associated with us. The tests reveal us to ourselves so we know where we are on the scale of evolution.

Too often we dismiss a test as something that should have never happened to us, as if we were the victim, and as such, attribute the cause of the condition or situation to the *other person's* ignorance, prejudice, ego, or vanities, or even to the other's darkness. But if we are wise, we will take the view of the disciple, which is to take a closer look at each test life bestows upon us. From then on each of the tests will be treated with respect and perhaps, in some form, even welcomed and treated with honor. These tests will be "found" opportunities, not "lost" opportunities.

How do you treat a test with honor?

How do you recognize a test as an opportunity? By giving it all the attention it deserves by way of using and applying all that you know, all that you are, and all that you know you can be. In so doing, you are helping your soul advance upon the path of discipleship, by seeing the test as a step of readiness to better serve the Hierarchy, the kingdom of God. If the test is not passed, it will come around again, but with ten times the difficulties and with a greater intensity.

I've always considered the cyclic tests of Saturn, Uranus, and Pluto as times in which we can ready ourselves for the tests of discipleship. Such cycles are in effect now. Saturn tests seem to be very prolonged and heavy. During the tests of Saturn we discover our fears, our endurance levels, and our level of consciousness. With the tests of Uranus we see how far from the path we have strayed. With the tests of Pluto, we see to what we are attached and what is nonessential.

To be on the Agni Yoga Path requires a foundation. "It is impossible to create disciples and people who are really dedicated to the living Teaching unless they have a foundation. If they don't have a foundation, it is impossible to build anything in them..."

It is interesting to learn that tests exist to protect great tasks that may be offered to the hands of the disciple. The purpose of such tasks is to keep the work pure and without distortion. It also serves as a protective mechanism to the physical, emotional, and mental life of the disciple who is striving. If a disciple is given a task before he is ready, he will not be able to stand in the Fires of Hierarchy, the Spirit of Hierarchy. When such an event occurs, the disciple will fail.

When a person enters the path of discipleship, tests are administered oftentimes in the subtlest of ways. But what he or she can count on is that his or her every action, every emotion, every thought will be observed by a member of the Hierarchy.

### Notes

- 1 Letters of Helena Roerich, Volume I, p. 283. © 1954 Agni Yoga Society, Inc.
- Torkom Saraydarian, From My Heart, pp. 497–499.
   1996 The Creative Trust
- 3 Fiery World I, 2nd rev. ed., para. 652. © 1943, 1969 Agni Yoga Society, Inc.
- 4 *The Call*, 3rd. ed., para. 6. © 1999 Agni Yoga Society, Inc.
- 5 Excerpted from *The Invincible* by Nicholas Roerich, p. 360. © 1974 Nicholas Roerich Museum
- 6 Ibid
- 7 Ibid
- 8 Torkom Saraydarian, *Talks on Agni*, Vol. One, p. 235. © 1987 Torkom Saraydarian



continued from page 2 Networkers' Letter

In addition, I am so very happy to publicize that we have a major following of regular readers from the penal system in the United States. This came about when our Prisoners Correspondence Program became so popular and transformational to so many inmates that they began to subscribe to MMI. Since the majority of our correspondence prisoners do not have access to MMI via the Internet, we send them the hard-copy version of each issue.

Please know that you are invited to attend the celebration of the 29th anniversary of the White Mountain Education Association, to be held on October 16th in Prescott, Arizona, at the Bradshaw Mountain Community Center. <a href="http://www.wmea-world.org/HAPPENING/events.htm">http://www.wmea-world.org/HAPPENING/events.htm</a>.

Please be sure to register in plenty of time for space is limited.

Jdeen ) Du Bain

With love.

Joleen Dianne DuBois, President and Founder



The Florida (Sarasota) Group meets biweekly to study the Teachings. Please call Ginette Parisi at (941) 925-0549 for complete information. The Ohio (Marysville) WMEA group meets monthly for Sun Festivals and classes. Please call Kathy O'Conner at (937) 642-5910 for complete information. The Puerto Rico WMEA Group meets weekly to study the Teachings. Please call Jennifer Santiago at (787) 649-3817 for complete information.

The Colorado (Longmont) WMEA Study Group meets each month for Full Moon meditation gatherings. Please call Doreen Trees at (303) 651-1908 for complete information.

## October

- Sun. 2 Sunday Service: Meditation, Singing, and Lecture "Agni Yoga & Egoism" with Rev. Joleen DuBois 10:00 a.m., Creekside Center
- Wed. 5 Class: *The Leadership Principle*, 7–8 p.m., WMEA Center
- Sun. 9 Sun Festival of Libra, Lecture and Meditation with Rev. Joleen DuBois, 10:00 a.m., Creekside Center
- Tues.11 Paloria Study Group, 6:30–8:00 p.m., WMEA Center
- Wed. 12 Class: *The Leadership Principle*, 7–8 p.m., WMEA Center
- Fri. 14 WMEA Membership Meeting (Members only) 7–8 p.m., Creekside Center
- Sat. 15 WMEA Anniversary Celebration, 9:30–4:30 p.m., Bradshaw Mt. Community Center, Prescott, AZ.
- Sun. 16 Sunday Service: Meditation, Singing, and Lecture "Agni Yoga & the Future" with Rev. Joleen DuBois, 10:00 a.m., Creekside Center
- Tues. 18 Paloria Study Group, 6:30–8:00 p.m., WMEA Center
- Wed. 19 Class: *The Leadership Principle*, 7–8 p.m., WMEA Center
- Sun 23 Sunday Service: Meditation, Singing, and Lecture "Soul Approach" with Lewis Agrell, 10:00 a.m., Creekside Center
- Wed. 26 Class: *The Leadership Principle*, 7–8 p.m., WMEA Center
- Sun. 30 Sunday Service: Meditation, Singing, and Lecture "Soul Approach Through Virtues & Values" with Kathryn Agrell, 10:00 a.m., Creekside Center

# November

- Wed. 2 Class: The Leadership Principle, 7–8 p.m., WMEA Center
- Sun. 6 Sun Festival of Scorpio, Lecture and Meditation with Rev. DuBois, 10:00 a.m., Creekside Center
- Tues.8 Paloria Study Group, 6:30–8:00 p.m., WMEA Center
- Wed. 9 Class: The Leadership Principle, 7-8 p.m., WMEA Center
- Fri. 11 Skype Seminar with Joleen and the WMEA Puerto Rico Group. 4:00–6:00 p.m. (MST)
- Sun. 13 Sunday Service: Meditation, Singing, and Lecture "The Duties of the Solar Angel" with Rev. Joleen DuBois, 10:00 a.m., Creekside Center
- Tues. 15 Paloria Study Group, 6:30–8:00 p.m., WMEA Center
- Wed. 16 Class: The Leadership Principle, 7-8 p.m., WMEA Center
- Sun. 20 Sunday Service: Meditation, Singing, and Lecture "The Spirit of Gratitude" with Rev. Joleen DuBois, 10:00 a.m., Creekside Center
- Wed. 23 Class: No Class due to Thanksgiving
- Sun. 27 Sunday Service: Meditation, Singing, and Lecture "The Energy of Love" with Saskia Frau, 10:00 a.m., Creekside Center
- Wed. 30 Class: The Leadership Principle, 7-8 p.m., WMEA Center

Ask about Sunday classes for kids and teens.

All Sunday lectures from Prescott are available on CD. CDs are \$7.00 <u>plus</u> \$5.00 for postage and handling. Please send your order to: WMEA, 543 Eastwood Drive, Prescott, AZ 86303.

WMEA Center: 543 Eastwood Dr., Prescott – Phone: (928) 778-0638 for information. Creekside Center: 337 N. Rush St., Prescott (Mail for WMEA will <u>not</u> be accepted at this address.)

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Look for it on the World Wide Web http://www.wmea-world.org

If you are in the following areas, you are welcome to call for information about the local White Mountain Study Group:

In Sarasota, Florida (941) 925-0549

In Longmont, Colorado (787) 649-3817

In Marysville, Ohio (937) 642-5910

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